

## DISTANCIA:21,097KM

Pos.	Dorsal	Nome	Clube	Cat.	Pos/Ca	P,1	P,2	Meta
1	37	Iglesias I.A.	Arenteiro	ABSM	1	24:52	49:56	1:14:12
2	27	Corral Ju.A.	Arenteiro	ABSM	2	25:05	49:56	1:14:17
3	39	Lorenzo, CD	Portosín	ABSM	3	25:10	50:13	1:15:37
4	90	Lopez Fc	Fontes Do Sar	VAM	1	25:08	51:38	1:17:47
5	22	Canda Louzao, Jose		SNM	1	25:40	52:00	1:18:44
6	94	Rodrigue S.D.	Barbantia Roda	VAM	2	25:16	52:13	1:19:16
7	45	Novoa G.A.	Arenteiro	VAM	3	26:08	52:40	1:19:24
8	35	Gonzale; C.A.	Boimorto	SNM	2	26:13	52:47	1:19:53
9	122	Garcia Gonzalez, Santiago		VAM	4	26:08	53:00	1:20:34
10	57	Sueiro, f	C.A.C.Cambados	VAM	5	26:27	53:25	1:20:47
11	56	Vazquez A.	Milladoiro	VAM	6	25:55	52:51	1:21:07
12	33	Santos N	Corredoiras Bueu	SNM	3	26:33	53:58	1:21:18
13	73	Estévez	Corredoiras Bueu	VAM	7	26:57	54:15	1:21:35
14	77	Fernandi A.	Arenteiro	VAM	8	26:28	53:55	1:21:41
15	92	Paradelz Chaves	Runing Team	VAM	9	27:08	54:48	1:21:48
16	43	Sánchez Atletas de	Aceadama	SNM	4	26:36	54:15	1:22:52
17	51	Airas Cota, Ruben		VAM	10	26:16	54:00	1:23:07
18	98	Batista F Chaves	Runing Team	VAM	11	27:49	55:02	1:23:10
19	2	Lorenzo C. D.	Pinarium	SNM	5	28:11	56:16	1:23:25
20	41	Carreira C. D.	Pinarium	SNM	6	27:21	55:32	1:23:26
21	165	Bernárdez Macia, Santiago		VBM	1	27:08	54:56	1:23:35
22	134	Verde Pi	Corredoiras Bueu	VAM	12	27:06	55:36	1:24:06
23	137	Silva, Jo; Chaves	Runing Team	VAM	13	27:09	55:16	1:24:07
24	95	Pérez R; C. D.	Pinarium	VAM	14	28:11	56:20	1:24:23
25	107	Rodríguez C. D.	Pinarium	VAM	15	28:11	56:20	1:24:24
26	30	Sobral G; C. D.	Pinarium	SNM	7	28:09	56:22	1:24:24
27	1	Martín Álvarez, Esteban		SNM	8	26:35	55:18	1:24:36
28	116	Insua Pa	CD Portosín	VAM	16	28:13	56:35	1:24:47
29	120	Iglesias Rodriguez, Roberto		VAM	17	27:59	56:21	1:24:55
30	150	Freire García, Jesús Ángel		VAM	18	28:04	56:34	1:24:59

31	158 Rúa Vaa A. A Estrada	VBM	2	27:37	56:17	<b>1:25:06</b>
32	101 Losada ( Mercarunning	VAM	19	28:13	56:52	<b>1:25:24</b>
33	200 Morenza C. D. Pinarium	VCM	1	28:09	56:42	<b>1:25:42</b>
34	69 Oliveira, Chaves Runing Team	VAM	20	28:07	56:52	<b>1:25:53</b>
35	129 Rodrigue A. Arenteiro	VAM	21	27:46	56:36	<b>1:25:57</b>
36	203 Perez Villamarin, Victor	VCM	2	27:48	56:42	<b>1:26:07</b>
37	255 Martinez C.A. Outes	VAM	22	28:12	56:48	<b>1:26:25</b>
38	172 Pazos C.A. + 9 moraña	VBM	3	27:26	56:15	<b>1:26:38</b>
39	130 Martinez A. Milladoiro	VAM	23	29:44	58:56	<b>1:27:10</b>
40	156 Muiño Cr Atletas de Aceadama	VAM	24	28:01	57:05	<b>1:27:13</b>
41	61 Garcia G C. D. Pinarium	VAM	25	28:16	57:15	<b>1:27:34</b>
42	79 Mariño F VigoRunners	VAM	26	28:46	57:44	<b>1:27:37</b>
43	181 Alvarez F Marzo Saude	VBM	4	28:20	57:58	<b>1:27:37</b>
44	52 Navia Giraldez, Segundo	VAM	27	29:21	58:36	<b>1:27:45</b>
45	234 Fernandi Corredoiras Bueu	ABSF	1	28:55	58:21	<b>1:27:45</b>
46	55 Soliño Lanzos, Juan	VAM	28	27:41	58:24	<b>1:27:46</b>
47	199 Perez La Corredoiras Bueu	VCM	3	28:55	58:23	<b>1:27:47</b>
48	123 Dibuja B. Esprinters Ourense	VAM	29	28:53	58:15	<b>1:27:53</b>
49	175 Carrera, VigoRunners	VBM	5	28:21	58:01	<b>1:27:55</b>
50	50 Becerro Corredoiras Bueu	VAM	30	28:54	58:23	<b>1:27:58</b>
51	155 Rodríguez Gil, Xil	VAM	31	29:45	58:57	<b>1:28:11</b>
52	60 Garcia Valcarcel, Alfonso	VAM	32	29:00	58:35	<b>1:28:28</b>
53	235 Figueroa Corredoiras Bueu	ABSF	2	29:00	58:35	<b>1:28:37</b>
54	118 Losada ( A. Milladoiro	VAM	33	29:45	59:00	<b>1:29:09</b>
55	42 Carballal C. D. Pinarium	SNM	9	28:12	57:47	<b>1:29:29</b>
56	105 Andrés F Esprinters Ourense	VAM	34	28:44	58:48	<b>1:29:30</b>
57	46 Barreiro Corredoiras Bueu	VAM	35	29:13	59:10	<b>1:29:31</b>
58	21 López C: A. A Gándara	SNM	10	28:32	58:46	<b>1:29:35</b>
59	166 Gomez Iglesias, Jose Javier	VBM	6	30:10	59:59	<b>1:29:55</b>
60	25 Macia Marey, Jose Manuel	SNM	11	29:38	59:50	<b>1:30:09</b>
61	87 Lopez Sanchez, David	VAM	36	30:06	1:00:03	<b>1:30:15</b>
62	201 Iglesias ( Corredoiras Bueu	VCM	4	29:13	59:47	<b>1:30:30</b>
63	88 Torres B C.D. Aurum	VAM	37	30:25	1:00:44	<b>1:30:44</b>
64	81 Garcia Gil, Javier	VAM	38	29:43	1:00:19	<b>1:30:45</b>
65	62 Rodríguez Atrio, Angel	VAM	39	29:51	1:00:18	<b>1:30:47</b>
66	91 Rodriguez Vargas, Jorge	VAM	40	29:42	1:00:07	<b>1:31:00</b>
67	64 Losada Pérez, José	VAM	41	30:03	1:00:36	<b>1:31:10</b>
68	257 Bugueiro González, Luis Alberto	VAM	42	30:10	59:59	<b>1:31:15</b>
69	245 Teijeiro F.A. Vet. Ourense	ABSF	3	29:27	1:00:07	<b>1:31:18</b>
70	110 Fernandez Rodriguez, Ruben	VAM	43	30:52	1:01:14	<b>1:31:25</b>
71	84 Cordero Rodriguez, Pablo	VAM	44	30:00	1:00:18	<b>1:31:27</b>
72	220 Losada I Running Sport Trail	VDM	1	30:00	1:00:41	<b>1:31:27</b>
73	75 Carrera De Castro, Jorge	VAM	45	29:51	1:00:46	<b>1:31:28</b>
74	159 Garcia Mosquera, Oscar	VBM	7	30:03	1:00:32	<b>1:31:30</b>
75	89 Gonzalez Gómez, Oscar	VAM	46	30:04	1:00:50	<b>1:31:38</b>

76	17 Perez Elias, Diego	SNM	12	30:01	1:00:55	<b>1:31:41</b>
77	44 Pereira Gutiérrez, Emilio José	SNM	13	29:51	1:00:46	<b>1:31:53</b>
78	173 Díaz Ara Tropa do Carallo	VBM	8	30:05	1:00:44	<b>1:32:00</b>
79	258 Pelaez Ganzedo, Fran	VAM	47	30:11	1:01:00	<b>1:32:07</b>
80	85 Castro R Lamargha	VAM	48	30:11	1:01:01	<b>1:32:07</b>
81	9 Rodríguez Lamargha	SNM	14	30:11	1:01:00	<b>1:32:08</b>
82	132 Calvo Fe C. Via 18 Maceda	VAM	49	30:10	1:01:01	<b>1:32:08</b>
83	53 Fernandez Salgueiro, Marcos	VAM	50	30:10	1:00:58	<b>1:32:09</b>
84	6 Díaz Cid Tropa do Carallo	SNM	15	30:04	1:00:41	<b>1:32:22</b>
85	3 Martínez, Javi	SNM	16	29:36	1:00:49	<b>1:32:35</b>
86	154 Blanco F.C.A. Outes	VAM	51	30:56	1:01:50	<b>1:32:45</b>
87	65 González Lanzós, Fernando	VAM	52	30:18	1:01:08	<b>1:32:54</b>
88	128 Losada (Mercarunning)	VAM	53	30:38	1:01:36	<b>1:32:55</b>
89	66 Domínguez Fernández, Luis Alberto	VAM	54	31:38	1:02:16	<b>1:32:58</b>
90	185 Martinez Tropa do Carallo	VBM	9	30:56	1:02:07	<b>1:33:05</b>
91	31 Navia Igl VigoRunners	SNM	17	30:04	1:01:35	<b>1:33:06</b>
92	26 Fermin F.C. D. Pinarium	VCM	5	30:05	1:01:26	<b>1:33:28</b>
93	109 Fernando VigoRunners	VAM	55	30:04	1:01:35	<b>1:33:29</b>
94	125 Pazos Calvar, Jose	VAM	56	29:49	1:01:14	<b>1:33:35</b>
95	82 Barreiro Marquez, José Antonio	VAM	57	29:47	1:01:12	<b>1:33:35</b>
96	67 Sousa González, Pablo	VAM	58	30:14	1:02:21	<b>1:33:47</b>
97	29 López Pi BOX001	SNM	18	31:39	1:02:31	<b>1:33:54</b>
98	24 Carnero BOX001	SNM	19	31:39	1:02:34	<b>1:33:54</b>
99	74 Cid Pere Esprinters Ourense	VAM	59	31:02	1:02:37	<b>1:34:01</b>
100	253 Bre Lopez, Migel Angel	VBM	10	30:05	1:01:44	<b>1:34:10</b>
101	254 Fernandez Costas, Santiago	VAM	60	29:44	1:02:25	<b>1:34:11</b>
102	147 Mujeriego Gomez, Jose Luis	VAM	61	31:28	1:02:55	<b>1:34:23</b>
103	114 Lamas Vila, Eligio Jesus	VAM	62	30:36	1:02:16	<b>1:34:37</b>
104	189 Borrego Varela, Juan	VBM	11	31:56	1:03:13	<b>1:34:49</b>
105	10 Martinez Tropa do Carallo	SNM	20	31:36	1:03:06	<b>1:34:49</b>
106	71 Garcia, Manuel	VAM	63	30:49	1:02:20	<b>1:34:49</b>
107	136 Nores Gomez, Benito	VAM	64	31:42	1:03:18	<b>1:35:02</b>
108	93 Cruz Sar Esprinters Ourense	VAM	65	33:20	1:04:24	<b>1:35:08</b>
109	222 Seoane, Luis	VDM	2	31:42	1:03:18	<b>1:35:12</b>
110	143 Rodrigue Esprinters Ourense	VAM	66	30:51	1:02:55	<b>1:35:21</b>
111	184 Cerdeira, Cesar	VBM	12	30:55	1:02:56	<b>1:35:35</b>
112	20 Fernandez Gomez, Javier	SNM	21	30:00	1:01:37	<b>1:35:59</b>
113	23 Pérez González, David	SNM	22	33:21	1:04:35	<b>1:36:16</b>
114	12 Pouso Toja, Jorge	SNM	23	30:13	1:01:50	<b>1:36:16</b>
115	142 Taboada Fírvida, Manuel	VAM	67	32:09	1:04:22	<b>1:36:22</b>
116	11 Diz Dom Pato Blanco Celanova	SNM	24	31:01	1:02:54	<b>1:36:27</b>
117	152 Raña Gr C.A.R. Marisqueiro	VAM	68	32:08	1:05:06	<b>1:36:30</b>
118	197 Castro A. Arenteiro	VCM	6	30:07	1:02:12	<b>1:36:36</b>
119	202 Fernando Autotodo Carballiño	VCM	7	31:19	1:03:46	<b>1:36:51</b>
120	171 Carballo González, Miguel	VBM	13	31:56	1:04:18	<b>1:37:00</b>

121	97 Fornos C Esprinters Ourense	VAM	69	32:01	1:04:13	<b>1:37:12</b>
122	207 Quintas I Limiactiva	VCM	8	32:52	1:04:58	<b>1:37:14</b>
123	15 Franco Real, Oscar	SNM	25	33:53	1:06:03	<b>1:37:18</b>
124	140 Carballés Sande, Emilio	VAM	70	33:53	1:06:02	<b>1:37:18</b>
125	182 Vázquez Rodríguez, Angel	VBM	14	32:09	1:04:25	<b>1:37:19</b>
126	141 Perez G Esprinters Ourense	VAM	71	31:18	1:03:48	<b>1:37:42</b>
127	164 Vázquez Pato Blanco Celanova	VBM	15	31:36	1:04:33	<b>1:37:46</b>
128	106 Seara Nuñez, David	VAM	72	31:28	1:04:05	<b>1:37:47</b>
129	127 Gallego I Tropa do Carallo	VAM	73	31:57	1:04:44	<b>1:37:50</b>
130	177 Codón Vega, Alfonso	VBM	16	32:09	1:05:07	<b>1:37:52</b>
131	96 Puente Veiga, Manuel	VAM	74	32:27	1:05:06	<b>1:38:05</b>
132	19 Villarino Cid, David	SNM	26	30:01	1:00:58	<b>1:38:48</b>
133	211 Guzman Autotodo Carballiño	VDM	3	32:23	1:05:07	<b>1:38:49</b>
134	218 Gallardo Francisco, Benito	VDM	4	32:22	1:05:08	<b>1:38:49</b>
135	160 Ferreiro Limiactiva	VBM	17	29:24	1:03:32	<b>1:38:52</b>
136	195 Duarte V Boimorto	VCM	9	33:01	1:05:41	<b>1:38:57</b>
137	48 Portas Costa, Carlos	VAM	75	33:26	1:06:15	<b>1:38:58</b>
138	256 Rodríguez A. Deza	VDM	5	32:40	1:06:06	<b>1:39:15</b>
139	204 Rodrigue Limiactiva	VCM	10	34:03	1:07:39	<b>1:39:17</b>
140	191 Abellas C Esprinters Ourense	VBM	18	32:03	1:05:00	<b>1:39:17</b>
141	193 Rodrigue Pato Blanco Celanova	VCM	11	31:22	1:04:57	<b>1:39:19</b>
142	78 Basalo Da Rocha, Juan Pablo	VAM	76	32:20	1:05:59	<b>1:39:26</b>
143	216 Feijóo Grande, Jose Ángel	VDM	6	31:57	1:05:10	<b>1:39:45</b>
144	70 Quiroga VigoRunners	VAM	77	31:43	1:03:20	<b>1:40:10</b>
145	210 Chamorro Rodriguez, Eugenio	VDM	7	33:02	1:06:09	<b>1:40:13</b>
146	196 Perez Villamarin, Jose	VCM	12	32:14	1:06:08	<b>1:41:12</b>
147	198 Barreiro Tato, Joaquín	VCM	13	33:27	1:06:25	<b>1:41:27</b>
148	8 Fernandez Lopez, Xabier	SNM	27	34:47	1:07:51	<b>1:41:30</b>
149	7 Barreiros Tropa do Carallo	SNM	28	31:57	1:04:20	<b>1:41:32</b>
150	5 Pedrouzo Ulloa, Alberto	SNM	29	33:48	1:07:53	<b>1:42:26</b>
151	145 Aguiar F Brif Running	VAM	78	33:45	1:07:55	<b>1:42:33</b>
152	252 Adán Rodríguez, Jose Manuel	VAM	79	31:12	1:04:27	<b>1:42:33</b>
153	100 Balseiro C.A. Vilalba	VAM	80	34:27	1:08:54	<b>1:42:42</b>
154	103 Vidal Cerviño, Óscar	VAM	81	33:40	1:08:15	<b>1:42:52</b>
155	214 Villar Álvarez, Enrique	VDM	8	33:03	1:08:04	<b>1:43:09</b>
156	170 Levoso I Esprinters Ourense	VBM	19	33:33	1:09:42	<b>1:43:14</b>
157	244 Cortón, I CD Portosín	VAF	1	32:49	1:07:25	<b>1:43:17</b>
158	38 Lopez F Tropa do Carallo	SNM	30	33:45	1:08:58	<b>1:43:23</b>
159	111 Lorenzo López, Roberto	VAM	82	33:09	1:07:00	<b>1:43:35</b>
160	161 Perez G Korpore	VBM	20	34:06	1:09:06	<b>1:44:08</b>
161	194 Grueiro Lopez, Francisco Javier	VCM	14	33:54	1:08:50	<b>1:44:15</b>
162	16 Ferro Rodriguez, Diego	SNM	31	32:35	1:07:31	<b>1:44:26</b>
163	241 Vázquez C. Smooy Athletics	VAF	2	33:58	1:09:05	<b>1:44:28</b>
164	149 César Aldariz, Javier	VAM	83	34:44	1:10:01	<b>1:44:54</b>
165	179 Dapena Tenorio, Jose Luis	VBM	21	33:30	1:08:27	<b>1:45:15</b>

166	183 Gandon Rungalicia.com	VBM	22	34:32	1:10:18	<b>1:45:24</b>
167	167 Lopez Iglesias, Luis	VBM	23	34:43	1:09:48	<b>1:45:25</b>
168	49 Ponte Pintor, Javier	VAM	84	34:27	1:09:43	<b>1:45:44</b>
169	221 Magdale Corredoiras Bueu	VDM	9	34:16	1:09:52	<b>1:45:45</b>
170	206 Vila Blan CV. Val Da Rabeda	VCM	15	33:48	1:09:00	<b>1:45:49</b>
171	188 Saavedr:Runaways	VBM	24	36:29	1:12:24	<b>1:46:14</b>
172	36 Ramos Dopazo, Damian	SNM	32	34:47	1:10:16	<b>1:46:14</b>
173	63 Santamaria Lorenzo, Francisco Javier	VAM	85	34:54	1:10:20	<b>1:46:17</b>
174	187 Alonso E.C. D. Pinarium	VBM	25	34:25	1:10:24	<b>1:46:39</b>
175	102 Prieto, A VigoRunners	VAM	86	32:15	1:08:26	<b>1:47:04</b>
176	32 Alvarez f Korpore	SNM	33	36:17	1:11:38	<b>1:47:04</b>
177	240 Rodríguez Korpore	VAF	3	36:17	1:11:38	<b>1:47:04</b>
178	13 Mansilla Barreiro, Jose	SNM	34	36:13	1:12:05	<b>1:47:05</b>
179	186 Piñeiro Santos, Luis	VBM	26	35:20	1:11:12	<b>1:47:16</b>
180	76 Vidal Ga Esprinters Ourense	VAM	87	33:43	1:10:02	<b>1:47:24</b>
181	135 Quintas l Esprinters Ourense	VAM	88	34:46	1:10:18	<b>1:47:24</b>
182	236 Fernandez Ordoñez, Iria	VAF	4	33:51	1:09:49	<b>1:47:26</b>
183	59 Rodriguez Framil, Alfonso	VAM	89	33:56	1:09:34	<b>1:47:26</b>
184	176 Forneiro Lopez, Jose Luis	VBM	27	36:30	1:12:06	<b>1:47:27</b>
185	162 Baranda Esprinters Ourense	VBM	28	35:24	1:10:59	<b>1:47:45</b>
186	180 Lebosof Esprinters Ourense	VBM	29	35:29	1:10:58	<b>1:47:47</b>
187	168 Rodrigue Autotodo Carballiño	VBM	30	35:29	1:10:58	<b>1:47:47</b>
188	112 Barroso Benítez, Diego Gabriel	VAM	90	35:11	1:11:52	<b>1:49:07</b>
189	239 Pato Orrego, Carolina	VAF	5	35:11	1:11:51	<b>1:49:07</b>
190	121 Calleja Garcia, Constantino	VAM	91	36:30	1:12:32	<b>1:49:09</b>
191	108 Perez Alonso, Javier	VAM	92	35:04	1:11:03	<b>1:49:13</b>
192	131 Limia, Moises	VAM	93	31:40	1:05:26	<b>1:49:27</b>
193	238 Lamas C.C. Benaventea	VAF	6	31:23	1:05:26	<b>1:49:28</b>
194	117 Carreira C. D. San Paio	VAM	94	38:09	1:14:38	<b>1:49:31</b>
195	190 Diz Veig:Zeppelin Torguesa Finfloor	VBM	31	36:35	1:13:40	<b>1:50:12</b>
196	126 Perez Vε Korpore	VAM	95	36:26	1:12:47	<b>1:50:24</b>
197	219 Conde Torres, José Ramon	VDM	10	36:34	1:13:41	<b>1:50:29</b>
198	144 Estevez Sobrino, Serafin	VAM	96	37:38	1:14:45	<b>1:51:37</b>
199	104 Marquina Fuentes, Juan	VAM	97	36:15	1:13:04	<b>1:52:23</b>
200	124 Lagoa Millán, Manuel	VAM	98	37:35	1:15:13	<b>1:52:24</b>
201	251 Fernandez Curras, Fernando	VCM	16	35:39	1:13:00	<b>1:52:50</b>
202	205 González García, Andrés	VCM	17	36:13	1:14:54	<b>1:52:56</b>
203	86 Casas Perez, Roberto	VAM	99	36:03	1:13:24	<b>1:53:40</b>
204	259 Gironde, Emmanuel	VAM	100	37:15	1:16:17	<b>1:54:58</b>
205	113 Varela R.C. D. Pinarium	VAM	101	35:56	1:13:16	<b>1:56:16</b>
206	40 Lopez M.C. D. Pinarium	VAF	7	37:59	1:19:27	<b>2:01:07</b>
207	237 Da Costa Rodrigues, Kellen Cristina	VAF	8	40:28	1:21:18	<b>2:02:26</b>
208	249 Banet Masa, Lola	VBF	1	40:29	1:21:17	<b>2:02:26</b>
209	233 García C.C.A. Lousame	SNF	1	40:26	1:21:19	<b>2:02:56</b>
210	247 Linzer, K Esperia	VAF	9	38:30	1:20:37	<b>2:03:32</b>

211	232 Rodriguez Alonso, Myriam	SNF	2	40:22	1:21:49	<b>2:03:59</b>
212	169 Villar Alvarez, Juan	VBM	32	39:35	1:21:08	<b>2:05:45</b>
213	115 Gómez Rivas, Enrique	VAM	102	39:56	1:21:15	<b>2:05:49</b>
214	178 Perez Balirac, Jesus	VBM	33	41:17	1:23:18	<b>2:06:59</b>
215	146 Saboridc S.D. Barbantia Roda	VAM	103	39:08	1:21:24	<b>2:07:10</b>
216	243 Rey Rodriguez, Maria Jesus	VAF	10	39:08	1:21:25	<b>2:07:11</b>
217	192 Salgado C.A. Carballiño	VCM	18	42:14	1:24:48	<b>2:08:03</b>
218	208 Menendez Villalva, Carlos	VCM	19	41:25	1:23:42	<b>2:09:16</b>
219	99 Gonzalez Banga, Salvador	VAM	104	42:02	1:27:07	<b>2:16:57</b>



## DISTANCIA:7KM

Pos.	Dorsal	Nome	Cat.	Pos/Ca	Meta	P/Km.	Dif.
1	1010	Docampo, Ivan	MAS	1	<b>23:30.99</b>	03:22	
2	1004	Fernandez Garcia, Albino	MAS	2	<b>24:49.38</b>	03:33	0:01:18
3	1022	Dafonte Dieguez, Cristóbal	MAS	3	<b>24:49.53</b>	03:33	0:01:19
4	1008	Romero Alvarez, Julian	MAS	4	<b>24:51.75</b>	03:33	0:01:21
5	1003	Rodriguez Vazquez, Marcos	MAS	5	<b>26:08.18</b>	03:44	0:02:37
6	1012	Perez Reboredo, Fernando	MAS	6	<b>26:17.25</b>	03:45	0:02:46
7	1028	Rodriguez Atanes, Francisco	MAS	7	<b>26:52.44</b>	03:50	0:03:21
8	1016	Ferreiro Deaño, Alfredo	MAS	8	<b>27:14.20</b>	03:53	0:03:43
9	1024	Novoa Cid, Jose Luis	MAS	9	<b>27:37.78</b>	03:57	0:04:07
10	1021	Fernandez Garcia, Roberto	MAS	10	<b>27:38.88</b>	03:57	0:04:08
11	1023	Rodriguez Rodriguez, Javier	MAS	11	<b>28:52.90</b>	04:08	0:05:22
12	1009	Fernandez Reino, Marcial	MAS	12	<b>29:50.61</b>	04:16	0:06:20
13	1060	Arceiz Baquero, Jorge	MAS	13	<b>29:55.67</b>	04:17	0:06:25
14	1007	Urbano Martínez, Jorge	MAS	14	<b>30:28.52</b>	04:21	0:06:58
15	1065	Gonzalez Adan, Manuel	MAS	15	<b>30:49.29</b>	04:24	0:07:18
16	1053	Losada Miranda, Marina	FEM	1	<b>31:23.52</b>	04:29	0:07:53
17	1014	Varela Crespo, Mario Daniel	MAS	16	<b>31:34.36</b>	04:31	0:08:03
18	1006	Prieto Diez, Javier	MAS	17	<b>31:36.16</b>	04:31	0:08:05
19	1031	Feal, Alberto	MAS	18	<b>31:59.74</b>	04:34	0:08:29
20	1025	Seara Martinez, Miguel Angel	MAS	19	<b>32:04.29</b>	04:35	0:08:33
21	1039	Requeijo Requeijo, Lucia	FEM	2	<b>32:18.89</b>	04:37	0:08:48
22	1045	Perez Gonzalez, Elena	FEM	3	<b>32:41.28</b>	04:40	0:09:10
23	1064	Varela Santiso, Patricia	FEM	4	<b>33:03.85</b>	04:43	0:09:33
24	1005	Mosquera Romero, Asier	MAS	20	<b>34:00.00</b>	04:51	0:10:29
25	1001	Gonzalez Vázquez, Rubén	MAS	21	<b>34:00.74</b>	04:52	0:10:30
26	1063	Bernadez, Iisolina	FEM	5	<b>34:43.44</b>	04:58	0:11:12
27	1046	López Casado, Cristina	FEM	6	<b>34:59.79</b>	05:00	0:11:29
28	1015	Baña Moledo, Jose Manuel	MAS	22	<b>35:52.39</b>	05:07	0:12:21
29	1041	Alvarez Matias, Natividad	FEM	7	<b>35:57.13</b>	05:08	0:12:26
30	1011	Pinal Rodríguez, Oscar	MAS	23	<b>36:03.62</b>	05:09	0:12:33

31	1050 Blanco Mosquera, Nesi	FEM	8	<b>36:04.75</b>	05:09	0:12:34
32	1054 López Castro, Aurora	FEM	9	<b>36:04.93</b>	05:09	0:12:34
33	1018 Martínez Martínez, Oscar	MAS	24	<b>36:17.78</b>	05:11	0:12:47
34	1037 Torres Cadavid, Natalia	FEM	10	<b>36:23.41</b>	05:12	0:12:52
35	1017 Rodríguez Vazquez, Virxilio	MAS	25	<b>36:23.96</b>	05:12	0:12:53
36	1019 Tesouro Montecelo, Marcos	MAS	26	<b>36:26.96</b>	05:12	0:12:56
37	1013 Oliveira Ribeiro, Miguel	MAS	27	<b>36:46.54</b>	05:15	0:13:16
38	1034 Castro Perez, Raquel	FEM	11	<b>37:42.44</b>	05:23	0:14:11
39	1048 Miras Leboran, Sandra	FEM	12	<b>38:04.21</b>	05:26	0:14:33
40	1035 Veiga Santos, Victoria	FEM	13	<b>38:25.95</b>	05:29	0:14:55
41	1057 Rey Ventoso, Rita Maria	FEM	14	<b>39:20.12</b>	05:37	0:15:49
42	1043 Perez Caride, Beatriz	FEM	15	<b>39:22.39</b>	05:37	0:15:51
43	1051 Senande Meijome, Maria José	FEM	16	<b>39:47.58</b>	05:41	0:16:17
44	1061 Rodríguez Lopez, Jose Manuel	MAS	28	<b>39:58.24</b>	05:43	0:16:27
45	1038 Cebreiros Iglesias, Sira	FEM	17	<b>40:16.41</b>	05:45	0:16:45
46	1044 Morales Rodríguez, Diana	FEM	18	<b>40:23.23</b>	05:46	0:16:52
47	1055 Iglesias Gonzalez, Pili	FEM	19	<b>40:59.33</b>	05:51	0:17:28
48	1052 Gonzalez, Barbara	FEM	20	<b>42:01.53</b>	06:00	0:18:31
49	1042 Novoa Sanmiguel, Tamara	FEM	21	<b>42:12.48</b>	06:02	0:18:41
50	1030 Lorenzo Álvarez, Xoán Carlos	MAS	29	<b>43:18.49</b>	06:11	0:19:47
51	1056 Porta Vergara, Maria	FEM	22	<b>43:46.00</b>	06:15	0:20:15
52	1027 Muiños Mauriz, Santiago	MAS	30	<b>43:46.91</b>	06:15	0:20:16
53	1036 Novellas Julià, Cristina	FEM	23	<b>43:50.88</b>	06:16	0:20:20
54	1032 Rodríguez Vázquez, Bernardo	MAS	31	<b>44:41.46</b>	06:23	0:21:10
55	1058 Fernández Nieto, Josefina	FEM	24	<b>46:06.53</b>	06:35	0:22:36
56	1059 Plasencia Labrador, Elena	FEM	25	<b>46:06.78</b>	06:35	0:22:36
57	1049 Cebreiros Iglesias, Eva	FEM	26	<b>46:32.48</b>	06:39	0:23:01
58	1066 Fernandez Ledo, Manuel	MAS	32	<b>47:59.47</b>	06:51	0:24:28