

## CLASIFICACIÓN CARREIRA ABSOLUTA

PTO	DOR	NOMBRE	SEXO	CLUB	T.OFICIAL	T.KM 5	T.NETO	RITMO	CATEGORÍA	P. SEX	P.CAT
1	4	ALEJANDRO FERNÁNDEZ RIVERA	m	CLUB OURENSE ATLETISMO	00:29:57	00:15:02.000	00:29:57	2:59	SENIOR	1	-1
2	1	MANUEL ÁNGEL PENAS BLANCO	m	CLUB ATLETISMO O PINO	00:30:23	00:15:04.000	00:30:23	3:02	MASTER2	2	-1
3	3	NUNO COSTA	m	TAMBRE BIKE&RUNNING	00:30:44	00:15:02.000	00:30:44	3:04	SENIOR	3	-1
4	450	AKKA ESSAADAQUI	m	ADAS OBARCO	00:32:42	00:16:03.000	00:32:42	3:16	MASTER2	4	1
5	7	IÑAKI PENA-MANSO CARRAL	m	SALTOKI DIQUESI-TRIKIDEAK	00:32:52	00:16:25.000	00:32:52	3:17	SENIOR	5	1
6	12	RICARDO LEÓN VIÑAS	m	ATLETISMO SAR - VERMÚ PETRONI	00:33:35	00:16:37.000	00:33:34	3:21	SENIOR	6	2
7	9	RUBEN CAAMAÑO NIETO	m	ATLETISMO SAR - VERMÚ PETRONI	00:33:41	00:16:38.000	00:33:40	3:22	MASTER1	7	1
8	14	JUAN ALVAREZ CURES	m	CLUB ATLETISMO O PINO	00:33:43	00:16:37.000	00:33:43	3:22	MASTER2	8	2
9	11	JOSELYN BREA ABREU	f	SOCIEDAD GIMNASTICA DE PONTEVEDRA	00:33:44	00:16:37.000	00:33:43	3:22	SENIOR	1	-1
10	20	RUBEN INSUA DIAZ	m	ATLETISMO SAR - VERMÚ PETRONI	00:33:44	00:16:38.000	00:33:43	3:22	SENIOR	9	3
11	8	NEMESIO LÓPEZ FERNÁNDEZ	m	CLUB ATLETISMO FONTES DO SAR	00:34:06	00:16:53.000	00:34:05	3:24	MASTER2	10	3
12	19	JOSE MARIA SANCHEZ SAN LUIS	m	ATLETISMO SAR - VERMÚ PETRONI	00:34:13	00:17:03.000	00:34:12	3:25	MASTER1	11	2
13	16	ROBERTO C. AGRELO GÓMEZ	m	ATLETISMO SAR - VERMÚ PETRONI	00:34:21	00:16:56.000	00:34:21	3:26	MASTER2	12	4
14	28	DANIEL PAZ PARDO	m	O4S RUTAS BIKE	00:34:33	00:17:03.000	00:34:32	3:27	MASTER2	13	5
15	25	CARLOS JUANATEY GARCIA	m	ATLETISMO SAR - VERMÚ PETRONI	00:34:35	00:17:04.000	00:34:34	3:27	MASTER1	14	3
16	17	GONZALO GONZÁLEZ PIÑEIRO	m		00:34:38	00:16:56.000	00:34:38	3:27	MASTER2	15	6
17	15	ALBERTO CAROU CARRIL	m	CLUB ATLETISMO O PINO	00:34:46	00:17:05.000	00:34:45	3:28	MASTER1	16	4
18	23	ADRIÁN BLANCO PÉREZ	m	MARINEDA ATLÉTICO	00:34:52	00:17:18.000	00:34:51	3:29	SENIOR	17	4
19	50	PEDRO TRABÁ CAAMAÑO	m	CAO ( CLUB ATLETISMO OUTES )	00:34:59	00:17:32.000	00:34:54	3:29	MASTER2	18	7
20	35	JOSE CARLOS BUJAN OTERO	m	NOITEBRA FC	00:35:11	00:17:18.000	00:35:09	3:31	MASTER2	19	8
21	37	CARLOS VALIÑA LISTA	m	INDEPENDIENTE	00:35:12	00:17:18.000	00:35:11	3:31	SUB 20	20	1
22	18	JOSÉ ANTONIO GOMEZ RIOS	m	ATLETISMO SAR - VERMÚ PETRONI	00:35:18	00:17:17.000	00:35:17	3:31	MASTER2	21	9
23	47	CARLOS FRAGA ADRIO	m	CLUB ATLETISMO O PINO	00:35:46	00:18:05.000	00:35:43	3:34	SENIOR	22	5
24	67	BONI GONZÁLEZ REY	m	PRAIA DE CARNOTA RUNNERS	00:35:46	00:18:16.000	00:35:45	3:34	MASTER2	23	10
25	44	MIGUEL IGLESIAS AMORES	m	CLUB DEPORTIVO PINARIUM	00:35:51	00:17:46.000	00:35:50	3:35	SENIOR	24	6
26	6	MIGUEL PENEDO TABOADA	m		00:35:58	00:17:26.000	00:35:58	3:35	MASTER1	25	5
27	55	MARCÓS CAMPOS LUEIRO	m	CLUB ATLETISMO SANTIAGO	00:36:05	00:17:58.000	00:36:04	3:36	MASTER1	26	6
28	24	ALEXANDRE FERNÁNDEZ TOJO	m	TAMBRE BIKE&RUNNING	00:36:10	00:17:56.000	00:36:10	3:36	SENIOR	27	7
29	22	JOSE SUAREZ LEIS	m	ATLETISMO SAR - VERMÚ PETRONI	00:36:15	00:18:06.000	00:36:14	3:37	MASTER3	28	1
30	46	C. PINO VAL CANOSA CASTIÑEIRA	m	INDEPENDIENTE	00:36:17	00:17:58.000	00:36:15	3:37	MASTER2	29	11
31	33	ALBERTO RODRÍGUEZ PÉREZ	m	ATLETISMO SAR - VERMÚ PETRONI	00:36:21	00:18:06.000	00:36:21	3:38	MASTER2	30	12
32	38	MANUEL RENDO PÉREZ	m	ECOPREVE	00:36:23	00:17:55.000	00:36:22	3:38	MASTER2	31	13
33	91	EDUARDO BARREIRO IGLESIAS	m		00:36:25	00:18:10.000	00:36:24	3:38	SENIOR	32	8
34	21	SAMUEL SABORIDO SOÑORA	m	ATLETISMO SAR - VERMÚ PETRONI	00:36:28	00:17:34.000	00:36:28	3:38	MASTER2	33	14
35	45	PABLO MOSQUERA DONO	m	TAMBRE BIKE&RUNNING	00:36:34	00:17:56.000	00:36:33	3:39	MASTER1	34	7
36	42	ÁNGEL FAGILDE FANDIÑO	m	USC UNIVERSIDAD DE SANTIAGO DE COMPOSTELA	00:36:39	00:18:18.000	00:36:37	3:39	MASTER2	35	15
37	69	JOSÉ RAMÓN LAGO CIVES	m	ARTROGAL TRI498	00:36:44	00:18:15.000	00:36:42	3:40	MASTER2	36	16
38	68	ARTURO MATA CASTRO	m	CLUB ATLETISMO SANTIAGO	00:36:45	00:18:17.000	00:36:44	3:40	SENIOR	37	9
39	71	JORGE FERRADANS VALDES	m	TRIATLON VILAGARCIA	00:36:46	00:18:07.000	00:36:44	3:40	MASTER1	38	8
40	39	J. LUIS GONZÁLEZ NÚÑEZ	m	INDEPENDIENTE	00:36:48	00:18:05.000	00:36:47	3:40	MASTER1	39	9
41	36	SANTIAGO BREA SÁNCHEZ	m	ATLETISMO MILLADOIRO	00:36:52	00:18:18.000	00:36:51	3:41	MASTER2	40	17
42	81	OSCAR FERNANDEZ GONZALEZ	m	CLUB TRIATLON ARCADE INFORHOUSE SANTIAGO	00:36:56	00:18:18.000	00:36:54	3:41	MASTER2	41	18
43	77	MARCIAL ANIBAL BARCA ESPAÑA	m	CLUB ATLETISMO O PINO	00:37:00	00:18:39.000	00:36:59	3:41	MASTER1	42	10
44	66	CARLOS DIEGUEZ CARREIRA	m	CLUB DEPORTIVO SAN PAIO	00:37:02	00:18:32.000	00:36:59	3:42	MASTER1	43	11
45	143	RAMÓN MARÍA GARCÍA TEIRA	m	CLUB ATLETISMO FONTES DO SAR	00:37:05	00:18:25.000	00:37:02	3:42	MASTER3	44	2
46	524	ROBERTO TUNAS GONZÁLEZ	m	CLUB ATLETISMO NEGREIRA	00:37:08	00:18:20.000	00:37:04	3:42	MASTER1	45	12
47	449	FRANCISCO JOSÉ BESADA FILGUEIRAS	m	O4S RUTAS BIKE	00:37:11	00:18:27.000	00:37:09	3:43	MASTER2	46	19
48	84	JOSÉ ANTONIO JUANATEY PÉREZ	m	CLUB ATLETISMO FONTES DO SAR	00:37:13	00:18:26.000	00:37:10	3:43	MASTER2	47	20
49	87	MANUEL COSTA CASTRO	m	TAMBRE BIKE&RUNNING	00:37:13	00:18:24.000	00:37:10	3:43	MASTER2	48	21
50	82	SEDO SENDON RODRIGUEZ	m	CLUB ATLETISMO FONTES DO SAR	00:37:15	00:18:25.000	00:37:13	3:43	MASTER2	49	22
51	76	KIKO LAGO SANTIAGO	m	A. D. OLIMPIA	00:37:18	00:18:32.000	00:37:16	3:43	MASTER2	50	23
52	75	AVELINO CAAMAÑO NIETO	m	ATLETISMO SAR - VERMÚ PETRONI	00:37:18	00:18:33.000	00:37:17	3:43	MASTER2	51	24

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PTO	DOR	NOMBRE	SEXO	CLUB	T.OFICIAL	T.KM 5	T.NETO	RITMO	CATEGORÍA	P. SEX	P.CAT
53	32	BALTASAR FIGUEIRAS MARTÍNEZ	m	ATLETISMO SAR - VERMÚ PETRONI	00:37:19	00:18:32.000	00:37:16	3:43	MASTER2	52	25
54	167	PEDRO ZALVIDE POMBO	m	INDEPENDIENTE	00:37:22	00:18:31.000	00:37:14	3:44	SUB 23	53	1
55	43	ANGEL JOSE RODRIGUEZ LOPEZ	m	ATLETISMO MILLADOIRO	00:37:31	00:18:33.000	00:37:29	3:45	MASTER3	54	3
56	52	ÓSCAR VALLE LÓPEZ	m	NOITEBRA FC	00:37:32	00:18:30.000	00:37:31	3:45	MASTER2	55	26
57	72	TINA FERNANDEZ	f	ATLETISMO SAR - VERMÚ PETRONI	00:37:35	00:18:51.000	00:37:34	3:45	MASTER1	2	-1
58	93	RAFAEL CABO	m	NOITEBRA FC	00:37:36	00:18:33.000	00:37:34	3:45	MASTER3	56	4
59	57	DAVID SENRA MARTINEZ	m	TAMBRE BIKE&RUNNING	00:37:38	00:18:34.000	00:37:37	3:45	SENIOR	57	10
60	51	ANTONIO VÁZQUEZ TOURÓN	m	CLUB ATLETISMO O PINO	00:37:39	00:18:22.000	00:37:38	3:45	MASTER2	58	27
61	92	ALBERTO GONZÁLEZ SUÁREZ	m	CAO ( CLUB ATLETISMO OUTES )	00:37:43	00:18:42.000	00:37:38	3:46	MASTER1	59	13
62	30	JAPI BAAMONDE ARUFE	m	ATLETISMO SAR - VERMÚ PETRONI	00:37:44	00:18:47.000	00:37:41	3:46	MASTER2	60	28
63	56	VICTOR ESPARIS GARCIA	m	CLUB ATLETISMO NEGREIRA	00:37:47	00:18:38.000	00:37:43	3:46	SENIOR	61	11
64	88	EDUARDO AMEAL LORENZO	m	COAXE RUNNERS	00:37:48	00:18:50.000	00:37:44	3:46	MASTER2	62	29
65	74	DIEGO ÁLVAREZ SOTO	m	PASA OU ENTORNA	00:37:49	00:18:38.000	00:37:46	3:46	MASTER1	63	14
66	65	DAVID PÉREZ SANTAMARÍA	m	ATLETISMO SAR - VERMÚ PETRONI	00:37:50	00:19:12.000	00:37:49	3:46	MASTER2	64	30
67	155	EMILIO JOSÉ PEREIRA GUTIÉRREZ	m	TRIBU TRAIL	00:37:54	00:18:52.000	00:37:50	3:47	MASTER1	65	15
68	136	JESÚS BARRAL SÁNCHEZ	m	INDEPENDIENTE	00:37:56	00:18:43.000	00:37:53	3:47	MASTER3	66	5
69	64	ROBERTO VIEITO RAÑA	m		00:38:10	00:18:46.000	00:38:06	3:48	MASTER1	67	16
70	48	CARLOS BUSTO LOBATO	m	ATLETISMO SAR - VERMÚ PETRONI	00:38:12	00:18:51.000	00:38:10	3:49	MASTER3	68	6
71	151	JOSE ROSENDE BREA	m	CAI A ESTRADA	00:38:15	00:18:53.000	00:38:12	3:49	MASTER3	69	7
72	147	MANUEL FERNÁNDEZ TABOADA	m	ATLETISMO SAR - VERMÚ PETRONI	00:38:18	00:18:44.000	00:38:15	3:49	SUB 23	70	2
73	145	XABIER CASTRO FERNÁNDEZ	m	TAMBRE BIKE&RUNNING	00:38:21	00:19:09.000	00:38:17	3:50	MASTER1	71	17
74	160	PIO IGLESIAS CARRERA	m		00:38:26	00:19:09.000	00:38:18	3:50	MASTER2	72	31
75	174	MANUEL FIGUEIRA PÉREZ	m	ATLETISMO SAR - VERMÚ PETRONI	00:38:27	00:19:09.000	00:38:27	3:50	MASTER2	73	32
76	152	MARIA GONZALEZ MARTINEZ	f	ORIXINALMGTEAM	00:38:31	00:19:11.000	00:38:26	3:51	SENIOR	3	-1
77	79	ADRIÁN SÁNCHEZ VÁZQUEZ	m	ATLETISMO MILLADOIRO	00:38:31	00:19:11.000	00:38:31	3:51	SENIOR	74	12
78	49	JUAN CARLOS BRIÓN LEMA	m	TRIATLÓN BOIRO	00:38:32	00:18:53.000	00:38:28	3:51	MASTER3	75	8
79	161	ROGER SUAREZ DOSIL	m	ORIXINALMGTEAM	00:38:32	00:19:09.000	00:38:27	3:51	MASTER2	76	33
80	78	JOSÉ MANUEL LAGO CES	m	ATLETISMO SAR - VERMÚ PETRONI	00:38:36	00:19:28.000	00:38:33	3:51	MASTER2	77	34
81	170	JAIRO PRIETO CAAMAÑO	m	TRIATLON COSTA DA MORTE	00:38:36	00:19:28.000	00:38:33	3:51	MASTER1	78	18
82	139	JUAN CARLOS BRANDÓN RODRIGUEZ	m	CLUB ATLETISMO FONTES DO SAR	00:38:41	00:19:05.000	00:38:37	3:52	MASTER3	79	9
83	177	ANDRES DOMINGUEZ CASTRO	m	INDEPENDIENTE	00:38:42	00:19:10.000	00:38:37	3:52	MASTER4	80	1
84	63	CESAR TABOADA MILLAN	m	ATLETISMO SAR - VERMÚ PETRONI	00:38:43	00:19:20.000	00:38:41	3:52	MASTER3	81	10
85	61	FERNANDO GONZALEZ POUSA	m		00:38:44	00:18:51.000	00:38:44	3:52	MASTER3	82	11
86	148	FERNANDO VILAR	m	USC UNIVERDIDAD DE SANTIAGO DE COMPOSTELA	00:38:46	00:19:07.000	00:38:44	3:52	MASTER2	83	35
87	173	JOSE RAMON HERMO LOJO	m	ORIXINALMGTEAM	00:38:48	00:19:09.000	00:38:43	3:52	MASTER1	84	19
88	89	FRANCISCO JAVIER FERNANADEZ GARCIA	m	CLU ATLETISMO NOIA	00:38:50	00:19:28.000	00:38:47	3:52	MASTER2	85	36
89	34	IVÁN PABLO SANMARTÍN CARREIRA	m	CLUB ATLETISMO O PINO	00:38:53	00:19:15.000	00:38:51	3:53	MASTER2	86	37
90	80	JUAN CARLOS MARTINEZ VALVERDE	m	CLUB ATLETISMO O PINO	00:38:53	00:19:14.000	00:38:48	3:53	MASTER2	87	38
91	168	MIGUEL VIDAL MOREIRAS	m		00:39:00	00:19:14.000	00:38:57	3:53	MASTER1	88	20
92	90	JAVIER GUIMAREY SENIN	m	ATLETISMO SAR - VERMÚ PETRONI	00:39:01	00:19:40.000	00:39:00	3:54	MASTER2	89	39
93	138	SERGIO PALACIOS LADO	m	INDEPENDIENTE	00:39:02	00:19:10.000	00:38:57	3:54	SENIOR	90	13
94	54	RAMIRO PÉREZ PEREIRA	m	ATLETISMO SAR - VERMÚ PETRONI	00:39:03	00:19:13.000	00:39:00	3:54	MASTER4	91	2
95	86	JUAN RAMÓN FERREIRO LÓPEZ	m	TAMBRE BIKE&RUNNING	00:39:04	00:19:01.000	00:39:00	3:54	MASTER3	92	12
96	163	RAFAEL SENÉN GOMEZ GARCIA	m	CAO ( CLUB ATLETISMO OUTES )	00:39:11	00:19:36.000	00:39:06	3:55	SENIOR	93	14
97	165	GONZALO PUENTE GÓMEZ	m		00:39:23	00:19:33.000	00:39:15	3:56	MASTER2	94	40
98	40	ALFONSO TOIMIL CASTRO	m	ATLETISMO MILLADOIRO	00:39:23	00:19:41.000	00:39:21	3:56	MASTER2	95	41
99	27	XIL RODRÍGUEZ GIL	m	USC UNIVERDIDAD DE SANTIAGO DE COMPOSTELA	00:39:24	00:19:41.000	00:39:21	3:56	MASTER2	96	42
100	98	JOSÉ MANUEL TURNES CORDEIRO	m	NOSPORTLIMIT	00:39:26	00:19:41.000	00:39:23	3:56	MASTER1	97	21
101	141	ALVARO ZARAUZA BEIRAS	m		00:39:26	00:19:34.000	00:39:19	3:56	MASTER2	98	43
102	150	ANTÓN GÓMEZ POMBO	m	R.C.CELTA ATLETISMO	00:39:26	00:19:40.000	00:39:22	3:56	MASTER2	99	44
103	149	FRANCISCO JOSE CUENCA GARCIA	m	ATLETISMO MILLADOIRO	00:39:26	00:19:11.000	00:39:24	3:56	MASTER1	100	22
104	473	JAVIER RODRIGUEZ COLLAZO	m	ARTROGAL TRI 498	00:39:28	00:19:35.000	00:39:23	3:56	MASTER1	101	23

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PTO	DOR	NOMBRE	SEXO	CLUB	T.OFICIAL	T.KM 5	T.NETO	RITMO	CATEGORÍA	P. SEX	P.CAT
105	186	JOSE RAMON CUNS SANTOS	m		00:39:29	00:19:57.000	00:39:20	3:56	MASTER2	102	45
106	97	ROBERTO SENRA ALVAREZ	m	TAMBRE BIKE&RUNNING	00:39:29	00:19:30.000	00:39:24	3:56	MASTER3	103	13
107	70	JOSE BUJÁN GONZALEZ	m	CAO ( CLUB ATLETISMO OUTES )	00:39:31	00:19:17.000	00:39:25	3:57	MASTER2	104	46
108	137	BENJAMIN COSTA FERNÁNDEZ	m	ATLETISMO SAR - VERMÚ PETRONI	00:39:32	00:19:35.000	00:39:28	3:57	MASTER1	105	24
109	142	JOSE ANTONIO COSTA RODRIGUEZ	m	AGRUPACIÓN ATLÉTICA MAZÍ	00:39:35	00:19:29.000	00:39:31	3:57	MASTER2	106	47
110	200	DAVID FERRERO QUIÑÓY	m	INDEPENDIENTE	00:39:35	00:19:41.000	00:39:28	3:57	MASTER2	107	48
111	162	JOSE MANUEL PAJARO SALAGRE	m	ATLETISMO MILLADOIRO	00:39:40	00:19:18.000	00:39:37	3:57	MASTER2	108	49
112	154	DIEGO PUENTE GÓMEZ	m	INDEPENDIENTE	00:39:47	00:19:51.000	00:39:39	3:58	SENIOR	109	15
113	212	JAVIER TABOADA GARCIA	m		00:39:55	00:19:55.000	00:39:46	3:59	MASTER3	110	14
114	158	JOSÉ MANUEL LUEIRO ABUIN	m		00:39:58	00:20:01.000	00:39:53	3:59	MASTER2	111	50
115	196	ISAAC VIDAL OTERO	m	INDEPENDIENTE	00:40:01	00:20:07.000	00:39:53	4:00	SENIOR	112	16
116	53	ANGEL CAMPOS SANTIAGO	m	ATLETISMO SAR - VERMÚ PETRONI	00:40:01	00:19:57.000	00:40:00	4:00	MASTER1	113	25
117	213	MANOLO TORRES BAUTIS	m		00:40:02	00:19:55.000	00:39:53	4:00	MASTER3	114	15
118	99	MARINELA MAYO CAAMAÑO	f	ATLETISMO SAR - VERMÚ PETRONI	00:40:07	00:19:59.000	00:40:02	4:00	MASTER1	4	1
119	194	JUAN MAYO BALDERRABANO	m	PAVIMENTOS NOIA	00:40:07	00:19:57.000	00:40:00	4:00	MASTER2	115	51
120	437	EDUARDO BROCOS MAREQUE	m		00:40:10	00:20:09.000	00:40:01	4:00	MASTER3	116	16
121	199	J.CARLOS LADO TORRES	m	INCOR	00:40:11	00:19:50.000	00:40:06	4:01	MASTER2	117	52
122	62	JOSÉ MANUEL MARTÍNEZ OTERO	m	ATLETISMO MILLADOIRO	00:40:12	00:20:10.000	00:40:09	4:01	MASTER2	118	53
123	207	RUBÉN ROMERO ROZAS	m	INDEPENDIENTE	00:40:18	00:19:50.000	00:40:08	4:01	MASTER2	119	54
124	279	JOSE SANDA ARES	m		00:40:25	00:20:31.000	00:40:15	4:02	MASTER1	120	26
125	58	JUAN JOSE REY IGLESIAS	m	3&RUN CLUB DE CORREDORES DE PEDRO NIMO	00:40:27	00:20:38.000	00:40:15	4:02	MASTER1	121	27
126	169	FRANCISCO RAMON BLANCO PAN	m	CAO ( CLUB ATLETISMO OUTES )	00:40:32	00:20:01.000	00:40:27	4:03	MASTER2	122	55
127	249	JUAN CARLOS PEREIRA REDONDO	m		00:40:36	00:20:11.000	00:40:24	4:03	MASTER3	123	17
128	156	FRANCISCO JAVIER CEPEDA GACIO	m	NOITEBRA FC	00:40:43	00:20:11.000	00:40:39	4:04	MASTER4	124	3
129	193	ALEX-RITA OVIEDO BOUZAS	m	PAVIMENTOS NOIA	00:40:46	00:20:05.000	00:40:39	4:04	MASTER1	125	28
130	198	VICTOR MANUEL BOTANA QUEIRUGA	m	INCOR-AUTOVIDRIO	00:40:49	00:20:06.000	00:40:43	4:04	MASTER2	126	56
131	375	FERNANDO RODRIGUEZ FRAGA	m	INDEPENDIENTE	00:40:49	00:20:00.000	00:40:38	4:04	MASTER1	127	29
132	190	ALBERTO MOURE ANDRADE	m	INDEPENDIENTE	00:40:50	00:20:38.000	00:40:41	4:04	MASTER1	128	30
133	293	MANUEL ANGEL QUINTANS VARELA	m	CLUB AMIGOS DE LA BICICLETA ENTERTAINMENT	00:40:56	00:20:05.000	00:40:48	4:05	MASTER1	129	31
134	237	JAVIER MOSQUERA DE VALDIVIELSO	m		00:40:57	00:20:13.000	00:40:50	4:05	MASTER2	130	57
135	235	ADRIAN LÓPEZ REY	m		00:41:04	00:19:55.000	00:40:59	4:06	SENIOR	131	17
136	85	EFRÉN CAPELO VIEITES	m	NOITEBRA FC	00:41:07	00:20:48.000	00:41:02	4:06	SENIOR	132	18
137	205	DANI ANDRADE RAMA	m	INDEPENDIENTE	00:41:07	00:21:02.000	00:40:55	4:06	SENIOR	133	19
138	201	FERNANDO TOBIO GOMEZ	m	CLUB ATLETISMO FONTES DO SAR	00:41:12	00:20:38.000	00:41:03	4:07	MASTER2	134	58
139	222	TINO RODRIGUEZ IGLESIAS	m		00:41:12	00:21:03.000	00:41:01	4:07	MASTER1	135	32
140	209	LUIS JAVIER FERNANDEZ OTERO	m	ATLETISMO SAR - VERMÚ PETRONI	00:41:13	00:20:47.000	00:41:06	4:07	MASTER2	136	59
141	514	FRANC COLLAZO LORENZO	m	AMES ATLETISMO	00:41:14	00:20:26.000	00:41:09	4:07	MASTER2	137	60
142	211	MARCOS CASAL SANTOS	m	INDEPENDIENTE	00:41:15	00:20:11.000	00:41:05	4:07	MASTER2	138	61
143	206	SANTIAGO GOMEZ BEIRO	m	CLUB ATLETISMO FONTES DO SAR	00:41:16	00:20:38.000	00:41:08	4:07	MASTER2	139	62
144	210	PABLO IGLESIAS COMOJO	m	INDEPENDIENTE	00:41:21	00:20:34.000	00:41:17	4:08	MASTER2	140	63
145	185	JULIO RODRÍGUEZ FERNÁNDEZ	m		00:41:22	00:20:24.000	00:41:14	4:08	MASTER2	141	64
146	176	ALBERTO MARTINEZ	m	INCOR-AUTOVIDRIO	00:41:22	00:20:24.000	00:41:17	4:08	MASTER2	142	65
147	159	JOSÉ ANTONIO MARQUE RUIBAL	m	CDM VÉRTICE	00:41:22	00:20:35.000	00:41:14	4:08	SENIOR	143	20
148	96	MIGUEL ÁNGEL LAGO FERNÁNDEZ	m	PASA OU ENTORNA	00:41:25	00:20:34.000	00:41:21	4:08	MASTER1	144	33
149	172	ÁLVARO CÉSAR VILA	m	TAMBRE BIKE&RUNNING	00:41:26	00:20:47.000	00:41:19	4:08	MASTER2	145	66
150	157	TANIA SILVELO PALLIN	f	UNIVERSIDADE DE SANTIAGO	00:41:27	00:20:23.000	00:41:24	4:08	MASTER1	5	2
151	220	ALBERTO FERNÁNDEZ LÓPEZ	m	INDEPENDIENTE	00:41:27	00:20:24.000	00:41:22	4:08	MASTER1	146	34
152	208	JESUS CELA BOISA	m		00:41:28	00:20:53.000	00:41:23	4:08	SENIOR	147	21
153	241	JORGE CASTRO MAROÑO	m	INDEPENDIENTE	00:41:29	00:20:25.000	00:41:23	4:08	MASTER2	148	67
154	232	JESÚS COUSO GARCIA	m	CLUB ATLETISMO NEGREIRA	00:41:32	00:20:32.000	00:41:23	4:09	MASTER2	149	68
155	230	PABLO ROO MAROÑAS	m	CAL	00:41:32	00:20:52.000	00:41:26	4:09	SENIOR	150	22
156	247	MONCHO GEY MARTINEZ	m	INDEPENDIENTE	00:41:32	00:20:52.000	00:41:26	4:09	SENIOR	151	23

### CLASIFICACIÓN CARREIRA ABSOLUTA

PTO	DOR	NOMBRE	SEXO	CLUB	T.OFICIAL	T.KM 5	T.NETO	RITMO	CATEGORÍA	P. SEX	P.CAT
157	189	CARLOS DURO AGRAFOJO	m	OS ESFOLA ARROS	00:41:39	00:20:23.000	00:41:32	4:09	MASTER2	152	69
158	181	GERMÁN PÉREZ VIDAL	m		00:41:43	00:20:51.000	00:41:38	4:10	MASTER3	153	18
159	216	FRAN OLVEIRA MARTINEZ	m	ATLETISMO SAR - VERMÚ PETRONI	00:41:43	00:20:50.000	00:41:32	4:10	MASTER3	154	19
160	255	FERNANDO JOSE DE ALMEIDA REY	m	TRAN-TRAN	00:41:45	00:21:05.000	00:41:34	4:10	MASTER2	155	70
161	184	JUAN CARLOS DE LA IGLESIA SOUTO	m		00:41:46	00:20:28.000	00:41:35	4:10	MASTER2	156	71
162	448	JOSE M. CERNADAS TRILLO	m	INDEPENDIENTE	00:41:54	00:21:00.000	00:41:44	4:11	MASTER3	157	20
163	182	RAFA DE JESUS DUARTE	m	PIRATES DE LA MUNTANYA	00:41:55	00:19:56.000	00:41:45	4:11	MASTER1	158	35
164	104	NATALIA RIVAS SUAREZ	f	CLUB ATLETISMO O PINO	00:41:56	00:20:54.000	00:41:53	4:11	MASTER2	6	1
165	459	MARTÍN GARCÍA BALEBONA	m		00:42:04	00:19:52.000	00:42:01	4:12	SENIOR	159	24
166	256	TEODORO LAMELA FORMOSO	m	OS ESFOLA ARROS	00:42:18	00:20:36.000	00:42:12	4:13	MASTER2	160	72
167	144	CARLOS PEÑA GAVILÁN	m		00:42:23	00:21:28.000	00:42:10	4:14	MASTER1	161	36
168	273	LUCIANO LUCAS PEREZ	m	INDEPENDIENTE	00:42:24	00:21:05.000	00:42:12	4:14	MASTER2	162	73
169	100	NOELIA PAPIÑ ESTÉVEZ	f	CLUB ATLETISMO SADA	00:42:26	00:20:50.000	00:42:22	4:14	MASTER2	7	2
170	239	JOSE MANUEL GARCIA ANTELO	m	INDEPENDIENTE	00:42:30	00:20:48.000	00:42:21	4:14	MASTER1	163	37
171	238	TOÑO AGUIN TRELLES	m		00:42:33	00:21:14.000	00:42:23	4:15	MASTER3	164	21
172	102	ISABEL SÁEZ BATALLAN	f	CAI A ESTRADA	00:42:34	00:20:53.000	00:42:30	4:15	MASTER3	8	1
173	225	JAVIER PONTE PINTOR	m	INDEPENDIENTE	00:42:36	00:21:23.000	00:42:23	4:15	MASTER1	165	38
174	228	IVAN BOTANA GARCIA	m	INDEPENDIENTE	00:42:40	00:21:15.000	00:42:28	4:15	MASTER2	166	74
175	264	ÁNGEL VIDAL FERREIRO	m		00:42:41	00:21:08.000	00:42:29	4:16	MASTER1	167	39
176	464	JESUS ( ZUBI.) GARCIA PEÑA	m	TAMBRE BIKE&RUNNING	00:42:42	00:21:27.000	00:42:34	4:16	MASTER2	168	75
177	101	ELENA MIGUENS OTERO	f	ATLETISMO SAR - VERMÚ PETRONI	00:42:45	00:21:10.000	00:42:39	4:16	MASTER2	9	3
178	275	MARCELINO RODRIGUEZ GARRIDO	m	INDEPENDIENTE	00:42:54	00:21:09.000	00:42:44	4:17	MASTER2	169	76
179	202	JUAN MANUEL BAUTIS OTERO	m	UNIVERSIDAD DE SANTIAGO	00:43:00	00:21:24.000	00:42:54	4:17	MASTER2	170	77
180	231	BE POWER ROMERO IGLESIAS	m	CLUB ATLETISMO LOUSAME	00:43:00	00:21:23.000	00:42:54	4:17	MASTER2	171	78
181	515	ÓSCAR LÓPEZ TOBAR	m	NO	00:43:05	00:20:43.000	00:42:59	4:18	MASTER1	172	40
182	233	DAVID CARBALLAS	m	INDEPENDIENTE	00:43:09	00:21:26.000	00:43:03	4:18	MASTER2	173	79
183	219	SATIRO BRENLLA FAJIN	m	TARTARUGAS	00:43:12	00:21:30.000	00:43:04	4:19	SENIOR	174	25
184	171	JOSÉ ANTONIO CHUECOS ESCALONA	m	PASA OU ENTORNA	00:43:13	00:21:04.000	00:43:08	4:19	MASTER1	175	41
185	337	JOSE LUIS MOSQUERA	m		00:43:22	00:21:22.000	00:43:12	4:20	MASTER2	176	80
186	103	ISA REY RIVAS	f		00:43:22	00:21:05.000	00:43:19	4:20	SENIOR	10	1
187	354	GONZALO DÍAZ	m		00:43:26	00:22:07.000	00:43:07	4:20	SENIOR	177	26
188	187	ESTEBAN GARCIA GOMEZ	m	INDEPENDIENTE	00:43:28	00:22:09.000	00:43:17	4:20	MASTER2	178	81
189	501	ALFONSO FERNÁNDEZ PÉREZ	m	BJ TRAINERS	00:43:29	00:22:13.000	00:43:07	4:20	SENIOR	179	27
190	218	JOSE MANUEL JUNCAL SANTOS	m		00:43:31	00:21:15.000	00:43:21	4:21	MASTER3	180	22
191	223	OSCAR CASAS COUSELO	m	TAMBRE BIKE&RUNNING	00:43:31	00:21:28.000	00:43:22	4:21	MASTER1	181	42
192	502	JESÚS DÍAZ PIÑEIRO	m	INDEPENDIENTE	00:43:33	00:22:10.000	00:43:25	4:21	MASTER3	182	23
193	83	FERNANDO CASTRO PRADO	m	INDEPENDIENTE	00:43:35	00:20:40.000	00:43:29	4:21	SENIOR	183	28
194	59	MARCOS PENEDO TABOADA	m	INDEPENDIENTE	00:43:36	00:21:22.000	00:43:26	4:21	MASTER1	184	43
195	277	SUSO MÉNDEZ SUÁREZ	m	PONTERIDERS	00:43:36	00:22:20.000	00:43:21	4:21	MASTER2	185	82
197	226	RAMON BARREIRO CERNADAS	m	CAO ( CLUB ATLETISMO OUTES )	00:43:37	00:21:59.000	00:43:27	4:21	MASTER3	187	24
196	298	JESÚS BLANCO PÉREZ	m		00:43:37	00:22:11.000	00:43:22	4:21	SENIOR	186	29
198	251	ALBERTO SANCHEZ GOMEZ	m		00:43:37	00:21:44.000	00:43:24	4:21	MASTER2	188	83
199	483	MANUEL GONZÁLEZ ADÁN	m	ATLETISMO DEZA	00:43:38	00:21:54.000	00:43:31	4:21	MASTER2	189	84
200	301	JOSE MANUEL LAMAS POSE	m		00:43:39	00:21:59.000	00:43:26	4:21	MASTER2	190	85
201	244	MANUEL DOMINGUEZ CANO	m	A.D.MEDIADUCIA	00:43:40	00:21:00.000	00:43:30	4:21	MASTER2	191	86
202	280	FRANCISCO MANUEL DOMINGUEZ RECAREY	m	PONTE TRAIL	00:43:45	00:21:46.000	00:43:33	4:22	MASTER2	192	87
203	278	JOSÉ IGNACIO AGRELO PÉREZ	m		00:43:47	00:22:00.000	00:43:33	4:22	MASTER2	193	88
204	284	JUAN FRANCISCO ROMAY SIEIRA	m	INDEPENDIENTE	00:43:47	00:21:34.000	00:43:38	4:22	MASTER2	194	89
205	248	JOSÉ VIDAL RODRÍGUEZ	m	CLUB ATLETISMO MILLARAIO	00:43:50	00:21:47.000	00:43:40	4:22	MASTER2	195	90
206	109	MARTINA TASENDE ANDRADE	f	A.D.MEDIADUCIA	00:43:51	00:21:34.000	00:43:47	4:23	MASTER1	11	3
207	60	XAIÑO MÉNDEZ FROJAN	m	ATLETISMO SAR - VERMÚ PETRONI	00:43:55	00:21:24.000	00:43:49	4:23	MASTER2	196	91
208	304	ALICIA GARCÍA CRUZ	f	A.D.OLIMPIA	00:44:00	00:21:41.000	00:43:57	4:23	MASTER2	12	4



### CLASIFICACIÓN CARREIRA ABSOLUTA

PTO	DOR	NOMBRE	SEXO	CLUB	T.OFICIAL	T.KM 5	T.NETO	RITMO	CATEGORÍA	P. SEX	P.CAT
209	106	MARÍA TARRIO MARTÍNEZ	f	NOITEBRA FC	00:44:03	00:21:55.000	00:43:55	4:24	MASTER2	13	5
210	488	FERNANDO SESAR SEGADE	m		00:44:05	00:21:06.000	00:43:49	4:24	MASTER1	197	44
211	466	GONZALO DIZ NOYA	m	CLUB DE PIRAGÜISMO RIBEIRAS DO TAMBRE TERNERA GALLEGA	00:44:08	00:22:14.000	00:43:55	4:24	SUB 20	198	2
212	286	DAVID OTERO ROMERO	m	CLUB DE PIRAGÜISMO RIBEIRAS DO TAMBRE TERNERA GALLEGA	00:44:08	00:21:41.000	00:43:59	4:24	SUB 20	199	3
213	183	MIGUEL LÓPEZ NOYA	m		00:44:10	00:22:25.000	00:44:00	4:24	SENIOR	200	30
214	221	EMILIO MEDINA JIMÉNEZ	m	CLUB DE PIRAGÜISMO RIBEIRAS DO TAMBRE TERNERA GALLEGA	00:44:12	00:22:17.000	00:44:02	4:25	MASTER3	201	25
215	269	JAVIER PAZOS RECARREY	m	BJ TRAINERS	00:44:15	00:22:33.000	00:44:07	4:25	MASTER2	202	92
216	503	IAGO SAYANS	m	INDEPENDIENTE	00:44:17	00:22:20.000	00:44:02	4:25	MASTER1	203	45
217	242	JAVIER GARCÍA PUMAR	m	CLUB AMIGOS DE LA BICICLETA ENTERTAINMENT	00:44:18	00:22:18.000	00:44:05	4:25	MASTER1	204	46
218	305	MADA GARCÍA ABALO	f	CAO ( CLUB ATLETISMO OUTES )	00:44:21	00:22:09.000	00:44:15	4:26	MASTER3	14	2
219	420	RUBEN RUIBAL QUINTANS	m		00:44:25	00:22:20.000	00:44:10	4:26	SENIOR	205	31
220	303	NATALIA LORENZO PÉREZ	f	ATLETISMO MILLADOIRO	00:44:26	00:22:27.000	00:44:18	4:26	MASTER2	15	6
221	252	EMILIO BRUN VÁZQUEZ	m	CLUB ATLETISMO O PINO	00:44:26	00:22:24.000	00:44:14	4:26	MASTER3	206	26
222	105	SHAILA M. MUÑIZ PEREZ	f	CHOTACABRAS 21K	00:44:27	00:22:15.000	00:44:18	4:26	MASTER1	16	4
223	215	RAMÓN SUÁREZ GÓMEZ	m	ATLETISMO MILLADOIRO	00:44:29	00:22:14.000	00:44:25	4:26	MASTER4	207	4
224	224	MANUEL GALLEGO PRIEGO	m	CLUB ATLETISMO O PINO	00:44:39	00:22:22.000	00:44:28	4:27	MASTER3	208	27
225	461	FRANCISCO Agullo Canda	m	INDEPENDIENTE	00:44:43	00:22:36.000	00:44:19	4:28	MASTER1	209	47
226	180	ANXO GONZÁLEZ SOUTO	m	INDEPENDIENTE	00:44:46	00:21:49.000	00:44:38	4:28	MASTER2	210	93
227	260	JUAN CARLOS FERNÁNDEZ OLIVEIRA	m		00:44:49	00:22:42.000	00:44:39	4:28	MASTER2	211	94
228	368	PABLO MOSQUERA SEOANE	m		00:44:52	00:22:37.000	00:44:36	4:29	SENIOR	212	32
229	333	JOAQUÍN CAAMAÑO LUHÍA	m	INDEPENDIENTE	00:45:05	00:22:16.000	00:44:50	4:30	MASTER1	213	48
230	324	ELAIDO OTERO GARCA	m	INDEPENDIENTE	00:45:13	00:22:38.000	00:44:57	4:31	MASTER2	214	95
231	339	ANTON JUNCAL COSTA	m	TAMBRE BIKE&RUNNING	00:45:17	00:21:53.000	00:45:08	4:31	MASTER3	215	28
232	292	MANUEL INSUA INSUA	m	INDEPENDIENTE	00:45:18	00:22:36.000	00:45:06	4:31	MASTER3	216	29
233	261	ANGEL MARTINEZ OVIEDO	m		00:45:21	00:23:03.000	00:45:06	4:32	MASTER3	217	30
234	254	TORCUATO LABELLA LOZANO	m	CA MILLARAIO	00:45:22	00:22:19.000	00:45:12	4:32	MASTER3	218	31
235	266	DAVID LÓPEZ SEIJO	m	BJ TRAINERS	00:45:23	00:22:12.000	00:45:16	4:32	SENIOR	219	33
236	253	MONCHO FERRACES VÁZQUEZ	m	CLUBE ATLETISMO BOIMORTO	00:45:23	00:21:52.000	00:45:16	4:32	MASTER4	220	5
237	299	SEBAS MUNIN FRAGA	m	CASTROSUA TRAIL RUNNING	00:45:23	00:22:28.000	00:45:13	4:32	MASTER1	221	49
238	454	SANTIAGO PORTO NOVO	m	OS ESFOLA ARROS	00:45:27	00:22:45.000	00:45:10	4:32	MASTER2	222	96
239	272	FERNANDO SAINZ GARCIA	m	ATLETISMO SAR - VERMÚ PETRONI	00:45:28	00:22:29.000	00:45:22	4:32	MASTER4	223	6
240	217	FRANCISCO SANMARCO SANTOS	m	ATLETISMO SAR - VERMÚ PETRONI	00:45:28	00:21:23.000	00:45:25	4:32	MASTER3	224	32
241	295	OSCAR CASAL TARACIDO	m	PASA OU ENTORNA	00:45:30	00:22:41.000	00:45:17	4:32	MASTER1	225	50
242	306	PAULA RODRIGUEZ LOURO	f	ORIXINALMGTEAM	00:45:30	00:22:26.000	00:45:24	4:32	MASTER1	17	5
243	245	JORGE COSTOYA DOSIL	m	CLUB ATLETISMO LOUSAME	00:45:30	00:22:26.000	00:45:24	4:32	MASTER1	226	51
244	179	JUAN LUIS CARBIA MENDEZ	m	ARTROGAL TRI 498	00:45:32	00:22:36.000	00:45:19	4:33	MASTER2	227	97
245	246	JAVIER GARCIA GALDO	m	CLUB ATLETISMO MILLARAIO	00:45:32	00:22:18.000	00:45:23	4:33	MASTER2	228	98
246	257	CARLOS DIAZ CORRAL	m		00:45:33	00:22:39.000	00:45:18	4:33	MASTER3	229	33
247	203	RAFAEL PAIS COMINO	m	REDBOAR	00:45:37	00:22:23.000	00:45:31	4:33	MASTER2	230	99
248	146	MARTIN RUDIÑO IGLESIAS	m		00:45:40	00:22:23.000	00:45:33	4:33	MASTER2	231	100
249	509	ALEJANDRO NOYA IGLESIAS	m	O4S RUTAS-BIKE	00:45:40	00:22:16.000	00:45:25	4:33	MASTER2	232	101
250	472	EMILIO BOUZAS VILAS	m		00:45:40	00:22:58.000	00:45:27	4:33	MASTER1	233	52
251	276	JESÚS SANTOS BOO	m		00:45:41	00:23:11.000	00:45:31	4:34	MASTER3	234	34
252	323	FRANCISCO ABEIJÓN COSTA	m	CAO ( CLUB ATLETISMO OUTES )	00:45:43	00:22:59.000	00:45:31	4:34	MASTER2	235	102
253	281	JOSE MANUEL ALBORES DIAZ	m	CLU ATLETISMO NOIA	00:45:55	00:22:34.000	00:45:49	4:35	MASTER4	236	7
254	243	MIGUEL ÁNGEL DÍAZ MORÁN	m	CLUB ATLETISMO MILLARAIO	00:45:59	00:22:44.000	00:45:49	4:35	MASTER3	237	35
255	259	ALFONSO RODRIGUEZ FRAMIL	m	NOITEBRA FC	00:46:02	00:22:35.000	00:45:50	4:36	MASTER2	238	103
256	484	FRANCISCO JAVIER LOPEZ VILA	m		00:46:04	00:23:14.000	00:45:45	4:36	MASTER3	239	36
257	236	LEANDRO EIRAS LUEIRO	m		00:46:07	00:22:17.000	00:45:50	4:36	SENIOR	240	34
258	517	DAVID SANDEZ LANDEIRA	m	NO	00:46:08	00:23:03.000	00:45:54	4:36	SENIOR	241	35
259	95	MIGUEL SANTOMIL LAPIDO	m	ATLETISMO SAR - VERMÚ PETRONI	00:46:08	00:23:02.000	00:45:55	4:36	MASTER2	242	104
260	296	ALEX MAYO BARREIRO	m	INDEPENDIENTE	00:46:11	00:23:25.000	00:45:45	4:37	MASTER2	243	105

### CLASIFICACIÓN CARREIRA ABSOLUTA

PTO	DOR	NOMBRE	SEXO	CLUB	T.OFICIAL	T.KM 5	T.NETO	RITMO	CATEGORÍA	P. SEX	P.CAT
261	291	IRIA NIETO ROMERO	f		00:46:13	00:23:24.000	00:45:58	4:37	SENIOR	18	2
262	268	SAMUEL LINARES BOQUETE	m		00:46:14	00:22:29.000	00:46:07	4:37	MASTER1	244	53
263	521	VITOR MANUEL RODRIGUEZ JURJO	m	NO	00:46:17	00:23:15.000	00:46:10	4:37	MASTER3	245	37
264	285	MANUEL PAIS SIEIRA	m	INDEPENDIENTE	00:46:20	00:23:18.000	00:46:02	4:37	MASTER2	246	106
265	330	JOSÉ MANUEL PÉREZ CIBEIRA	m	INDEPENDIENTE	00:46:23	00:23:19.000	00:46:06	4:38	MASTER2	247	107
266	519	FRANCISCO FERREIROS LOPEZ	m	NO	00:46:23	00:23:03.000	00:46:09	4:38	MASTER2	248	108
267	31	ALBERTO ALVAREZ BENDAÑA	m	ATLETISMO SAR - VERMÚ PETRONI	00:46:24	00:23:02.000	00:46:10	4:38	MASTER1	249	54
268	282	SUSO RODRÍGUEZ RODRÍGUEZ	m	FRIOL	00:46:24	00:22:46.000	00:46:13	4:38	MASTER3	250	38
269	467	JUANFI MARTÍNEZ PEREIRO	m	CLUB DE PIRAGÜISMO RIBEIRAS DO TAMBRE TERNERA GALLEGA	00:46:25	00:23:16.000	00:46:13	4:38	SUB 20	251	4
270	265	VICENTE PÉREZ SANDA	m	INDEPENDIENTE	00:46:26	00:22:55.000	00:46:17	4:38	MASTER3	252	39
271	331	JAIME RODRÍGUEZ VIDAL	m		00:46:30	00:23:14.000	00:46:13	4:38	MASTER2	253	109
272	335	ANGEL BLANCO ROJO	m		00:46:32	00:23:18.000	00:46:14	4:39	MASTER2	254	110
273	227	FRAN LEMA RIVADAS	m	INDEPENDIENTE	00:46:41	00:23:16.000	00:46:34	4:40	MASTER2	255	111
274	353	AGUSTÍN PIÑEIRO CANDAMO	m		00:46:47	00:23:28.000	00:46:30	4:40	MASTER1	256	55
275	325	CARLOS CARRASCO ITURRA	m	CLUB ATLETISMO O PINO	00:46:47	00:22:50.000	00:46:36	4:40	MASTER2	257	112
276	320	JOSÉ GÓMEZ VIANO	m	INDEPENDIENTE	00:46:49	00:22:47.000	00:46:35	4:40	MASTER3	258	40
277	294	VÍCTOR MANUEL PAZOS RECAREY	m	BJ TRAINERS	00:46:53	00:22:17.000	00:46:45	4:41	MASTER1	259	56
278	300	CRISTINA CARRIL BOO	f	CLUB ATLETISMO O PINO	00:46:57	00:23:04.000	00:46:46	4:41	MASTER1	19	6
279	342	DANIEL CASTRO MOSCOSO	m	CLUB ATLETISMO O PINO	00:46:57	00:23:25.000	00:46:48	4:41	MASTER1	260	57
280	288	JUAN LUIS BOTANA FERREIRO	m	CLUB ATLETISMO O PINO	00:46:59	00:23:46.000	00:46:46	4:41	MASTER4	261	8
281	358	FERNANDO COUSELO BARRIO	m		00:47:12	00:23:48.000	00:46:54	4:43	MASTER3	262	41
282	240	CARLOS RODRÍGUEZ GARCÍA	m	LOS CHAVALES	00:47:12	00:24:05.000	00:46:54	4:43	SENIOR	263	36
283	192	ALBERTO TURNES ABELENDA	m		00:47:13	00:25:03.000	00:47:00	4:43	SENIOR	264	37
284	274	CAMILO BLANCO PAMPIN	m	TRAIN2GO.COM	00:47:16	00:24:55.000	00:47:04	4:43	SENIOR	265	38
285	322	JOSE MANUEL LISTE BARREIRO	m	CLUB ATLETISMO FONTES DO SAR	00:47:22	00:23:20.000	00:47:15	4:44	MASTER4	266	9
286	94	DAVID IGLESIAS BARREIRA	m	TRAIN2GO.COM	00:47:26	00:25:04.000	00:47:14	4:44	SENIOR	267	39
287	480	MIGUEL CARBALLO PÉREZ	m	INDEPENDIENTE	00:47:28	00:24:31.000	00:47:04	4:44	SUB 23	268	3
288	372	ADRIÁN VÁZQUEZ VAAMONDE	m		00:47:32	00:23:17.000	00:47:19	4:45	SENIOR	269	40
289	351	ANTONIO RIVEIRA MARTINEZ	m	CLUB ATLETISMO O PINO	00:47:34	00:23:26.000	00:47:24	4:45	MASTER3	270	42
290	334	DIEGO VÁZQUEZ	m	CLUB ATLETISMO ARZUA	00:47:49	00:23:22.000	00:47:28	4:46	SENIOR	271	41
291	513	CARLOS SÁNCHEZ MIRÁS	m	NO	00:47:50	00:22:57.000	00:47:39	4:46	SENIOR	272	42
292	302	FRANCISCO MOURE CAÑETE	m	NOITEBRA FC	00:47:52	00:23:24.000	00:47:44	4:47	MASTER3	273	43
293	355	DAVID SANTOMIL MOSQUERA	m		00:47:56	00:24:27.000	00:47:39	4:47	MASTER1	274	58
294	349	DIEGO OCAMPO SANCHEZ	m		00:48:01	00:24:16.000	00:47:42	4:48	MASTER2	275	113
295	289	SONIA AGRASAR BARRAL	f	ATLETISMO SAR - VERMÚ PETRONI	00:48:10	00:23:36.000	00:47:59	4:48	MASTER2	20	7
296	347	JOSE LUIS GONZALEZ NOVOA	m		00:48:10	00:24:27.000	00:47:55	4:48	MASTER2	276	114
297	338	JOSE ANTONIO BLANCO BARREIRO	m	INDEPENDIENTE	00:48:15	00:23:57.000	00:47:59	4:49	MASTER4	277	10
298	381	ANGEL MUNIN OTERO	m	NOITEBRA FC	00:48:18	00:24:40.000	00:48:03	4:49	MASTER3	278	44
299	307	MARIA MARTINEZ NIETO	f		00:48:20	00:24:34.000	00:48:08	4:49	MASTER2	21	8
300	204	JORGE GONTA NOVO	m		00:48:20	00:24:34.000	00:48:08	4:49	MASTER2	279	115
301	387	AGUSTÍN JOSÉ PORRO CORREIRA	m	K2ORDES	00:48:22	00:24:21.000	00:48:02	4:50	MASTER2	280	116
302	398	ISABEL BERMÚDEZ RIOS	f		00:48:23	00:24:38.000	00:47:58	4:50	MASTER2	22	9
303	267	FERNANDO COSTA CASTRO	m		00:48:26	00:23:29.000	00:48:11	4:50	MASTER2	281	117
304	328	BENITO GONZÁLEZ VARELA	m	TAMBRE BIKE&RUNNING	00:48:29	00:24:33.000	00:48:09	4:50	MASTER4	282	11
305	319	ROBERTO QUINTANS SUAREZ	m	INDEPENDIENTE	00:48:33	00:24:10.000	00:48:15	4:51	MASTER2	283	118
306	516	JOSÉ PLASENCIA COUCEIRO	m	NO	00:48:34	00:24:20.000	00:48:13	4:51	MASTER3	284	45
307	310	NOEMÍ PEÑA CARBÓN	f	3&RUN CLUB DE CORREDORES DE PEDRO NIMO	00:48:37	00:24:26.000	00:48:25	4:51	SENIOR	23	3
308	308	INES PORTO REGUEIRO	f	CD SAN PAIO A ESTRADA	00:48:39	00:23:50.000	00:48:34	4:51	SENIOR	24	4
309	321	RUBEN VIDAL MARTINEZ	m	LOS CHAVALES	00:48:52	00:24:05.000	00:48:34	4:53	MASTER1	285	59
310	376	CARLOS GENDRA VIEITES	m		00:48:53	00:25:24.000	00:48:25	4:53	MASTER2	286	119
311	365	GABRIEL ÁLVAREZ CASTRO	m	INDEPENDIENTE	00:48:53	00:24:41.000	00:48:36	4:53	MASTER2	287	120
312	318	ADOLFO OMAR RÍOS GIMÉNEZ	m	CLUBE ATLETISMO BOIMORTO	00:48:55	00:23:23.000	00:48:43	4:53	MASTER4	288	12

## CLASIFICACIÓN CARREIRA ABSOLUTA

PTO	DOR	NOMBRE	SEXO	CLUB	T.OFICIAL	T.KM 5	T.NETO	RITMO	CATEGORÍA	P. SEX	P.CAT
313	481	ANDREIA RAMOS LEIS	f		00:48:57	00:24:58.000	00:48:46	4:53	MASTER2	25	10
314	348	SANTIAGO GONZÁLEZ PRADO	m		00:49:02	00:23:59.000	00:48:45	4:54	MASTER2	289	121
315	234	JOSÉ ROMERO GONZÁLEZ	m		00:49:02	00:23:58.000	00:48:45	4:54	MASTER1	290	60
316	383	ROBERTO FIGUEROA SUÁREZ	m		00:49:05	00:24:10.000	00:48:45	4:54	MASTER3	291	46
317	455	ANGEL MORENO FERNANDEZ	m	INDEPENDIENTE	00:49:11	00:24:04.000	00:48:52	4:55	MASTER2	292	122
318	409	JOSÉ MANUEL BARGO PEREZ	m	CLUB DE ATLETISMO DE LOUSAME	00:49:14	00:25:02.000	00:48:58	4:55	SENIOR	293	43
319	477	MONTSERRAT VIÑAS ABEIJON	f		00:49:15	00:24:11.000	00:49:08	4:55	MASTER2	26	11
320	356	ALBERTO CASTRO VILAR	m	INDEPENDIENTE	00:49:18	00:24:09.000	00:49:04	4:55	MASTER3	294	47
321	329	MANUEL OTERO BARGOS	m		00:49:28	00:24:12.000	00:49:12	4:56	MASTER2	295	123
322	357	JOSE ARUFE QUINTELA	m	ATLETISMO MILLADOIRO	00:49:30	00:24:40.000	00:49:24	4:56	MASTER4	296	13
323	309	ROCIO GARCIA FELPETO	f	ATLETISMO OLYMPO MATOJOMA	00:49:31	00:25:01.000	00:49:08	4:57	MASTER1	27	7
324	388	DANIEL BOUZAS COBOS	m		00:49:32	00:24:24.000	00:49:12	4:57	MASTER2	297	124
325	344	LUIS MIGUEZ MIGUEZ	m	CASTROSUA TRAIL RUNNING	00:49:36	00:23:55.000	00:49:25	4:57	MASTER2	298	125
326	384	GABRIEL CAO SANCHEZ	m	INDEPENDIENTE	00:49:39	00:24:49.000	00:49:25	4:57	MASTER2	299	126
327	350	RAMON GOMEZ RIVADULLA	m		00:49:40	00:24:39.000	00:49:21	4:57	MASTER3	300	48
328	271	JORGE GÓMEZ CEBEY	m	TAMBRE BIKE&RUNNING	00:49:42	00:24:52.000	00:49:22	4:58	MASTER1	301	61
329	327	CARLOS PAMPÍN BOADO	m	CLUB DEPORTIVO PINARIUM	00:49:48	00:25:25.000	00:49:34	4:58	MASTER4	302	14
330	457	ROBERTO CORBAL	m		00:49:48	00:25:29.000	00:49:24	4:58	MASTER3	303	49
331	370	MIGUEL MAYÁN MARTÍNEZ	m	TRIBU TRAIL	00:49:53	00:25:10.000	00:49:35	4:59	SENIOR	304	44
332	413	JOSE MANUEL OUBEL VILLANUEVA	m		00:49:58	00:25:00.000	00:49:39	4:59	MASTER2	305	127
333	341	JOSE MANUEL LAMELA RIVERA	m	TARTARUGAS	00:50:01	00:25:01.000	00:49:37	5:00	MASTER3	306	50
334	258	MARCOS CANDAMO FERNANDEZ	m		00:50:20	00:25:53.000	00:49:55	5:01	MASTER2	307	128
335	397	RUBEN GRILLE LORENZO	m	INDEPENDIENTE	00:50:23	00:25:26.000	00:50:04	5:02	MASTER2	308	129
336	316	ROSA MARIA MOURAZOS OTERO	f		00:50:24	00:25:16.000	00:50:04	5:02	MASTER3	28	3
337	463	JOSE CERQUEIRO CONDE	m	TAMBRE BIKE&RUNNING	00:50:30	00:25:59.000	00:50:09	5:02	MASTER3	309	51
338	373	BELARMINO BOO ACUNA	m	INDEPENDIENTE	00:50:30	00:26:47.000	00:50:19	5:02	MASTER3	310	52
339	507	JOSÉ MANUEL NIETO ANTELO	m		00:50:31	00:25:28.000	00:50:07	5:03	MASTER4	311	15
340	311	ELENA TOREA TOREA	f	CLUB DE ATLETISMO DE LOUSAME	00:50:34	00:25:08.000	00:50:18	5:03	MASTER2	29	12
341	406	OLGA POSE CHOUCIÑO	f	PONTERIDERS	00:50:36	00:25:04.000	00:50:13	5:03	MASTER2	30	13
342	508	MARIA CODESIDO MONTOIRO	f	NOITEBRA FC	00:50:36	00:25:19.000	00:50:11	5:03	MASTER2	31	14
343	352	TONO PIÑEIRO LAGO	m	INDEPENDIENTE	00:50:38	00:24:09.000	00:50:25	5:03	MASTER3	312	53
344	332	IVAN TENREIRO RECOUSO	m	CLUB ATLETISMO SADA	00:50:46	00:25:31.000	00:50:28	5:04	SENIOR	313	45
345	475	JESÚS VILAS CANTELAR	m	INDEPENDIENTE	00:50:55	00:25:33.000	00:50:36	5:05	MASTER1	314	62
346	380	JOSE ANTONIO DE LA CASA VADILLO	m		00:50:58	00:26:02.000	00:50:34	5:05	MASTER3	315	54
347	500	BORJA COLLAR AMADO	m	BJ TRAINERS	00:51:05	00:29:25.000	00:50:44	5:06	MASTER1	316	63
348	343	JOSE MANUEL CASAS PEREZ	m		00:51:06	00:24:50.000	00:50:50	5:06	MASTER3	317	55
349	379	JORGE ALBERTO HERNÁNDEZ GIADÁNS	m		00:51:07	00:25:30.000	00:50:46	5:06	MASTER3	318	56
350	377	ÁLVARO PAINCEIRA	m		00:51:10	00:25:30.000	00:50:49	5:06	MASTER3	319	57
351	340	RAFAEL SEÑARIS GONZALEZ	m	CLUB SOCIAL BANCO PASTOR	00:51:17	00:25:00.000	00:51:03	5:07	MASTER3	320	58
352	395	ALBERTO PEREIRA	m	INDEPENDIENTE	00:51:19	00:26:01.000	00:50:57	5:07	SENIOR	321	46
353	389	Jose Manuel Gendra Vieites	m	INDEPENDIENTE	00:51:19	00:26:15.000	00:50:52	5:07	MASTER3	322	59
354	421	PEDRO RODRIGUEZ MALLO	m	INDEPENDIENTE	00:51:22	00:25:10.000	00:51:22	5:08	MASTER2	323	130
355	392	RAMIRO PAMPIN SOUTO	m		00:51:24	00:25:22.000	00:51:04	5:08	MASTER2	324	131
356	490	FERNANDO GÓMEZ MONTIEL	m	C.A. MILLARAIO	00:51:34	00:25:54.000	00:51:09	5:09	MASTER3	325	60
357	317	JESUS PEREZ BALIRAC	m	NOITEBRA FC	00:51:36	00:25:53.000	00:51:17	5:09	MASTER3	326	61
358	313	PURI CARINENA AMIGO	f	CA MILLARAIO	00:51:40	00:25:33.000	00:51:26	5:09	MASTER2	32	15
359	403	DANIEL LOPEZ BARRAN	m		00:51:41	00:26:18.000	00:51:16	5:10	SENIOR	327	47
360	314	MARGA LEDESMA	f	CLUB ATLETISMO O PINO	00:51:47	00:25:40.000	00:51:33	5:10	MASTER3	33	4
361	396	CARLOTA FERREIRA LEIRAS	f	PASA OU ENTORNA	00:51:48	00:25:17.000	00:51:35	5:10	MASTER1	34	8
362	361	ANDRÉS PAZOS TRONCEDA	m		00:51:49	00:25:18.000	00:51:28	5:10	MASTER1	328	64
363	371	PEPE RIAL PAIS	m	CAO ( CLUB ATLETISMO OUTES )	00:51:50	00:26:13.000	00:51:33	5:10	MASTER4	329	16
364	523	NICANOR FRECHA ARUFE	m	NO	00:51:50	00:27:11.000	00:51:32	5:10	SENIOR	330	48

### CLASIFICACIÓN CARREIRA ABSOLUTA

PTO	DOR	NOMBRE	SEXO	CLUB	T.OFICIAL	T.KM 5	T.NETO	RITMO	CATEGORÍA	P. SEX	P.CAT
365	360	JON BALMASEDA VALLE	m	INDEPENDIENTE	00:51:57	00:26:35.000	00:51:32	5:11	MASTER1	331	65
366	452	BRUNO PORTO CALVELO	m		00:51:59	00:26:18.000	00:51:32	5:11	MASTER1	332	66
367	453	VERONICA OTERO SANTOS	f		00:52:08	00:25:27.000	00:52:01	5:12	MASTER2	35	16
368	391	DAVID CELDRÁN BOUZAS	m		00:52:11	00:25:21.000	00:51:55	5:13	SENIOR	333	49
369	429	VICTOR MARTINEZ LAGO	m	INDEPENDIENTE	00:52:14	00:25:20.000	00:51:59	5:13	MASTER2	334	132
370	399	JESÚS ILLADE CERDEIRAS	m	INDEPENDIENTE	00:52:20	00:25:51.000	00:52:03	5:13	MASTER4	335	17
371	345	DANIEL FERREIRO CARBALLEIRA	m	INDEPENDIENTE	00:52:24	00:26:35.000	00:51:59	5:14	SENIOR	336	50
372	510	ROBERTO CARLOS QUINTELA CUADRADO	m	INDEPENDIENTE	00:52:29	00:25:17.000	00:52:07	5:14	MASTER2	337	133
373	385	ANTONIO OSCAR CONSTENLA JUNQUERA	m		00:52:31	00:26:01.000	00:52:07	5:15	MASTER4	338	18
374	407	MARIA JESUS (CHUS) GARCIA PENNA	f	TAMBRE BIKE&RUNNING	00:52:31	00:26:02.000	00:52:11	5:15	MASTER1	36	9
375	178	JOSE LUIS ROSENDE FUENTES	m	TAMBRE BIKE&RUNNING	00:52:31	00:26:02.000	00:52:11	5:15	MASTER1	339	67
376	436	JESÚS MANUEL QUINTELA VAZQUEZ	m		00:52:34	00:26:15.000	00:52:27	5:15	MASTER2	340	134
377	435	MANUEL CASTRO CASTRO	m		00:52:34	00:26:16.000	00:52:28	5:15	MASTER3	341	62
378	458	PABLO VAZQUEZ BERMUDEZ	m	INDEPENDIENTE	00:52:40	00:25:36.000	00:52:14	5:15	MASTER1	342	68
379	362	RAFAEL SENÉN GOMEZ REIRIS	m	CAO ( CLUB ATLETISMO OUTES )	00:52:45	00:26:01.000	00:52:21	5:16	MASTER2	343	135
380	359	JOAQUIN FERNÁNDEZ MARTINEZ	m		00:52:45	00:26:30.000	00:52:21	5:16	MASTER3	344	63
381	494	FÁTIMA PÉREZ GARCÍA	f	BJ TRAINERS	00:52:57	00:26:03.000	00:52:34	5:17	MASTER2	37	17
382	492	JOSÉ MIGUÉNS REY	m	BJ TRAINERS	00:52:57	00:26:16.000	00:52:34	5:17	MASTER1	345	69
383	394	MARÍA VANESSA LEON VIÑAS	f	ATLETISMO SAR - VERMÚ PETRONI	00:53:05	00:25:58.000	00:52:50	5:18	MASTER1	38	10
384	326	ANGEL LÓPEZ LORENZO	m		00:53:06	00:27:22.000	00:52:50	5:18	MASTER2	346	136
385	290	JOSE JAIME REY RODRIGUEZ	m	INDEPENDIENTE	00:53:06	00:27:22.000	00:52:50	5:18	MASTER2	347	137
386	427	JESUS BOUZAS OTERO	m		00:53:11	00:26:14.000	00:52:52	5:19	MASTER4	348	19
387	400	ANTONIO GONZÁLEZ MARTÍNEZ-PEDRAYO	m	INDEPENDIENTE	00:53:13	00:26:32.000	00:52:49	5:19	MASTER3	349	64
388	485	MARTA IGLESIAS GONZÁLEZ	f	INDEPENDIENTE	00:53:15	00:26:31.000	00:52:58	5:19	SUB 20	39	1
389	414	ANA ISABEL LAJOS CAROU	f		00:53:20	00:26:24.000	00:52:56	5:19	MASTER3	40	5
390	425	SANTIAGO FERNANDEZ RIAL	m	MARISCOS RECIO	00:53:35	00:26:33.000	00:53:19	5:21	MASTER2	350	138
391	382	NEMESIO ANTONIO PARDO CAMPAÑA	m		00:53:35	00:26:33.000	00:53:18	5:21	MASTER1	351	70
392	487	ENRIQUE PEREZ VAZQUEZ	m		00:53:36	00:27:20.000	00:53:07	5:21	MASTER2	352	139
393	346	ORIOLO TOBÍO SALGADO	m		00:53:37	00:26:34.000	00:53:11	5:21	MASTER1	353	71
394	363	CARLOS SALVADO BERMUDEZ	m	INDEPENDIENTE	00:53:43	00:28:52.000	00:53:20	5:22	MASTER1	354	72
395	315	MARÍA ISABEL CHOREN MAROÑO	f	CLUB ATLETISMO O PINO	00:53:44	00:26:31.000	00:53:26	5:22	MASTER3	41	6
396	404	RAFAEL BARRAL OTERO	m		00:53:54	00:25:55.000	00:53:39	5:23	MASTER2	355	140
397	422	FRANCISCO JAVIER FANEGO RIOBOO	m	INDEPENDIENTE	00:54:06	00:26:48.000	00:53:54	5:24	MASTER3	356	65
398	386	SERGIO PENA SEIJAS	m	INDEPENDIENTE	00:54:14	00:25:22.000	00:53:59	5:25	SENIOR	357	51
399	410	MARIA RUSO GUNDÍN	f		00:54:19	00:27:15.000	00:54:04	5:25	SENIOR	42	5
400	402	ROSA MARIA ARCA MOLINOS	f		00:54:19	00:27:15.000	00:54:03	5:25	MASTER1	43	11
401	312	NAYBETT MONTERO LOBO	f	INDEPENDIENTE	00:54:23	00:27:07.000	00:54:04	5:26	SENIOR	44	6
402	405	ALVARO HERMIDA AMEIJERAS	m		00:54:24	00:26:42.000	00:53:58	5:26	MASTER2	358	141
403	482	MIGUEL ANGEL TUBIO TUBIO	m		00:54:25	00:27:24.000	00:53:57	5:26	MASTER2	359	142
404	426	DANIEL ANGEL OTERO CEPEDA	m	INDEPENDIENTE	00:54:41	00:27:50.000	00:54:19	5:28	MASTER3	360	66
405	424	CHELO VIGO LIÑARES	f	CLUB ATLETISMO FONTES DO SAR	00:54:48	00:26:41.000	00:54:33	5:28	MASTER2	45	18
406	444	DIMAS SUAREZ BARROS	m	RIBADOULLA	00:54:54	00:26:45.000	00:54:37	5:29	SENIOR	361	52
407	474	JUAN PEDRO VILAS MARTINEZ	m		00:54:57	00:28:05.000	00:54:31	5:29	MASTER2	362	143
408	401	BERTA SUAREZ FERNANDEZ	f	INDEPENDIENTE	00:54:59	00:27:23.000	00:54:38	5:29	MASTER1	46	12
409	417	FERNANDO LEON REQUEIJO	m		00:55:02	00:28:30.000	00:54:39	5:30	SENIOR	363	53
410	468	DIEGO LUIS LEÓN REQUEIJO	m	INDEPENDIENTE	00:55:02	00:28:52.000	00:54:39	5:30	MASTER1	364	73
411	456	CAROLINA BALSALSA	f		00:55:07	00:27:30.000	00:54:49	5:30	SENIOR	47	7
412	522	YAGO DEL RÍO SEGADE	m	NO	00:55:08	00:27:30.000	00:54:51	5:30	SENIOR	365	54
413	497	CRISTINA HERNÁNDEZ GARCÍA	f	BJ TRAINERS	00:55:17	00:28:03.000	00:54:56	5:31	MASTER2	48	19
414	430	CHEFA CAJUSO BARBAZAN	f	CLUB ATLETISMO NEGREIRA	00:55:42	00:28:13.000	00:55:23	5:34	MASTER3	49	7
415	412	JESUS MANUEL LÓPEZ FANDIÑO	m	INDEPENDIENTE	00:55:57	00:28:06.000	00:55:36	5:35	MASTER2	366	144
416	415	RAFA IGLESIAS BELLO	m		00:56:01	00:26:43.000	00:55:49	5:36	MASTER2	367	145



### CLASIFICACIÓN CARREIRA ABSOLUTA

PTO	DOR	NOMBRE	SEXO	CLUB	T.OFICIAL	T.KM 5	T.NETO	RITMO	CATEGORÍA	P. SEX	P.CAT
417	434	BERNICE FINN KIERAN	f	CA MILLARRAIO	00:56:02	00:28:13.000	00:55:39	5:36	MASTER3	50	8
418	432	GEMA ROO MAROÑAS	f		00:56:03	00:28:12.000	00:55:46	5:36	SUB 23	51	1
419	446	GONZALO CAO ESPIDO	m		00:56:06	00:28:40.000	00:55:49	5:36	MASTER2	368	146
420	489	MARIA FE GARCÍA GÓMEZ	f	C.A. MILLARRAIO	00:56:20	00:28:13.000	00:55:56	5:37	MASTER2	52	20
421	440	JOSE MANUEL MANEIRO ALVITE	m		00:56:31	00:28:18.000	00:56:05	5:39	MASTER2	369	147
422	428	MARÍA DEL CARMEN RODRÍGUEZ DEL RÍO	f	ATLETISMO MILLADOIRO	00:57:10	00:27:22.000	00:56:54	5:42	MASTER4	53	1
423	462	XESÚS CARRO	m	INDEPENDIENTE	00:57:42	00:29:41.000	00:57:15	5:46	MASTER3	370	67
424	419	JUAN ANTONIO CAÑIZO FRAGA	m		00:57:42	00:29:41.000	00:57:15	5:46	MASTER2	371	148
425	393	ISIS SAINZ TRESGUERRAS	f	ATLETISMO SAR - VERMÚ PETRONI	00:58:03	00:28:25.000	00:57:42	5:48	MASTER2	54	21
426	416	SONIA CAMBON ESPARIS	f		00:58:06	00:28:56.000	00:57:39	5:48	MASTER2	55	22
427	374	MANUEL MALLON SANDE	m		00:58:06	00:28:56.000	00:57:40	5:48	MASTER2	372	149
428	445	MERCEDES DE LA FUENTE IGLESIAS	f	CLUB ATLETISMO O PINO	00:58:26	00:28:46.000	00:58:08	5:50	MASTER3	56	9
429	486	SALOMÉ MIRAMONTES MIRÁS	f		00:59:13	00:29:45.000	00:58:48	5:55	MASTER1	57	13
430	431	ALBA GONZALEZ OVIEDO	f	MGM	00:59:27	00:29:21.000	00:59:11	5:56	SENIOR	58	8
431	418	JOSÉ LUIS LEON LOPEZ	m		01:00:23	00:29:50.000	01:00:00	6:02	MASTER4	373	20
432	439	MARIA ANDRADE LAGO	f	A. D. OLIMPIA	01:00:41	00:30:26.000	01:00:16	6:04	MASTER2	59	23
433	408	MARIO RODRIGUEZ ABOY	m		01:01:24	00:28:58.000	01:01:05	6:08	MASTER1	374	74
434	442	CELIA GONZÁLEZ-ELIPE LECHUGA	f		01:02:09	00:31:50.000	01:01:55	6:12	MASTER3	60	10
435	447	LAURA GONZÁLEZ-ELIPE LECHUGA	f		01:02:42	00:31:46.000	01:02:18	6:16	MASTER2	61	24
436	367	MANUEL BARBEITO GARCIA	m		01:03:49	00:28:53.000	01:03:32	6:22	SENIOR	375	55
437	493	DANIELA CAROLINA MERMET AMUCHASTEGUI	f	BJ TRAINERS	01:04:08	00:31:35.000	01:03:46	6:24	MASTER1	62	14
438	411	JOSE DOMINGUEZ SENRA	m		01:05:57	00:32:19.000	01:05:49	6:35	MASTER4	376	21
439	443	ANA ALBAN SALGADO	f	MILLARRAIO	01:05:57	00:32:30.000	01:05:34	6:35	MASTER3	63	11
440	506	ÓSCAR CAAMAÑO	m	INDEPENDIENTE	01:07:31	00:35:56.000	01:07:09	6:45	MASTER1	377	75
441	504	ERIK PEÑA CALVO	m	INDEPENDIENTE	01:07:37	00:35:57.000	01:07:15	6:45	SENIOR	378	56
442	478	JOSE MANUEL REY RODRIGUEZ	m	CLUB TRIATLON COMPOSTELA	01:09:59	00:32:43.000	01:09:33	6:59	MASTER3	379	68
443	438	ELVIRA TRESGUERRAS GONZÁLEZ	f	ATLETISMO SAR - VERMÚ PETRONI	01:21:42	00:41:48.000	01:21:18	8:10	MASTER4	64	2
DSQ	378	PABLO GOMEZ GOMEZ	m	PAVIMENTOS NOIA	00:40:07	00:19:58.000	00:40:00	4:00	MASTER1	-1	-1
DNF	13	DANIEL BECERRA RODRIGUEZ	m	NOITEBRA FC	00:22:43	00:19:30.000	00:22:40	2:16	MASTER3	-1	-1



### CLASIFICACIÓN EQUIPOS

#### 1º - ATLETISMO SAR - VERMÚ PETRONI

PTO	DOR	NOMBRE	TIEMPO
6	12	RICARDO LEÓN VIÑAS	00:33:35
7	9	RUBEN CAAMAÑO NIETO	00:33:41
10	20	RUBEN INSUA DIAZ	00:33:44
12	19	JOSE MARIA SANCHEZ SAN LUIS	00:34:13
13	16	ROBERTO C. AGRELO GÓMEZ	00:34:21
15	25	CARLOS JUANATEY GARCIA	00:34:35
22	18	JOSÉ ANTONIO GOMEZ RIOS	00:35:18
29	22	JOSE SUAREZ LEIS	00:36:15
31	33	ALBERTO RODRÍGUEZ PÉREZ	00:36:21
34	21	SAMUEL SABORIDO SOÑORA	00:36:28

**TOTAL PUNTOS**                      **179**

#### 2º - CLUB ATLETISMO O PINO

PTO	DOR	NOMBRE	TIEMPO
2	1	MANUEL ÁNGEL PENAS BLANCO	00:30:23
8	14	JUAN ALVAREZ CURES	00:33:43
17	15	ALBERTO CAROU CARRIL	00:34:46
23	47	CARLOS FRAGA ADRIO	00:35:46
43	77	MARCIAL ANIBAL BARCA ESPAÑA	00:37:00
60	51	ANTONIO VÁZQUEZ TOURÓN	00:37:39
89	34	IVÁN PABLO SANMARTÍN CARREIRA	00:38:53
90	80	JUAN CARLOS MARTINEZ VALVERDE	00:38:53
165	104	NATALIA RIVAS SUAREZ	00:41:56
222	252	EMILIO BRUN VAZQUEZ	00:44:26

**TOTAL PUNTOS**                      **719**

#### 3º - TAMBRE BIKE&RUNNING

PTO	DOR	NOMBRE	TIEMPO
3	3	NUNO COSTA	00:30:44
28	24	ALEXANDRE FERNÁNDEZ TOJO	00:36:10
35	45	PABLO MOSQUERA DONO	00:36:34
49	87	MANUEL COSTA CASTRO	00:37:13
59	57	DAVID SENRA MARTINEZ	00:37:38
73	145	XABIER CASTRO FERNÁNDEZ	00:38:21
95	86	JUAN RAMÓN FERREIRO LÓPEZ	00:39:04
106	97	ROBERTO SENRA ALVAREZ	00:39:29
177	464	JESUS ( ZUBI.) GARCIA PENA	00:42:42
192	223	OSCAR CASAS COUSELO	00:43:31

**TOTAL PUNTOS**                      **817**



#### 4º - ATLETISMO MILLADOIRO

<b>PTO</b>	<b>DOR</b>	<b>NOMBRE</b>	<b>TIEMPO</b>
41	36	SANTIAGO BREA SÁNCHEZ	00:36:52
55	43	ANGEL JOSE RODRIGUEZ LOPEZ	00:37:31
77	79	ADRIÁN SÁNCHEZ VÁZQUEZ	00:38:31
98	40	ALFONSO TOIMIL CASTRO	00:39:23
103	149	FRANCISCO JOSE CUENCA GARCIA	00:39:26
111	162	JOSE MANUEL PAJARO SALAGRE	00:39:40
123	62	JOSÉ MANUEL MARTÍNEZ OTERO	00:40:12
221	303	NATALIA LORENZO PÉREZ	00:44:26
224	215	RAMÓN SUÁREZ GÓMEZ	00:44:29
323	357	JOSE ARUFE QUINTELA	00:49:30

**TOTAL PUNTOS**            **1376**

#### 5º - NOITEBRA FC

<b>PTO</b>	<b>DOR</b>	<b>NOMBRE</b>	<b>TIEMPO</b>
20	35	JOSE CARLOS BUJAN OTERO	00:35:11
56	52	ÓSCAR VALLE LÓPEZ	00:37:32
58	93	RAFAEL CABO	00:37:36
129	156	FRANCISCO JAVIER CEPEDA GACIO	00:40:43
137	85	EFRÉN CAPELO VIEITES	00:41:07
210	106	MARÍA TARRIO MARTÍNEZ	00:44:03
256	259	ALFONSO RODRIGUEZ FRAMIL	00:46:02
293	302	FRANCISCO MOURE CAÑETE	00:47:52
299	381	ANGEL MUNIN OTERO	00:48:18
343	508	MARIA CODESIDO MONTOIRO	00:50:36

**TOTAL PUNTOS**            **1801**



### CLASIFICACIÓN CARREIRA SUB 18

PTO	DOR	NOMBRE	SEXO	CLUB	T.OFICIAL	T.NETO	RITMO	CATEGORÍA	P. SEX	P.CAT
1	116	PABLO DÍAZ OÍZA	m	CLUB ATLETISMO MILLARAIO	00:17:51	00:17:51	3:23	SUB 18	1	-1
2	110	JUAN REY OLVEIRA	m	SAN PAIO	00:18:46	00:18:45	3:34	SUB 18	2	-1
3	111	ANTÓN RIVEIRO ALONSO	m	CLUB ATLETISMO MILLARAIO	00:19:58	00:19:57	3:48	SUB 18	3	-1
4	122	ÓSCAR PARENTE TURNES	m	CLUB ATLETISMO NEGREIRA	00:20:22	00:20:19	3:52	SUB 18	4	1
5	128	LUIS GUILBERT PÉREZ	m	CLUB DE PIRAGÜISMO RIBEIRAS DO TAMBRE TERNERA GALLEGA	00:20:44	00:20:44	3:56	SUB 18	5	2
6	112	ÁLVARO RODILES LAGO	m	CLUB ATLETISMO MILLARAIO	00:22:52	00:22:50	4:21	SUB 18	6	3
7	135	ÓSCAR PAZ LUEIRO	m	INDEPENDIENTE	00:25:18	00:25:17	4:49	SUB 18	7	4
8	125	BERNABE PAÍS GONZÁLEZ	m	CLUB DE PIRAGÜISMO RIBEIRAS DO TAMBRE TERNERA GALLEGA	00:25:27	00:25:18	4:50	SUB 18	8	5
9	127	SARA LOUGZILI TALAA	f	CLUB ATLETISMO NEGREIRA	00:29:17	00:29:14	5:34	SUB 18	1	-1
10	126	ALICIA MEDINA CARRIL	f	CLUB DE PIRAGÜISMO RIBEIRAS DO TAMBRE TERNERA GALLEGA	00:31:03	00:30:37	5:54	SUB 18	2	-1
11	123	LAURA ARDIONS OTERO	f	CLUB DE PIRAGÜISMO RIBEIRAS DO TAMBRE TERNERA GALLEGA	00:32:01	00:31:36	6:05	SUB 18	3	-1



### CLASIFICACIÓN CARREIRA SUB 16 - SUB 14

PTO	DOR	NOMBRE	SEXO	CLUB	T.OFICIAL	T.NETO	RITMO	CATEGORÍA	P. SEX	P.CAT
1	645	ÁLEX VALIÑO RODRÍGUEZ	m	TRIATLÓN BOIRO	00:06:23	00:06:23	3:11	SUB 16	1	1
2	668	VICTOR RAMOS SAMBADE	m	TRIKI TEAM	00:06:26	00:06:24	3:12	SUB 16	2	2
3	666	JUAN CAÑIZO GONZÁLEZ-ELIPE	m		00:06:35	00:06:33	3:17	SUB 16	3	3
4	1094	Yago Iglesias Turnes	m		00:06:36	00:06:36	3:17	SUB 14	4	1
5	663	ANDRES LIRES SABORIDO	m	CLUB ATLETISMO NOIA	00:06:37	00:06:36	3:18	SUB 16	5	4
6	656	DUARTE FERNANDEZ PIÑEIRO	m	CLUB ATLETISMO NOIA	00:06:38	00:06:38	3:18	SUB 16	6	5
7	713	ALEX AYASO PARADA	m	SANTA UXIA ATLETISMO	00:06:48	00:06:48	3:23	SUB 14	7	2
8	741	JUAN PAZÓ FERNANDEZ	m	CLUB ATLETISMO NOIA	00:06:50	00:06:50	3:24	SUB 14	8	3
9	608	DEGNESH MATO GÓMEZ	f	CLUB ATLETISMO MILLARAIO	00:06:51	00:06:51	3:25	SUB 16	1	1
10	647	GONZALO CAO BLANCO	m	CLUB TRIATLON ARCADE INFORHOUSE SANTIAGO	00:06:53	00:06:53	3:26	SUB 16	9	6
11	702	LUCAS DAGNAC LLOMPART	m	CLUB ATLETISMO MILLARAIO	00:06:57	00:06:57	3:28	SUB 14	10	4
12	621	IAGO CID CABEZAS	m	CLUB ATLETISMO MILLARAIO	00:06:58	00:06:58	3:28	SUB 16	11	7
13	618	MANUEL LABELLA BLANCO	m	CLUB ATLETISMO MILLARAIO	00:06:58	00:06:57	3:28	SUB 16	12	8
14	704	ALEJANDRO JIMÉNEZ RIVAS	m	CLUB ATLETISMO MILLARAIO	00:07:00	00:06:57	3:29	SUB 14	13	5
15	744	ABEL VILA MARÍÑO	m	CLUB ATLETISMO NOIA	00:07:02	00:07:02	3:30	SUB 14	14	6
16	748	AINARA FERNANDEZ RIVADENEIRA	f	CLUB ATLETISMO NOIA	00:07:03	00:07:02	3:31	SUB 14	2	1
17	669	ALEJANDRA FORMOSO RECAREY	f	TRIKI TEAM	00:07:09	00:07:08	3:34	SUB 16	3	2
18	735	IRENE FERNANDEZ SOTELO	f	CLUB ATLETISMO NOIA	00:07:12	00:07:12	3:35	SUB 14	4	2
19	638	MARTÍN ANTELO CAAMAÑO	m	CLUB DE PIRAGÜISMO RIBEIRAS DO TAMBRE TERNERA GALLEGA	00:07:14	00:07:14	3:36	SUB 16	15	9
20	696	ADRIÁN SESAR MIGUEZ	m	CLUB ATLETISMO MILLARAIO	00:07:15	00:07:15	3:37	SUB 14	16	7
21	724	MATEO SILVA SUAREZ	m	TRIATHLON BOIRO	00:07:16	00:07:16	3:37	SUB 14	17	8
22	674	RAMÓN GONZÁLEZ PAIS	m	CLUB ATLETISMO NOIA	00:07:22	00:07:20	3:40	SUB 16	18	10
23	607	VALERIA BATIRE GURIDI DIÉGUEZ	f	CLUB ATLETISMO MILLARAIO	00:07:23	00:07:23	3:41	SUB 16	5	3
24	683	ARON LORENZO GONZALEZ	m	OLIMPICO DE VEDRA	00:07:25	00:07:25	3:42	SUB 14	19	9
25	646	NICOLAS FIGUEROA CARRIL	m	CORUÑA COMARCA	00:07:25	00:07:22	3:42	SUB 16	20	11
26	709	JAVIER ARES REY	m		00:07:27	00:07:24	3:43	SUB 14	21	10
27	641	UXÍO MUÑOZ RIELO	m		00:07:29	00:07:29	3:44	SUB 16	22	12
28	616	DANIEL BOUZAS GONZÁLEZ	m	CLUB ATLETISMO MILLARAIO	00:07:30	00:07:26	3:44	SUB 16	23	13
29	654	MANUEL IGLESIAS FILGUEIRA	m	CLUB ATLETISMO NOIA	00:07:30	00:07:28	3:44	SUB 16	24	14
30	752	ALEXIA RAMA LADO	f	TRIKI TEAM	00:07:33	00:07:33	3:46	SUB 14	6	3
31	699	LUCAS PENA CARRACEDO	m	CLUB ATLETISMO MILLARAIO	00:07:35	00:07:32	3:47	SUB 14	25	11
32	632	DIEGO PALMAS LOUZAO	m	OPINO	00:07:35	00:07:35	3:47	SUB 16	26	15
33	629	SOFÍA CAMPOS ARES	f	CLUB ATLETISMO MILLARAIO	00:07:35	00:07:34	3:47	SUB 16	7	4
34	766	RODRIGO MARTÍNEZ GARCÍA	m	O4S RUTAS-BIKE	00:07:37	00:07:35	3:48	SUB 14	27	12
35	723	DIEGO LAMAS IGLESIAS	m		00:07:40	00:07:39	3:49	SUB 14	28	13
36	715	SONIA CANOSA GARCÍA	f	A.D.OLIMPIA	00:07:41	00:07:40	3:50	SUB 14	8	4
37	661	ENARA LOURO CASTROAGUDIN	f	CLUB ATLETISMO NOIA	00:07:42	00:07:40	3:50	SUB 16	9	5
38	728	ANTÓN GONZÁLEZ GARCÍA	m		00:07:42	00:07:42	3:50	SUB 14	29	14
39	631	ROI MANTEIGA CASTAÑO	m	CLUB ATLETISMO MILLARAIO	00:07:43	00:07:41	3:51	SUB 16	30	16
40	746	MARTINA GONZALEZ CIERTO	f	CLUB ATLETISMO NOIA	00:07:45	00:07:43	3:52	SUB 14	10	5
41	764	ALEJANDRO BESADA DUARTE	m	O4S RUTAS BIKE	00:07:46	00:07:43	3:52	SUB 14	31	15
42	753	MARIA FERNANDEZ MARTINEZ	f	TRIKI TEAM	00:07:46	00:07:44	3:52	SUB 14	11	6
43	721	NICOLÁS PAIS MOSQUERA	m	CLUB TRIATLON ARCADE INFORHOUSE SANTIAGO	00:07:46	00:07:46	3:52	SUB 14	32	16
44	714	IVAN REY CANDAL	m	CLUB TRIATLON ARCADE INFORHOUSE SANTIAGO	00:07:46	00:07:45	3:52	SUB 14	33	17
45	649	ANDREA GOMEZ TUBIO	f	CLUB ATLETISMO NOIA	00:07:46	00:07:46	3:52	SUB 16	12	6
46	633	CARLA MAGARIÑOS LODEIRO	f	ATLETISMO +9 MORANA	00:07:47	00:07:46	3:53	SUB 16	13	7

### CLASIFICACIÓN CARREIRA SUB 16 - SUB 14

PTO	DOR	NOMBRE	SEXO	CLUB	T.OFICIAL	T.NETO	RITMO	CATEGORÍA	P. SEX	P.CAT
47	670	ROSANA FERNANDEZ MARTINEZ	f	TRIKI TEAM	00:07:47	00:07:46	3:53	SUB 16	14	8
48	760	HUGO ESTÉVEZ VÁZQUEZ	m	AMES ATLETISMO	00:07:47	00:07:46	3:53	SUB 14	34	18
49	671	IAGO MARTÍNEZ FUNES	m		00:07:48	00:07:48	3:53	SUB 16	35	17
50	759	LUCAS RIBÓ MIGUEL	m	CLUB TRIATLON COMPOSTELA	00:07:51	00:07:51	3:55	SUB 14	36	19
51	658	AMAIA BALDERRABANO ARRONIZ	f	CLUB ATLETISMO NOIA	00:07:51	00:07:50	3:55	SUB 16	15	9
52	698	NOEL FERRACES DELGADO	m	CLUB ATLETISMO MILLARAO	00:07:52	00:07:49	3:55	SUB 14	37	20
53	680	SERGIO SENRA BARRANTES	m	TAMBRE BIKE&RUNNING	00:07:54	00:07:52	3:56	SUB 14	38	21
54	664	PAULA IGLESIAS FILGUEIRA	f	CLUB ATLETISMO NOIA	00:07:55	00:07:53	3:57	SUB 16	16	10
55	710	ÁLEX GUILLAMET COTELO	m	AMES ATLETISMO	00:08:04	00:08:01	4:01	SUB 14	39	22
56	718	JULIAN PENEDO RIAL	m	INDEPENDIENTE	00:08:05	00:08:01	4:02	SUB 14	40	23
57	689	ALVARO FRANÇOS MARTINEZ	m	CLUB ATLETISMO MILLARAO	00:08:06	00:08:03	4:02	SUB 14	41	24
58	673	ARARAT PAZOS MEIXUS	f		00:08:06	00:08:05	4:02	SUB 16	17	11
59	648	MATEO POSSE CONDE	m	AMES ATLETISMO	00:08:06	00:08:05	4:02	SUB 16	42	18
60	603	FEDERICO GARCIA INSAURRALDE	m	CLUBE ESCOLA DE ATLETISMO DEZA	00:08:07	00:08:04	4:03	SUB 16	43	19
61	628	MATÍAS BARCA ARIAS	m	CLUB ATLETISMO MILLARAO	00:08:09	00:08:07	4:04	SUB 16	44	20
62	615	PABLO CRESPO COSTA	m	CLUB ATLETISMO MILLARAO	00:08:11	00:08:11	4:05	SUB 16	45	21
63	691	NOA PIÑEIRO ROMERO	f	CLUB ATLETISMO MILLARAO	00:08:11	00:08:09	4:05	SUB 14	18	7
64	738	LUCIA MAREQUE ARESTIÑO	f	CLUB ATLETISMO NOIA	00:08:11	00:08:10	4:05	SUB 14	19	8
65	749	ESTELA FERNANDEZ PIÑEIRO	f	CLUB ATLETISMO NOIA	00:08:15	00:08:12	4:07	SUB 14	20	9
66	681	MARTIN LOIS FERNANDEZ	m	INDEPENDIENTE	00:08:16	00:08:13	4:07	SUB 14	46	25
67	659	BRAIS IGLESIAS FILGUEIRA	m	CLUB ATLETISMO NOIA	00:08:16	00:08:14	4:07	SUB 16	47	22
68	614	SALOMÉ SEGADE BUIDE	f	CLUB ATLETISMO MILLARAO	00:08:16	00:08:15	4:07	SUB 16	21	12
69	642	IVAN GONZÁLEZ DIOS	m	ATLETISMO SAR VERMÚ PETRONI	00:08:19	00:08:15	4:09	SUB 16	48	23
70	726	PABLO VIZCAYA SANLUIS	m	O4S RUTAS BIKE	00:08:19	00:08:17	4:09	SUB 14	49	26
71	114	Alfonso Labella Blanco	m	CLUB ATLETISMO MILLARAO	00:08:21	00:08:19	4:10	SUB 14	50	27
72	610	DIEGO LIÑARES ROSENDE	m	CLUB ATLETISMO MILLARAO	00:08:22	00:08:22	4:10	SUB 16	51	24
73	684	NEREA MARTNEZ NAVEIRO	f	CLUB ATLETISMO O PINO	00:08:23	00:08:21	4:11	SUB 14	22	10
74	722	ADRIÁN RAPOSO FERNÁNDEZ	m	ATLETISMO SAR VERMÚ-PETRONI	00:08:24	00:08:22	4:11	SUB 14	52	28
75	757	XAVIER QUINTELA DURO	m	INDEPENDIENTE	00:08:28	00:08:24	4:13	SUB 14	53	29
76	708	ÁLEX PAÍS DOSIL	m		00:08:28	00:08:25	4:13	SUB 14	54	30
77	717	XOANA MÉNDEZ GONZÁLEZ	f	ADM CUNTIS	00:08:31	00:08:28	4:15	SUB 14	23	11
78	690	CAROLINA DÍAZ OÍZA	f	CLUB ATLETISMO MILLARAO	00:08:32	00:08:29	4:15	SUB 14	24	12
79	755	ALEXANDRE PAZ BUELA	m	O4S RUTAS BIKE	00:08:33	00:08:28	4:16	SUB 14	55	31
80	627	MARIA DANS ROSENDE	f	CLUB ATLETISMO MILLARAO	00:08:43	00:08:40	4:21	SUB 16	25	13
81	625	JIMENA PEREZ BESADA	f	CLUB ATLETISMO MILLARAO	00:08:43	00:08:42	4:21	SUB 16	26	14
82	697	MARIO PEDROSA FINN	m	CLUB ATLETISMO MILLARAO	00:08:46	00:08:43	4:22	SUB 14	56	32
83	637	MARIÑA REY MIGUENS	f	ATLETISMO SAR - VERMÚ PETRONI	00:08:47	00:08:47	4:23	SUB 16	27	15
84	701	IRENE RODILES LAGO	f	CLUB ATLETISMO MILLARAO	00:08:52	00:08:51	4:25	SUB 14	28	13
85	688	CELIA GÓMEZ GARCÍA	f	CLUB ATLETISMO MILLARAO	00:08:53	00:08:49	4:26	SUB 14	29	14
86	705	AMALIA AREÑAS YUSTY	f	CLUB ATLETISMO MILLARAO	00:08:53	00:08:51	4:26	SUB 14	30	15
87	711	ROCCO ESTEBAN SANCHEZ - PUGA	m	CLUB DE PIRAGÜISMO RIBEIRAS DO TAMBRE TERNERA GALLEGA	00:08:55	00:08:55	4:27	SUB 14	57	33
88	695	PABLO CARIÑENA LÓPEZ	m	CLUB ATLETISMO MILLARAO	00:08:57	00:08:53	4:28	SUB 14	58	34
89	686	PABLO LEIVA MARTÍNEZ	m	CLUB ATLETISMO MILLARAO	00:08:58	00:08:53	4:28	SUB 14	59	35
90	730	ADA RODRÍGUEZ AUTRAN	f	ATLETISMO SAR VERMÚ-PETRONI	00:08:58	00:08:56	4:28	SUB 14	31	16
91	694	BRAN LISTE BUJÁN	m	CLUB ATLETISMO MILLARAO	00:09:03	00:09:01	4:31	SUB 14	60	36
92	692	ANTÍA FIGUERAS FIDALGO	f	CLUB ATLETISMO MILLARAO	00:09:06	00:09:04	4:32	SUB 14	32	17

### CLASIFICACIÓN CARREIRA SUB 16 - SUB 14

PTO	DOR	NOMBRE	SEXO	CLUB	T.OFICIAL	T.NETO	RITMO	CATEGORÍA	P. SEX	P.CAT
93	729	NICOLÁS COLLAZO SANTAMARÍA	m	AMES ATLETISMO	00:09:10	00:09:09	4:34	SUB 14	61	37
94	639	LAURA AMADO MARTÍNEZ	f		00:09:12	00:09:10	4:35	SUB 16	33	16
95	712	CANDELA ESTEBAN SANCHEZ - PUGA	f	CLUB DE PIRAGÜISMO RIBEIRAS DO TAMBRE TERNERA GALLEGA	00:09:12	00:09:10	4:35	SUB 14	34	18
96	644	ALDARA TUBIO SANTOS	f	INDEPENDIENTE	00:09:14	00:09:11	4:36	SUB 16	35	17
97	634	ICÍA FERNÁNDEZ FERREIRO	f	INDEPENDIENTE	00:09:18	00:09:15	4:38	SUB 16	36	18
98	678	SANDRA RILO TEIXEIRA	f	CLUB ATLETISMO O PINO	00:09:25	00:09:23	4:42	SUB 14	37	19
99	693	LUCÍA BALUJA BUJÁN	f	CLUB ATLETISMO MILLARAIO	00:09:28	00:09:24	4:43	SUB 14	38	20
100	622	ÁNGELA EIRAS REY	f	CLUB ATLETISMO MILLARAIO	00:09:32	00:09:29	4:45	SUB 16	39	19
101	733	ANTÍA BLANCO VILLAVERDE	f	INDEPENDIENTE	00:09:40	00:09:36	4:49	SUB 14	40	21
102	612	IRENE ALONSO GAMARRA	f	CLUB ATLETISMO MILLARAIO	00:09:53	00:09:50	4:56	SUB 16	41	20
103	703	MARTA SANTÍSIMA TRINIDAD ALBERTI	f	CLUB ATLETISMO MILLARAIO	00:10:01	00:09:57	5:00	SUB 14	42	22
104	700	MARINA SÁNCHEZ AREOSO	f	CLUB ATLETISMO MILLARAIO	00:10:08	00:10:04	5:03	SUB 14	43	23
105	640	ALEJANDRA CANOSA GARCÍA	f	A.D.OLIMPIA	00:10:08	00:10:05	5:03	SUB 16	44	21
106	679	GONZALO AGUÍN LIMÓN	m	AMES ATLETISMO	00:10:09	00:10:07	5:04	SUB 14	62	38
107	609	SARA LEMA SEOANE	f	CLUB ATLETISMO MILLARAIO	00:10:13	00:10:10	5:06	SUB 16	45	22
108	605	LÚA ARDIÓNS LIÑARES	f		00:10:13	00:10:10	5:06	SUB 16	46	23
109	761	MARIÑA FORMOSO PÉREZ	f	INDEPENDIENTE	00:10:14	00:10:09	5:06	SUB 14	47	24
110	731	ABEL OLIVEIRA CRISTOBO	m		00:10:29	00:10:24	5:14	SUB 14	63	39
111	672	ANGELICA RODRIGUEZ CARBALLO	f	INDEPENDIENTE	00:14:26	00:14:23	7:12	SUB 16	48	24
112	762	ALBA PEDROSA GARCIA	f		00:14:27	00:14:23	7:13	SUB 14	49	25

### CLASIFICACIÓN CARREIRA SUB 12

PTO	DOR	NOMBRE	SEXO	CLUB	LOCALIDAD	T.OFICIAL	T.NETO	RITMO	CATEGORÍA	P. SEX	P.CAT
1	831	HUGO DOMÍNGUEZ JUNCAL	m		BUEU (CASCO URBANO)	00:03:43	00:03:43	3:42	SUB 12	1	1
2	775	IAGO RIVEIRO OUBIÑA	m		XIL (SANTA EULALIA)	00:03:46	00:03:46	3:45	SUB 12	2	2
3	845	ALEJANDRO COUSELO FERNANDEZ	m		ORDENES	00:03:49	00:03:49	3:48	SUB 12	3	3
4	860	LUA ARUFE CALO	f		NOIA	00:03:51	00:03:51	3:50	SUB 12	1	1
5	920	MARÍA ESTÉVEZ VÁZQUEZ	f		BERTAMIRANS (AMES)	00:03:57	00:03:57	3:56	SUB 12	2	2
6	798	NUNO CASTRO ALBÁN	m		AMES	00:04:00	00:04:00	3:59	SUB 12	4	4
7	820	GAEL PIÑEIRO FREIRE	m		ORTOÑO (AMES)	00:04:01	00:03:58	4:00	SUB 12	5	5
8	861	DANIELA RAMA FIGUEIRAS	f		NOIA	00:04:01	00:04:00	4:00	SUB 12	3	3
9	780	IVÁN CASAS FERNÁNDEZ	m		OROSO (SAN MARTIÑO)	00:04:01	00:03:59	4:00	SUB 12	6	6
10	824	IKER AYASO PARADA	m		SANTA UXIA DE RIBEIRA	00:04:05	00:04:05	4:04	SUB 12	7	7
11	859	IRENE RIVEIRO LEON	f		NOIA	00:04:06	00:04:06	4:05	SUB 12	4	4
12	863	LUCIA SALANOVA LISTE	f		NOIA	00:04:06	00:04:06	4:05	SUB 12	5	5
13	878	LOIS VILLAVARDE GUETO	m		NOIA	00:04:07	00:04:07	4:06	SUB 12	8	8
14	800	ADRIÁN MATOS RAMÍREZ	m		AMES	00:04:10	00:04:08	4:09	SUB 12	9	9
15	835	ANXO DELGADO LORE4NZO	m		ROCHA VELLA, A (SANTA MARIA DE CONXO-SANTIAGO)	00:04:10	00:04:09	4:09	SUB 12	10	10
16	787	NADIR MOREIRA GÓMEZ	m		AMES	00:04:11	00:04:11	4:10	SUB 12	11	11
17	908	PABLO PAZ EZARA	m		TREMO, O (SANTA MARIA DOS ANXELES-BRION)	00:04:13	00:04:11	4:12	SUB 12	12	12
18	806	CARLOS ALVAREZ PEREZ	m		SANTIAGO DE COMPOSTELA	00:04:14	00:04:11	4:13	SUB 12	13	13
19	814	IVAN ALVAREZ PEREZ	m		ROXOS (SANTA MARIA DE VILLESTRO-SANTIAGO)	00:04:16	00:04:13	4:15	SUB 12	14	14
20	877	JOSE MANUEL ARUFE GONZALEZ	m		NOIA	00:04:16	00:04:14	4:15	SUB 12	15	15
21	773	MARTÍN FERREIRO VIDAL	m		SANTIAGO DE COMPOSTELA	00:04:17	00:04:14	4:16	SUB 12	16	16
22	902	EVA FORMOSO RECAREY	f		SERRES	00:04:17	00:04:17	4:16	SUB 12	6	6
23	789	ARIADNA GOMEZ VARELA	f		TEO	00:04:18	00:04:17	4:17	SUB 12	7	7
24	904	TANIA LÓPEZ PAZOS	f		NARON	00:04:18	00:04:18	4:17	SUB 12	8	8
25	788	DAVID MORENO MARTÍN	m		AMES	00:04:18	00:04:18	4:17	SUB 12	17	17
26	808	MATEO DAGNAC LLOMPART	m		SANTIAGO DE COMPOSTELA	00:04:19	00:04:17	4:18	SUB 12	18	18
27	833	MARÍA CAMBA VÁZQUEZ	f		CORVEIRA, A (RUTIS)	00:04:22	00:04:21	4:21	SUB 12	9	9
28	856	LUCAS MARINO PEÓN	m		NOIA	00:04:28	00:04:27	4:27	SUB 12	19	19
29	886	NEREA LAREO BARROSO	f		NOIA	00:04:29	00:04:28	4:28	SUB 12	10	10
30	914	HÉCTOR MÉNDEZ PUENTES	m		BERTAMIRANS (AMES)	00:04:29	00:04:28	4:28	SUB 12	20	20
31	784	LORENA PEGITO PACHECO	f		TOURO	00:04:29	00:04:29	4:28	SUB 12	11	11
32	772	IKER RAMIREZ PORTO	m		BRIONGOS DE CERVERA	00:04:33	00:04:30	4:32	SUB 12	21	21
33	782	AMANDA FERNANDEZ VAZQUEZ	f		BERTAMIRANS (AMES)	00:04:34	00:04:32	4:33	SUB 12	12	12
34	803	JORGE GARCIA GUERRA	m		SANTIAGO DE COMPOSTELA	00:04:34	00:04:34	4:33	SUB 12	22	22
35	793	MATEO ÓNEGA OTERO	m		AMES	00:04:34	00:04:34	4:33	SUB 12	23	23
36	876	SIMON CANLE INSUA	m		NOIA	00:04:35	00:04:33	4:34	SUB 12	24	24
37	841	PEDRO VARELA PALACIOS	m		GUIMARANS (SAN PEDRO DE BUGALLIDO-AMES)	00:04:35	00:04:34	4:34	SUB 12	25	25
38	829	ANTÓN FAGÚNDEZ AGUILAR	m		ROXOS (SANTA MARIA DE VILLESTRO-SANTIAGO)	00:04:35	00:04:35	4:34	SUB 12	26	26
39	896	HUGO SANTAMARINA PEREZ	m		ORTOÑO (AMES)	00:04:36	00:04:35	4:35	SUB 12	27	27
40	801	MANUEL FERNÁNDEZ REY	m		AMES	00:04:36	00:04:34	4:35	SUB 12	28	28
41	812	CAROLINA MUÑOZ ROMERO	f		ALQUEIDON	00:04:36	00:04:36	4:35	SUB 12	13	13
42	805	MATEO GONZÁLEZ MAHÍA	m		SANTIAGO DE COMPOSTELA	00:04:37	00:04:36	4:36	SUB 12	29	29
43	804	LUCAS FRANCOS MARTÍNEZ	m		AMES	00:04:39	00:04:39	4:38	SUB 12	30	30
44	926	ALEX ZARAUZA VILLAVARDE	f		BERTAMIRANS	00:04:40	00:04:38	4:39	SUB 12	14	14
45	837	XOEL VILAR CASTRO	m		ORTOÑO (AMES)	00:04:41	00:04:38	4:40	SUB 12	31	31



### CLASIFICACIÓN CARREIRA SUB 12

PTO	DOR	NOMBRE	SEXO	CLUB	LOCALIDAD	T.OFICIAL	T.NETO	RITMO	CATEGORÍA	P. SEX	P.CAT
46	823	JESUS PATIÑO RIOS	m		SANTA UXIA DE RIBEIRA	00:04:41	00:04:41	4:40	SUB 12	32	32
47	884	NOA GOMEZ LEON	f		NOIA	00:04:42	00:04:40	4:41	SUB 12	15	15
48	810	LUCÍA LÓPEZ SANMARTÍN	f		SANTIAGO DE COMPOSTELA	00:04:44	00:04:42	4:43	SUB 12	16	16
49	795	UXÍA OTERO SÁNCHEZ	f		AMES	00:04:44	00:04:42	4:43	SUB 12	17	17
50	918	MANUEL ZARAUZA LOPEZ	m		BERTAMIRANS (AMES)	00:04:46	00:04:43	4:45	SUB 12	33	33
51	790	SARA TABOADA BURGOS	f		AMES	00:04:46	00:04:42	4:45	SUB 12	18	18
52	846	EIDAN BARRIO KYKER	m		ANXELES, OS (SANTA MARIA-BRION)	00:04:46	00:04:43	4:45	SUB 12	34	34
53	893	MIGUEL CAÑIZO GONZÁLEZ-ELIPE	m		ORTOÑO (AMES)	00:04:47	00:04:43	4:46	SUB 12	35	35
54	872	DANIELA RODRIGUEZ VARELA	f		NOIA	00:04:48	00:04:48	4:47	SUB 12	19	19
55	825	SIRA AYASO PARADA	f		SANTA UXIA DE RIBEIRA	00:04:48	00:04:46	4:47	SUB 12	20	20
56	809	OLALLA GIL ALONSO	f		AMES	00:04:49	00:04:47	4:48	SUB 12	21	21
57	819	UXÍO RUDIÑO LORENZO	m		BRION	00:04:51	00:04:50	4:50	SUB 12	36	36
58	915	PEDRO NGUYEN FANEGO ABRAIRA	m		ORTOÑO (AMES)	00:04:52	00:04:51	4:51	SUB 12	37	37
59	852	LUCAS POSSE CONDE	m		SANTIAGO DE COMPOSTELA	00:04:54	00:04:53	4:53	SUB 12	38	38
60	888	DARIO VIEITO BEN	m		PORTOMOIRO (VAL DO DUBRA)	00:04:55	00:04:55	4:54	SUB 12	39	39
61	850	LUCIA HERMIDA CABANA	f		BERTAMIRANS (AMES)	00:04:55	00:04:53	4:54	SUB 12	22	22
62	847	ARIANA COLLAZO SANTAMARÍA	f		ORTOÑO (AMES)	00:04:56	00:04:54	4:55	SUB 12	23	23
63	811	ANTIA RODRIGUEZ SANDE	f		ORTOÑO (SAN XOAN DE ORTOÑO-AMES)	00:04:56	00:04:55	4:55	SUB 12	24	24
64	802	SABELA JALLAS SUÁREZ	f		AMES	00:04:58	00:04:56	4:57	SUB 12	25	25
65	836	FABIO DAINI COMPANY	m		QUISTILANS (SAN PEDRO DE BUGALLIDO-AMES)	00:04:58	00:04:58	4:57	SUB 12	40	40
66	827	ANTÓN GÓMEZ ARNEJO	m		BERTAMIRANS (AMES)	00:05:00	00:05:00	4:59	SUB 12	41	41
67	791	MINIA FERRO PASCUAL	f		AMES	00:05:03	00:05:01	5:02	SUB 12	26	26
68	923	ANTIA GONZALEZ FUENTES	f		ORTOÑO (AMES)	00:05:06	00:05:06	5:05	SUB 12	27	27
69	894	ANTÍA RAMOS ALDREY	f		MILLADOIRO, O	00:05:09	00:05:09	5:08	SUB 12	28	28
70	916	AIRAS XUNCAL MARTÍNEZ	m		BERTAMIRANS (AMES)	00:05:11	00:05:10	5:10	SUB 12	42	42
71	890	PABLO HERNANDEZ REY	m		BERTAMIRANS (AMES)	00:05:13	00:05:09	5:12	SUB 12	43	43
72	879	MARIA TURNES ARIAS	f		NOIA	00:05:13	00:05:13	5:12	SUB 12	29	29
73	817	ANTÓN LÓPEZ PESQUEIRA	m		COVAS (SANTO ESTEVO)	00:05:13	00:05:11	5:12	SUB 12	44	44
74	839	CLARA SANTOS ARES	f		BERTAMIRANS (AMES)	00:05:15	00:05:13	5:14	SUB 12	30	30
75	794	LUCÍA MACHO TORRALBA	f		AMES	00:05:16	00:05:13	5:15	SUB 12	31	31
76	906	ELENA CARBALLO PAREDES	f		BERTAMIRANS (AMES)	00:05:17	00:05:17	5:16	SUB 12	32	32
77	857	NOEL CASARES PEDRIDE	m		IGLESIA (SANTO ESTEVO DE COVAS-AMES)	00:05:17	00:05:14	5:16	SUB 12	45	45
78	834	ANDRES VILLAVERDE BALIÑAS	m		BERTAMIRANS	00:05:19	00:05:17	5:18	SUB 12	46	46
79	848	Gael PENELA ROEL	m		ORTOÑO (AMES)	00:05:20	00:05:19	5:19	SUB 12	47	47
80	891	MATEO LOPEZ RODRIGUEZ	m		SANTIAGO DE COMPOSTELA	00:05:22	00:05:20	5:21	SUB 12	48	48
81	898	LUCIA NIETO GONZALEZ	f		BERTAMIRANS (AMES)	00:05:22	00:05:20	5:21	SUB 12	33	33
82	892	XURXO COUÑAGO ARUFE	m		BERTAMIRANS (AMES)	00:05:23	00:05:21	5:22	SUB 12	49	49
83	828	SIMÓN GÓMEZ ARNEJO	m		BERTAMIRANS (AMES)	00:05:28	00:05:25	5:27	SUB 12	50	50
84	843	SARAY GUILBERT PÉREZ	f		ALQUEIDON	00:05:30	00:05:30	5:29	SUB 12	34	34
85	783	BRUNO GARCIA JUEGUEN	m		GUITIANDE (SANTA MARIA DOS ANXELES-BRION)	00:05:30	00:05:28	5:29	SUB 12	51	51
86	830	PAULA NUÑEZ FERNÁNDEZ	f		BUGALLIDO (SAN PEDRO-AMES)	00:05:30	00:05:29	5:29	SUB 12	35	35
87	885	LUCIA OTERO DOSIL	f		NOIA	00:05:33	00:05:33	5:32	SUB 12	36	36
88	907	ALICIA GILETE RENDUELES	f		BERTAMIRANS	00:05:37	00:05:35	5:36	SUB 12	37	37
89	867	MARCO NUÑEZ SAAVEDRA	m		NOIA	00:05:38	00:05:37	5:37	SUB 12	52	52
90	786	COMBA VILAR CASTRO	f		ORTOÑO (AMES)	00:05:38	00:05:38	5:37	SUB 12	38	38

### CLASIFICACIÓN CARREIRA SUB 12

PTO	DOR	NOMBRE	SEXO	CLUB	LOCALIDAD	T.OFICIAL	T.NETO	RITMO	CATEGORÍA	P. SEX	P.CAT
91	832	LORENA PAÍS GONZÁLEZ	f		ORTOÑO (AMES)	00:05:38	00:05:38	5:37	SUB 12	39	39
92	909	CARLA GÓMEZ VILAS	f		BERTAMIRANS (AMES)	00:05:39	00:05:36	5:38	SUB 12	40	40
93	818	IRENE CASTRO DACUÑA	f		MILLADOIRO, O	00:05:40	00:05:37	5:39	SUB 12	41	41
94	887	XOEL DURAN FRAGA	m		ORTOÑO (AMES)	00:05:44	00:05:40	5:43	SUB 12	53	53
95	917	CLAUDIA ZARAUZA LOPEZ	f		BERTAMIRANS (AMES)	00:05:44	00:05:40	5:43	SUB 12	42	42
96	779	MATEO LENS MARTINEZ	m		OCA (SANTO TOME DE AMES-AMES)	00:05:45	00:05:42	5:44	SUB 12	54	54
97	842	ARTAI TUBIO SANTOS	m		IGLESIA (SANTO ESTEVO DE COVAS-AMES)	00:05:46	00:05:43	5:45	SUB 12	55	55
98	919	INES RAMA SILVA	f		BERTAMIRANS (AMES)	00:05:48	00:05:46	5:47	SUB 12	43	43
99	925	IAGO AGRA PEREZ	m		BERTAMIRANS	00:05:51	00:05:46	5:50	SUB 12	56	56
100	822	JORGE BEIRAS LÓPEZ	m		ALDEA NOVA (AMES)	00:05:55	00:05:54	5:54	SUB 12	57	57
101	815	LORENA QUÍNTELA GUTIERREZ	f		BERTAMIRANS (AMES)	00:05:59	00:05:56	5:58	SUB 12	44	44
102	813	IRIA RIIVEIRO FERNANDEZ	f		MILLADOIRO, O	00:06:03	00:06:02	6:02	SUB 12	45	45
103	910	FLAVIA RODRÍGUEZ RAMOS	f		ALDEA NOVA (AMES)	00:06:03	00:06:00	6:02	SUB 12	46	46
104	911	ANXO VILLANUEVA GIAO	m		ORTOÑO (AMES)	00:06:04	00:06:00	6:03	SUB 12	58	58
105	912	NOELA LOIS GÓMEZ	f		BERTAMIRANS (AMES)	00:06:04	00:06:01	6:03	SUB 12	47	47
106	840	SARA DOMINGUEZ RODRIGUEZ	f		SIGÜEIRO (OROSO)	00:06:05	00:06:02	6:04	SUB 12	48	48
107	913	ELISA MÉNDEZ PUENTES	f		BERTAMIRANS (AMES)	00:06:06	00:06:05	6:05	SUB 12	49	49
108	855	ANTÍA REY RUBIO	f		VENTOSA (COVAS-AMES)	00:06:08	00:06:07	6:07	SUB 12	50	50
109	922	DAVID PELLITERO REY	m		O MILLADOIRO (AMES)	00:06:12	00:06:10	6:11	SUB 12	59	59
110	889	SARA CONSTENLA MARTÍNEZ	f		ORTOÑO (AMES)	00:06:26	00:06:24	6:25	SUB 12	51	51
111	897	ELENA TEDIN COBAS	f		BERTAMIRANS (AMES)	00:06:29	00:06:25	6:28	SUB 12	52	52
112	854	SOFÍA TROITIÑO REBOREDO	f		ORTOÑO (AMES)	00:06:31	00:06:29	6:30	SUB 12	53	53
113	776	AMELIA ARNEJO FORJAN	f		BEMBIBRE	00:06:36	00:06:33	6:35	SUB 12	54	54
114	895	MATEO VIGO BRAVO	m		MILLADOIRO, O	00:06:45	00:06:44	6:44	SUB 12	60	60
115	927	HUGO ZARAUZA VILLAVERDE	f		BERTAMIRANS	00:06:48	00:06:47	6:47	SUB 12	55	55
116	792	ELBA CASAL ROMERO	f		AMES	00:06:51	00:06:47	6:50	SUB 12	56	56
117	921	PAULO MONTERO SANTOS	m		BERTAMIRANS (AMES)	00:06:51	00:06:49	6:50	SUB 12	61	61
118	929	ARANCHA RODILES LAGO	f		BERTAMIRANS	00:07:16	00:07:15	7:15	SUB 12	57	57
119	930	LYA PUENTE HERRERA	f		BERTAMIRANS	00:07:16	00:07:15	7:15	SUB 12	58	58
120	901	ESTELA GARCÍA FERNÁNDEZ	f		BERTAMIRANS (AMES)	00:07:24	00:07:24	7:23	SUB 12	59	59
121	899	RUBÉN GONZALEZ MAROÑAS	m		BERTAMIRANS (AMES)	00:07:31	00:07:27	7:30	SUB 12	62	62
122	821	LUCA GARCÍA BARRAN	m		BERTAMIRANS	00:07:34	00:07:31	7:33	SUB 12	63	63

## CLASIFICACIÓN CARREIRA SUB 10 FEMENINA

PTO	DOR	NOMBRE	SEXO	CLUB	T.OFICIAL	T.NETO	RITMO	CATEGORÍA	P. SEX	P.CAT
1	997	SABELA RAPOSO FERNÁNDEZ	f		00:04:02	00:04:01	4:01	SUB 10	1	1
2	979	LUCIA AGEITOS ROMERO	f		00:04:12	00:04:12	4:11	SUB 10	2	2
3	1062	MARTINA SANTAMARINA PEREZ	f		00:04:27	00:04:27	4:26	SUB 10	3	3
4	1033	CANDELA LAGO CARBAJALES	f		00:04:38	00:04:37	4:37	SUB 10	4	4
5	1032	CARLA LAGO FERNANDEZ	f		00:04:40	00:04:40	4:39	SUB 10	5	5
6	954	EVA OJEA HERNÁNDEZ	f		00:04:41	00:04:41	4:40	SUB 10	6	6
7	1108	CLARA LOPEZ RODRIGUEZ	f		00:04:47	00:04:45	4:46	SUB 10	7	7
8	1026	CELTIA COUCE FILGUEIRAS	f		00:04:51	00:04:51	4:50	SUB 10	8	8
9	1041	IRIS SESTAYO SENDON	f		00:05:00	00:05:00	4:59	SUB 10	9	9
10	936	LOLA VILLAR ALVITE	f		00:05:04	00:05:02	5:03	SUB 10	10	10
11	948	VALERIA DE LA IGLESIA RUANOVA	f		00:05:06	00:05:05	5:05	SUB 10	11	11
12	1046	NOA ANTELO CAMBEIRO	f		00:05:08	00:05:08	5:07	SUB 10	12	12
13	965	ZOE ANTONETTI	f		00:05:12	00:05:12	5:11	SUB 10	13	13
14	967	CRISTINA BOTANA PARDO	f		00:05:13	00:05:10	5:12	SUB 10	14	14
15	1024	NEREA OTERO ARCA	f		00:05:13	00:05:11	5:12	SUB 10	15	15
16	1017	CLARA MALLON SANDE	f		00:05:17	00:05:17	5:16	SUB 10	16	16
17	957	LARA BERNARDEZ DEL RIO	f		00:05:20	00:05:18	5:19	SUB 10	17	17
18	958	MIRIAM LÓPEZ SERRANO	f		00:05:22	00:05:22	5:21	SUB 10	18	18
19	949	SAMRAWIT ALLER GARCÍA	f		00:05:22	00:05:22	5:21	SUB 10	19	19
20	946	CARLA MATOS RAMÍREZ	f		00:05:27	00:05:26	5:26	SUB 10	20	20
21	1028	MARTA GONZALEZ BLANCO	f		00:05:28	00:05:27	5:27	SUB 10	21	21
22	960	NURIA BALUJA BUJÁN	f		00:05:36	00:05:33	5:35	SUB 10	22	22
23	974	CLAUDIA CASTRO FANDIÑO	f		00:05:38	00:05:37	5:37	SUB 10	23	23
24	935	ICÍA CASTRO FANDIÑO	f		00:05:40	00:05:39	5:39	SUB 10	24	24
25	1037	ANA VILLAR GONZALEZ	f		00:05:43	00:05:42	5:42	SUB 10	25	25
26	1064	MARIÑA LÓPEZ GONZÁLEZ	f		00:05:44	00:05:44	5:43	SUB 10	26	26
27	1022	LENA CARMONA GONZALEZ	f		00:05:48	00:05:47	5:47	SUB 10	27	27
28	1031	ALINE FABEIRO CAO	f		00:05:48	00:05:47	5:47	SUB 10	28	28
29	984	AMALIA MÉNDEZ GONZÁLEZ	f		00:05:50	00:05:49	5:49	SUB 10	29	29
30	1083	NOELA FERNÁNDEZ DOSIL	f		00:05:52	00:05:51	5:51	SUB 10	30	30

## CLASIFICACIÓN CARREIRA SUB 10 FEMENINA

PTO	DOR	NOMBRE	SEXO	CLUB	T.OFICIAL	T.NETO	RITMO	CATEGORÍA	P. SEX	P.CAT
31	1112	LUNA SÁNCHEZ RODRIGUEZ	f		00:05:52	00:05:52	5:51	SUB 10	31	31
32	1099	ALMA LAMAS CARBALLO	f		00:05:53	00:05:52	5:52	SUB 10	32	32
33	959	LAURA HERNAIZ SUÁREZ	f		00:05:55	00:05:54	5:54	SUB 10	33	33
34	1009	ROSALIA CARBALLAS OTERO	f		00:05:59	00:05:58	5:58	SUB 10	34	34
35	942	UXIA MANTEIGA CASTAÑO	f		00:06:01	00:06:00	6:00	SUB 10	35	35
36	1000	IRIA VARELA PALACIOS	f		00:06:02	00:06:02	6:01	SUB 10	36	36
37	962	INÉS FERNÁNDEZ REY	f		00:06:04	00:06:02	6:03	SUB 10	37	37
38	1078	ELSA VILLANUEVA GIAO	f		00:06:06	00:06:05	6:05	SUB 10	38	38
39	1070	SARA BARREIRO LOPEZ	f		00:06:10	00:06:10	6:09	SUB 10	39	39
40	950	PAULA FERRO PASCUAL	f		00:06:11	00:06:09	6:10	SUB 10	40	40
41	1071	ANA BARREIRO LOPEZ	f		00:06:12	00:06:11	6:11	SUB 10	41	41
42	1063	ELENA ROMERO SUAREZ	f		00:06:12	00:06:12	6:11	SUB 10	42	42
43	964	HELENA GUILLÉN GIL	f		00:06:14	00:06:12	6:13	SUB 10	43	43
44	1004	MERCEDES TAMES CASTRO	f		00:06:15	00:06:14	6:14	SUB 10	44	44
45	1087	LIA QUINTELA DURO	f		00:06:15	00:06:13	6:14	SUB 10	45	45
46	1039	ZAIRA VICENTE BUSTO	f		00:06:19	00:06:18	6:18	SUB 10	46	46
47	1013	EMMA MIGUÉNS MERMET	f		00:06:20	00:06:19	6:19	SUB 10	47	47
48	1085	CLARA LEIS MARGARETO	f		00:06:22	00:06:20	6:21	SUB 10	48	48
49	1061	NURIA RODRIGUEZ PEÑA	f		00:06:22	00:06:22	6:21	SUB 10	49	49
50	1038	DAFNE FORNIS SILVA	f		00:06:23	00:06:22	6:22	SUB 10	50	50
51	1110	SARA ROMERO VISO	f		00:06:37	00:06:36	6:36	SUB 10	51	51
52	1044	MARIA TRILLO CASTAÑO	f		00:06:45	00:06:45	6:44	SUB 10	52	52
53	1090	CLAUDIA CONDIDE OTERO	f		00:07:12	00:07:10	7:11	SUB 10	53	53
54	985	UXÍA MANEIRO ORÓNS	f		00:07:13	00:07:11	7:12	SUB 10	54	54
55	991	SARA MIGUEZ SERRAMITO	f		00:07:13	00:07:12	7:12	SUB 10	55	55
56	1067	ROSALÍA FERNÁNDEZ GARCÍA	f		00:07:15	00:07:13	7:14	SUB 10	56	56
57	1093	LUCÍA PÉREZ BARREIRO	f		00:07:16	00:07:14	7:15	SUB 10	57	57
58	1005	VERA BALTASAR LEMOS	f		00:07:18	00:07:17	7:17	SUB 10	58	58
59	1066	ANTIA IGLESIAS GUIMIL	f		00:07:20	00:07:18	7:19	SUB 10	59	59
60	1096	CARLA MONTERO SANTOS	f		00:07:21	00:07:19	7:20	SUB 10	60	60



## CLASIFICACIÓN CARREIRA SUB 10 FEMENINA

PTO	DOR	NOMBRE	SEXO	CLUB	T.OFICIAL	T.NETO	RITMO	CATEGORÍA	P. SEX	P.CAT
61	1086	IRENE LEIS MARGARETO	f		00:07:26	00:07:23	7:25	SUB 10	61	61
62	940	CRISTINA FABREGAS LALINDE	f		00:07:27	00:07:25	7:26	SUB 10	62	62
63	1072	NAZARET NUT PENA ALVAREZ	f		00:07:27	00:07:25	7:26	SUB 10	63	63
64	980	EVA SOTELO LORENZO	f		00:08:10	00:08:08	8:09	SUB 10	64	64

### CLASIFICACIÓN CARREIRA SUB 10 MASCULINA

PTO	DOR	NOMBRE	SEXO	CLUB	LOCALIDAD	T.OFICIAL	T.NETO	RITMO	CATEGORÍA	P. SEX	P.CAT
1	994	MIGUEL BASCOY FERNANDEZ	m		MILLADOIRO, O	00:03:57	00:03:57	3:56	SUB 10	1	1
2	1069	GONZALO RAMOS SAMBADE	m		BAÑO (SERRES)	00:04:06	00:04:06	4:05	SUB 10	2	2
3	1019	JUN SIEIRA GERPE	m		BIDUIDO (SANTA MARIA)	00:04:12	00:04:12	4:11	SUB 10	3	3
4	1050	UNAI TOME MANEIRO	m		NOIA	00:04:17	00:04:17	4:16	SUB 10	4	4
5	986	JOSE RAMON VEIGA VALES	m		PONTEVEDRA	00:04:18	00:04:18	4:17	SUB 10	5	5
6	1109	MARTÍN NOYA GONZÁLEZ	m		BERTAMIRÁNS	00:04:19	00:04:17	4:18	SUB 10	6	6
7	938	BELTRÁN RIVAS MOSQUERA	m		LALIN (CASCO URBANO)	00:04:21	00:04:21	4:20	SUB 10	7	7
8	973	ANGEL LOPEZ ARANGÜENA	m		ROCHA VELLA, A (SANTA MARIA DE CONXO-SANTIAGO)	00:04:31	00:04:31	4:30	SUB 10	8	8
9	990	XAVI FAGILDE SANDE	m		SANTIAGO DE COMPOSTELA	00:04:31	00:04:30	4:30	SUB 10	9	9
10	963	TOMÁS BANDÍN PÉREZ	m		AMES	00:04:31	00:04:29	4:30	SUB 10	10	10
11	956	GABRIEL NOVO PEÓN	m		AMES	00:04:41	00:04:41	4:40	SUB 10	11	11
12	961	ANXO MEDINA RODRIGUEZ	m		AMES	00:04:44	00:04:43	4:43	SUB 10	12	12
13	983	LIAM BARRIO KYKER	m		ALQUEIDON	00:04:44	00:04:43	4:43	SUB 10	13	13
14	1102	ROI MUÑOZ NÚÑEZ	m		SANTIAGO DE COMPOSTELA	00:04:44	00:04:44	4:43	SUB 10	14	14
15	1054	XOEL VÁZQUEZ GARCIA	m		ALDEA NOVA (AMES)	00:04:47	00:04:46	4:46	SUB 10	15	15
16	1084	XIAN FERNANDEZ VILLAR	m		OUTEIRO (SAN PEDRO DE BUGALLIDO-AMES)	00:04:49	00:04:48	4:48	SUB 10	16	16
17	1114	MATEO PARAFITA PROL	m		BERTAMIRÁNS	00:04:50	00:04:48	4:49	SUB 10	17	17
18	952	DANIEL GONZÁLEZ LORTES	m		AMES	00:04:55	00:04:54	4:54	SUB 10	18	18
19	1007	MATIAS CAO BLANCO	m		ANXELES, OS (SANTA MARIA-BRION)	00:04:59	00:04:57	4:58	SUB 10	19	19
20	1048	ALDAN PARGA CASTRO	m		NOIA	00:05:00	00:05:00	4:59	SUB 10	20	20
21	968	SAMUEL COSTOYA WEBER	m		BERTAMIRANS (AMES)	00:05:00	00:04:59	4:59	SUB 10	21	21
22	981	PABLO SOTELO LORENZO	m		BERTAMIRANS (AMES)	00:05:08	00:05:06	5:07	SUB 10	22	22
23	941	VICTOR CASTELO CORRAL	m		AMES	00:05:11	00:05:10	5:10	SUB 10	23	23
24	1095	LOIS FORMOSO PÉREZ	m		ALDEA NOVA (AMES)	00:05:15	00:05:14	5:14	SUB 10	24	24
25	1018	IVÁN BARREAL RENDAL	m		BERTAMIRANS (AMES)	00:05:18	00:05:16	5:17	SUB 10	25	25
26	988	MAURO VILAS MACIAS	m		MILLADOIRO, O	00:05:20	00:05:19	5:19	SUB 10	26	26
27	1002	DAVID PENELA ROEL	m		ORTOÑO (AMES)	00:05:21	00:05:20	5:20	SUB 10	27	27
28	1100	CIBRAN LOPEZ MISQUERA	m		BERTAMIRANS (AMES)	00:05:25	00:05:24	5:24	SUB 10	28	28
29	1001	MARTÍN COSTAS PONTES	m		ROXOS (SANTA MARIA DE VILLESTRO-SANTIAGO)	00:05:26	00:05:25	5:25	SUB 10	29	29
30	951	XOEL ANEIROS RODRÍGUEZ	m		AMES	00:05:27	00:05:25	5:26	SUB 10	30	30
31	1089	JUAN GOMEZ CALVIÑO	m		MILLADOIRO, O	00:05:28	00:05:28	5:27	SUB 10	31	31
32	993	HUGO UZAL CANDAL	m		ANXELES, OS (SANTA MARIA-BRION)	00:05:28	00:05:28	5:27	SUB 10	32	32
33	955	ROI MARTINEZ MOSQUERA	m		AMES	00:05:29	00:05:28	5:28	SUB 10	33	33
34	1097	BRAIS MATA FORNIS	m		BERTAMIRANS (AMES)	00:05:33	00:05:31	5:32	SUB 10	34	34
35	989	HUGO QUINTANS OTERO	m		SUSANA (SANTA MARIA DE MARROZOS-SANTIAGO)	00:05:33	00:05:33	5:32	SUB 10	35	35
36	937	MATEO RODRÍGUEZ GONZÁLEZ	m		LAPIDO (SAN XOAN DE ORTOÑO-AMES)	00:05:39	00:05:38	5:38	SUB 10	36	36
37	1080	LOIS MOURE PÉREZ	m		BERTAMIRANS (AMES)	00:05:40	00:05:39	5:39	SUB 10	37	37
38	1077	ANÍBAL PÉREZ LOSADA	m		BERTAMIRANS (AMES)	00:05:40	00:05:40	5:39	SUB 10	38	38
39	1068	DARÍO IGLESIAS RODRÍGUEZ	m		BERTAMIRANS (AMES)	00:05:44	00:05:43	5:43	SUB 10	39	39
40	953	PABLO MACHO TORRALBA	m		AMES	00:05:44	00:05:43	5:43	SUB 10	40	40
41	1098	PABLO MATA FORNIS	m		BERTAMIRANS (AMES)	00:05:47	00:05:45	5:46	SUB 10	41	41
42	1081	JAIRO PÉREZ MARTÍNEZ	m		BERTAMIRANS (AMES)	00:05:48	00:05:46	5:47	SUB 10	42	42
43	931	GÆL TOBÍO VEIGA	m		AUGAPESADA (SANTO TOME DE AMES-AMES)	00:05:55	00:05:55	5:54	SUB 10	43	43
44	943	YAGO BOUZAS DURÁN	m		AMES	00:05:56	00:05:54	5:55	SUB 10	44	44
45	1006	MAURO REY VIAÑO	m		AMES	00:05:57	00:05:57	5:56	SUB 10	45	45
46	982	ROI BLANCO VILLAVERDE	m		AUGAPESADA (SANTO TOME DE AMES-AMES)	00:06:00	00:05:59	5:59	SUB 10	46	46

### CLASIFICACIÓN CARREIRA SUB 10 MASCULINA

PTO	DOR	NOMBRE	SEXO	CLUB	LOCALIDAD	T.OFICIAL	T.NETO	RITMO	CATEGORÍA	P. SEX	P.CAT
47	977	NICOLÁS REY HEREDIA	m		FRAIZ (SANTA MARIA DE VILLESTRO-SANTIAGO)	00:06:23	00:06:22	6:22	SUB 10	47	47
48	972	LUCAS MUÑOZ ROMERO	m		ALQUEIDON	00:06:31	00:06:30	6:30	SUB 10	48	48
49	933	BREIXO LESTÓN CIVES	m		BERTAMIRANS (AMES)	00:06:33	00:06:32	6:32	SUB 10	49	49
50	978	THOMAS LACEY DALLAGNOLO	m		ORTOÑO (AMES)	00:06:34	00:06:34	6:33	SUB 10	50	50
51	1076	SERGIO MARTÍNEZ CAAMAÑO	m		ORTOÑO (AMES)	00:06:38	00:06:35	6:37	SUB 10	51	51
52	1057	XABI HERNANDEZ REY	m		BERTAMIRANS (AMES)	00:06:40	00:06:38	6:39	SUB 10	52	52
53	1012	ANDRÉS MONTEAGUDO SOLTERO	m		BERTAMIRANS (AMES)	00:06:43	00:06:40	6:42	SUB 10	53	53
54	1011	XOÀN CAAMAÑO KEREZTES	m		LAPIDO (SAN XOAN DE ORTOÑO-AMES)	00:06:46	00:06:46	6:45	SUB 10	54	54
55	945	DANIEL GARCIA GUERRA	m		SANTIAGO DE COMPOSTELA	00:06:50	00:06:48	6:49	SUB 10	55	55
56	1056	LEONEL HERMO DOMINGUEZ	m		BERTAMIRANS (AMES)	00:06:51	00:06:50	6:50	SUB 10	56	56
57	992	ANTÓN TRAVESO NOVÁS	m		SOIGREXA (SANTA MARIA DOS ANXELES-BRION)	00:06:59	00:06:59	6:58	SUB 10	57	57
58	1082	ARATZ FERNÁNDEZ DE ALAIZA EIMIL	m		BERTAMIRANS (AMES)	00:07:06	00:07:05	7:05	SUB 10	58	58
59	1014	ANTÓN OLIVEIRA CRISTOBO	m		TARROEIRA (SAN XOAN DE ORTOÑO-AMES)	00:07:15	00:07:14	7:14	SUB 10	59	59
60	976	MANUEL REY PEREZ	m		BERTAMIRANS (AMES)	00:08:03	00:08:02	8:02	SUB 10	60	60
61	1003	ALEX GARCÍA INSAURRALDE	m		LALIN (CASCO URBANO)	00:08:06	00:08:05	8:05	SUB 10	61	61