

## XXXVI MEMORIAL ADOLFO ROS - VOLTA A RÍA

11.12.2022

O Concello de Fene

RESULTADOS OFICIAIS

ABSOLUTA 21,1I k

10:00

| PTO | DORSAL | NOME                           | DATA NAC.  | TEMPO    | RITMOKM | P1    | NETO     | LICENZA    | CLUBE                              | SEXO | CATEGORÍA  |
|-----|--------|--------------------------------|------------|----------|---------|-------|----------|------------|------------------------------------|------|------------|
| 1   | 621    | FRANCISCO JAVIER RUZAFÁ GARCIA | 29/06/2000 | 01:11:42 | 03:23   | 37:45 | 01:11:40 | MU 20000   | UPCT PUERTO DE CARTAGENA           | M-1  | Sub 23-1   |
| 2   | 562    | JONATHAN FERNÁNDEZ RÍOS        | 27/12/1988 | 01:12:59 | 03:27   | 37:38 | 01:12:58 | GA744      | PASA OU ENTORNA                    | M-2  | Senior-1   |
| 3   | 440    | ESTEBAN DÍAZ PÉREZ             | 26/02/1981 | 01:15:01 | 03:33   | 38:32 | 01:14:59 | GA34       | ATLETISMO NARON                    | M-3  | Máster A-1 |
| 4   | 555    | BRAIS CUPEIRO PÉREZ            | 17/04/1988 | 01:15:49 | 03:35   | 39:33 | 01:15:48 |            | AD. NÁUTICO NARÓN                  | M-4  | Senior-2   |
| 5   | 437    | FERNANDO LORENZO PÉREZ         | 13/02/1981 | 01:16:26 | 03:37   | 39:53 | 01:16:24 |            |                                    | M-5  | Máster A-2 |
| 6   | 346    | NOEL FERNÁNDEZ MARCOS          | 16/02/1977 | 01:17:06 | 03:39   | 40:02 | 01:17:03 | GA1234     | RUNAWAYS (RUNNING CLUB FOR GENTLEI | M-6  | Máster B-1 |
| 7   | 513    | ANTONINO MÉNDEZ SÁNCHEZ        | 15/10/1984 | 01:18:01 | 03:41   | 40:31 | 01:17:58 |            | CLUB DALLE GAS RUNNING TEAM        | M-7  | Máster A-3 |
| 8   | 329    | FERNANDO VÁZQUEZ ARES          | 06/08/1976 | 01:18:18 | 03:42   | 40:28 | 01:18:15 |            | ATLETAS DE ACEA DE AMA             | M-8  | Máster B-2 |
| 9   | 242    | BRUNO GARCIA CERDEIRAS         | 07/09/1972 | 01:18:25 | 03:42   | 40:42 | 01:18:22 |            | ATLETAS DE ACEA DE AMA             | M-9  | Máster B-3 |
| 10  | 518    | RAFA POUFARIÑA CASTRO          | 07/06/1985 | 01:18:55 | 03:44   | 40:57 | 01:18:53 |            | PASA OU ENTORNA                    | M-10 | Máster A-4 |
| 11  | 517    | DIEGO RUIZ BREIJO              | 07/06/1985 | 01:19:16 | 03:45   | 39:15 | 01:19:14 |            |                                    | M-11 | Máster A-5 |
| 12  | 418    | CARLOS GONZÁLEZ VÁZQUEZ        | 17/06/1980 | 01:19:31 | 03:46   | 41:38 | 01:19:28 |            |                                    | M-12 | Máster B-4 |
| 13  | 257    | ANGEL MACEIRAS LAGO            | 27/06/1973 | 01:19:47 | 03:46   | 41:32 | 01:19:45 | AG-2014771 | CLUB ATLETISMO SAR                 | M-13 | Máster B-5 |
| 14  | 601    | EDGAR FRANCO BOUZA             | 18/01/1996 | 01:19:53 | 03:47   | 41:20 | 01:19:51 |            |                                    | M-14 | Senior-3   |
| 15  | 491    | ADRIÁN CONDE FRAGA             | 16/11/1983 | 01:20:43 | 03:49   | 42:08 | 01:20:40 |            |                                    | M-15 | Máster A-6 |
| 16  | 332    | JESÚS BECEIRO NOVO             | 30/08/1976 | 01:20:50 | 03:49   | 42:55 | 01:20:46 |            | MASSALUDD                          | M-16 | Máster B-6 |
| 17  | 574    | JUAN CARLOS CORTIZAS BAÑOBRE   | 29/09/1990 | 01:20:54 | 03:50   | 42:06 | 01:20:51 |            | CLUBE ATLETISMO FENE               | M-17 | Senior-4   |
| 18  | 347    | CARLOS RÍOS NÚÑEZ              | 18/02/1977 | 01:21:04 | 03:50   | 41:34 | 01:21:01 |            | DALLE GAS RUNNING TEAM             | M-18 | Máster B-7 |
| 19  | 522    | EDU SAAVEDRA                   | 28/08/1985 | 01:21:25 | 03:51   | 42:13 | 01:21:22 |            | A.D. NÁUTICO DE NARÓN              | M-19 | Máster A-7 |
| 20  | 443    | JOSÉ LUIS GONZÁLEZ NÚÑEZ       | 22/03/1981 | 01:21:29 | 03:51   | 42:16 | 01:21:26 |            |                                    | M-20 | Máster A-8 |
| 21  | 496    | PABLO PIÑEIRO                  | 06/01/1984 | 01:21:45 | 03:52   | 42:10 | 01:21:41 |            |                                    | M-21 | Máster A-9 |
| 22  | 633    | MARTÍN BARREIRO DURÁN          | 16/06/2003 | 01:22:03 | 03:53   | 42:08 | 01:22:01 | GA62       | ATLETISMO NARON                    | M-22 | Sub 20-1   |
| 23  | 431    | ALDO REGUEIRA MARTÍNEZ         | 13/11/1980 | 01:22:20 | 03:54   | 42:13 | 01:22:18 |            | CLUB FERROL ATLETISMO              | M-23 | Máster B-8 |
| 24  | 622    | ELOY VILLANUEVA RICO           | 07/09/2000 | 01:22:26 | 03:54   | 43:35 | 01:22:22 |            | AD NAUTICO NARON                   | M-24 | Sub 23-2   |
| 25  | 423    | EMILIO JOSÉ PEREIRA GUTIÉRREZ  | 26/07/1980 | 01:22:26 | 03:54   | 43:26 | 01:22:24 | AG15903    | CLUB DEPORTIVO BRION HYUPERSA SANT | M-25 | Máster B-9 |

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10:00

| PTO | DORSAL | NOME                          | DATA NAC.  | TEMPO    | RITMOKM | P1    | NETO     | LICENZA         | CLUBE                         | SEXO | CATEGORÍA   |
|-----|--------|-------------------------------|------------|----------|---------|-------|----------|-----------------|-------------------------------|------|-------------|
| 26  | 352    | MANUEL CARPENTE VAZQUEZ       | 14/05/1977 | 01:22:40 | 03:55   | 43:36 | 01:22:35 |                 | MARRANERS-EN BOAS MANS        | M-26 | Máster B-10 |
| 27  | 587    | ALEJANDRO ROCA RIVERA         | 03/02/1992 | 01:22:44 | 03:55   | 43:05 | 01:22:40 |                 |                               | M-27 | Senior-5    |
| 28  | 390    | SERGIO NOGUEIRA MIÑAN         | 29/01/1979 | 01:22:51 | 03:55   | 43:36 | 01:22:45 |                 |                               | M-28 | Máster B-11 |
| 29  | 632    | DANIEL MARTÍNEZ SENRA         | 14/03/2003 | 01:22:53 | 03:55   | 43:34 | 01:22:49 | GA986           | AD NÁUTICO NARON              | M-29 | Sub 20-2    |
| 30  | 404    | DANIEL MARTÍNEZ RIVERA        | 16/09/1979 | 01:22:54 | 03:55   | 43:34 | 01:22:49 |                 | AD NÁUTICO NARON              | M-30 | Máster B-12 |
| 31  | 557    | ÁLVARO IGLESIAS LÓPEZ         | 23/05/1988 | 01:23:17 | 03:56   | 43:27 | 01:23:13 |                 | A.D. JARNACHAS                | M-31 | Senior-6    |
| 32  | 503    | ADRIAN DOBARRO LANDEIRA       | 07/03/1984 | 01:24:07 | 03:59   | 43:33 | 01:23:53 |                 | ATLETISMO FONTES DO SAR       | M-32 | Máster A-10 |
| 33  | 271    | SIMON LÓPEZ EIROA             | 03/01/1974 | 01:24:17 | 03:59   | 43:45 | 01:24:14 |                 | ATLETAS DE ACEA DE AMA        | M-33 | Máster B-13 |
| 34  | 560    | IVÁN SOLIS POSE               | 15/10/1988 | 01:24:27 | 04:00   | 43:44 | 01:24:22 |                 | CORREXALLAS                   | M-34 | Senior-7    |
| 35  | 136    | VICTOR IGNACIO SANDE CHARLON  | 31/07/1964 | 01:24:30 | 04:00   | 43:43 | 01:24:26 | AG10646         | CLUBE ATLETISMO FENE          | M-35 | Máster C-1  |
| 36  | 224    | JOSE FRANCISCO SAIZ FERNANDEZ | 16/10/1971 | 01:25:08 | 04:02   | 44:36 | 01:25:00 |                 | OPA FERROL TEAM RUNNING       | M-36 | Máster C-2  |
| 37  | 365    | ALBERTO CANEIRO CANEIRO       | 09/01/1978 | 01:25:12 | 04:02   | 43:39 | 01:25:05 |                 | TRIATLON FERROL               | M-37 | Máster B-14 |
| 38  | 463    | MARIO ROUCO REY               | 31/05/1982 | 01:25:17 | 04:02   | 44:35 | 01:25:09 |                 | OXIDO ZERO TRAINING CLUB      | M-38 | Máster A-11 |
| 39  | 322    | SERGIO RODRÍGUEZ SERANTES     | 25/05/1976 | 01:25:18 | 04:02   | 43:43 | 01:25:17 |                 |                               | M-39 | Máster B-15 |
| 40  | 326    | DAVID ARIAS DIAZ              | 28/06/1976 | 01:25:25 | 04:02   | 45:05 | 01:25:12 |                 | TRIATLÓN FERROL               | M-40 | Máster B-16 |
| 41  | 231    | ALVARO ILLOBRE SAAVEDRA       | 02/04/1972 | 01:25:27 | 04:02   | 45:31 | 01:25:27 | 465 FEDE MINUSV | ADM FERROL                    | M-41 | Cadeira-1   |
| 42  | 311    | LUIS GOMEZ AGRAS              | 01/11/1975 | 01:25:33 | 04:03   | 44:57 | 01:25:27 |                 | PASA OU ENTORNA               | M-42 | Máster B-17 |
| 43  | 446    | GONZALO JIMENEZ MARTIN        | 04/06/1981 | 01:25:41 | 04:03   | 45:00 | 01:25:34 |                 | TRIATLON FERROL               | M-43 | Máster A-12 |
| 44  | 302    | ANTONIO JOSE CASTRO AREA      | 26/04/1975 | 01:25:44 | 04:03   | 45:06 | 01:25:38 |                 |                               | M-44 | Máster B-18 |
| 45  | 490    | JOSE MANUEL BARROSO SEOANE    | 12/11/1983 | 01:25:45 | 04:03   | 45:34 | 01:25:45 |                 | CLUB DEPORTIVO INCLUSIVO ENKI | M-45 | Cadeira-2   |
| 46  | 372    | ÓSCAR FERNÁNDEZ OTERO         | 09/03/1978 | 01:25:50 | 04:04   | 45:03 | 01:25:36 |                 | CLUB FERROL ATLETISMO         | M-46 | Máster B-19 |
| 47  | 573    | IGNACIO GOMARIZ MEJUTO        | 17/09/1990 | 01:25:56 | 04:04   | 44:15 | 01:25:53 |                 |                               | M-47 | Senior-8    |
| 48  | 624    | JORGE JUAN TÁBARA RODRÍGUEZ   | 03/11/2000 | 01:26:24 | 04:05   | 45:06 | 01:26:20 |                 | ATLETAS DE ACEA DE AMA        | M-48 | Sub 23-3    |
| 49  | 483    | JORGE CARLOS GONZÁLEZ GARCÍA  | 09/04/1983 | 01:26:51 | 04:06   | 46:08 | 01:26:39 |                 | NOSPORTLIMIT                  | M-49 | Máster A-13 |
| 50  | 553    | ALBERT BRU                    | 25/01/1988 | 01:27:31 | 04:08   | 46:20 | 01:27:26 |                 |                               | M-50 | Senior-9    |

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| PTO | DORSAL | NOME                           | DATA NAC.  | TEMPO           | RITMOKM | P1    | NETO     | LICENZA   | CLUBE                   | SEXO | CATEGORÍA   |
|-----|--------|--------------------------------|------------|-----------------|---------|-------|----------|-----------|-------------------------|------|-------------|
| 51  | 630    | CARLOS BARBOSA KEPKA           | 07/10/2002 | <b>01:27:34</b> | 04:09   | 46:07 | 01:27:32 |           | UCAM CARTAGENA          | M-51 | Sub 23-4    |
| 52  | 223    | PEDRO FERNÁNDEZ                | 12/10/1971 | <b>01:27:42</b> | 04:09   | 45:08 | 01:27:37 |           |                         | M-52 | Máster C-3  |
| 53  | 631    | PABLO FERNÁNDEZ DÍAZ           | 25/01/2003 | <b>01:27:46</b> | 04:09   | 45:34 | 01:27:37 | GA807     | CLUB ATLETISMO RIBADEO  | M-53 | Sub 20-3    |
| 54  | 459    | DAVID MARTINEZ PEREZ           | 04/12/1981 | <b>01:27:52</b> | 04:09   | 46:22 | 01:27:41 |           |                         | M-54 | Máster A-14 |
| 55  | 323    | DIEGO GARCÍA MELLA             | 27/05/1976 | <b>01:27:54</b> | 04:09   | 45:08 | 01:27:47 |           |                         | M-55 | Máster B-20 |
| 56  | 570    | MARCOS ALONSO FILGUEIRA        | 29/04/1990 | <b>01:27:57</b> | 04:10   | 45:33 | 01:27:50 |           | PASA OU ENTORNA         | M-56 | Senior-10   |
| 57  | 479    | JUAN CARLOS VAZQUEZ GRELA      | 02/03/1983 | <b>01:28:00</b> | 04:10   | 46:08 | 01:27:47 |           | NOSPORTLIMIT            | M-57 | Máster A-15 |
| 58  | 274    | DAVID JOSÉ PENEDO DIAZ         | 06/02/1974 | <b>01:28:10</b> | 04:10   | 45:09 | 01:27:57 |           | OPA FERROL TEAM RUNNING | M-58 | Máster B-21 |
| 59  | 382    | AGUSTÍN P. HERMIDA RODRÍGUEZ   | 18/10/1978 | <b>01:28:25</b> | 04:11   | 45:25 | 01:28:21 |           |                         | M-59 | Máster B-22 |
| 60  | 581    | MARTÍN BELLAS GÓMEZ            | 24/05/1991 | <b>01:28:37</b> | 04:11   | 45:58 | 01:28:31 |           |                         | M-60 | Senior-11   |
| 61  | 268    | FERNANDO BOUZÓN OTERO          | 07/11/1973 | <b>01:28:41</b> | 04:12   | 46:28 | 01:28:33 |           | CLUB ATLETISMO SADA     | M-61 | Máster B-23 |
| 62  | 614    | MIGUEL LÓPEZ DOPICO            | 30/07/1998 | <b>01:28:41</b> | 04:12   | 47:16 | 01:28:18 |           | CLUB FERROL ATLETISMO   | M-62 | Senior-12   |
| 63  | 613    | DAVID RODRÍGUEZ GONZALEZ       | 26/07/1998 | <b>01:28:48</b> | 04:12   | 46:11 | 01:28:39 |           | CP MIJAS TRAIL          | M-63 | Senior-13   |
| 64  | 470    | LUIS MIGUEL VITTORI ROMERO     | 02/08/1982 | <b>01:28:52</b> | 04:12   | 46:38 | 01:28:28 |           |                         | M-64 | Máster A-16 |
| 65  | 489    | ELOY GÓMEZ ARMADA              | 27/10/1983 | <b>01:28:53</b> | 04:12   | 47:17 | 01:28:41 |           |                         | M-65 | Máster A-17 |
| 66  | 453    | EUGENIO LAMAS MOSTEIRO         | 09/08/1981 | <b>01:28:53</b> | 04:12   | 47:17 | 01:28:42 |           | AVE FÉNIX               | M-66 | Máster A-18 |
| 67  | 222    | JULIÁN PÉREZ DURÁN             | 29/09/1971 | <b>01:29:02</b> | 04:13   | 46:05 | 01:28:56 |           | SIGUEME SI PUEDES       | M-67 | Máster C-4  |
| 68  | 533    | ABEL MUÍÑO PIÑEIRO             | 09/05/1986 | <b>01:29:07</b> | 04:13   | 46:00 | 01:28:54 |           |                         | M-68 | Máster A-19 |
| 69  | 335    | RICARDO AMENEDO GONZÁLEZ       | 05/10/1976 | <b>01:29:08</b> | 04:13   | 47:12 | 01:28:51 |           | PASA OU ENTORNA         | M-69 | Máster B-24 |
| 70  | 313    | FRANCISCO JAVIER ABAD MARTÍNEZ | 03/11/1975 | <b>01:29:08</b> | 04:13   | 46:18 | 01:29:04 |           |                         | M-70 | Máster B-25 |
| 71  | 392    | CÉSAR RAMIL FERREIRO           | 16/03/1979 | <b>01:29:09</b> | 04:13   | 46:19 | 01:29:00 |           | CLUB CASTRO DE LOBADIZ  | M-71 | Máster B-26 |
| 72  | 434    | FELIPE CORDAL VAZQUEZ          | 11/01/1981 | <b>01:29:12</b> | 04:13   | 47:15 | 01:28:55 | 32697847N | PASA OU ENTORNA         | M-72 | Máster A-20 |
| 73  | 295    | GONZALO ORTIZ ALONSO           | 25/01/1975 | <b>01:29:14</b> | 04:13   | 46:17 | 01:29:00 |           | NOSPORTLIMIT            | M-73 | Máster B-27 |
| 74  | 255    | ANTONIO BAAMONDE SANDE         | 24/04/1973 | <b>01:29:15</b> | 04:13   | 46:17 | 01:29:00 |           | NOSPORTLIMIT            | M-74 | Máster B-28 |
| 75  | 154    | JUAN ANTONIO BELLAS RODRÍGUEZ  | 19/05/1966 | <b>01:29:17</b> | 04:13   | 47:14 | 01:29:02 |           | VILA E TERRA DE CEDEIRA | M-75 | Máster C-5  |

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| PTO | DORSAL | NOME                          | DATA NAC.  | TEMPO    | RITMOKM | P1    | NETO     | LICENZA   | CLUBE                               | SEXO | CATEGORÍA   |
|-----|--------|-------------------------------|------------|----------|---------|-------|----------|-----------|-------------------------------------|------|-------------|
| 76  | 205    | MIGUEL FREIRE VAZQUEZ         | 26/09/1970 | 01:29:19 | 04:13   | 46:59 | 01:29:09 |           |                                     | M-76 | Máster C-6  |
| 77  | 309    | ALVARO LÓPEZ JÁCOME           | 24/09/1975 | 01:29:24 | 04:14   | 46:35 | 01:29:08 |           |                                     | M-77 | Máster B-29 |
| 78  | 589    | RICARDO CORES VAZQUEZ         | 27/05/1992 | 01:29:25 | 04:14   | 43:40 | 01:29:21 | GA746     | AD NAUTICO NARON                    | M-78 | Senior-14   |
| 79  | 355    | ROBERTO CARLOS LAGO FERNANDEZ | 19/06/1977 | 01:29:28 | 04:14   | 46:58 | 01:29:18 |           | PASA OU ENTORNA                     | M-79 | Máster B-30 |
| 80  | 84     | TANIA ÁLVAREZ GOMEZ           | 05/04/1999 | 01:29:29 | 04:14   | 46:48 | 01:29:23 | CU142     | C.D.E.ATLETISMO TARANCON            | F-1  | Senior-1    |
| 81  | 482    | OSCAR PENA RIVERA             | 18/03/1983 | 01:29:30 | 04:14   | 46:48 | 01:29:18 |           | CLUB OLYMPO AS PONTES               | M-80 | Máster A-21 |
| 82  | 564    | LUCAS LLORCA HERNÁNDEZ        | 03/03/1989 | 01:29:30 | 04:14   | 46:46 | 01:29:24 |           | KTK TEAM                            | M-81 | Senior-15   |
| 83  | 429    | RUBÉN JOSÉ LÓPEZ FERNÁNDEZ    | 16/10/1980 | 01:29:30 | 04:14   | 47:11 | 01:29:25 |           | AD NAUTICO DE NARON                 | M-82 | Máster B-31 |
| 84  | 139    | JOSÉ LUIS RODRÍGUEZ BRAÑAS    | 24/12/1964 | 01:29:32 | 04:14   | 46:27 | 01:29:16 |           | BOMBEROS                            | M-83 | Máster C-7  |
| 85  | 481    | NICOLAS DOMINGUEZ GARCIA      | 16/03/1983 | 01:29:32 | 04:14   | 46:48 | 01:29:29 |           | AD NAUTICO DE NARON                 | M-84 | Máster A-22 |
| 86  | 316    | JORGE SUÁREZ FERNÁNDEZ        | 27/12/1975 | 01:29:37 | 04:14   | 46:59 | 01:29:27 |           | PASA OU ENTORNA                     | M-85 | Máster B-32 |
| 87  | 591    | ABDELAZIZ FATIHI CHHIMA       | 30/09/1992 | 01:29:38 | 04:14   | 46:40 | 01:29:36 |           | JAMONERIA LA LEONESA                | M-86 | Senior-16   |
| 88  | 131    | LORENZO SÁNCHEZ MARCOS        | 03/06/1964 | 01:29:38 | 04:14   | 46:40 | 01:29:34 | AG767020  | RUNAWAYS (RUNNING CLUB FOR GENTLEI  | M-87 | Máster C-8  |
| 89  | 225    | JUAN CARLOS CASTRILLON CRESPO | 06/11/1971 | 01:29:38 | 04:14   | 46:30 | 01:29:26 |           |                                     | M-88 | Máster C-9  |
| 90  | 328    | FERNANDO MERCADOR MOUCE       | 25/07/1976 | 01:29:39 | 04:14   | 46:18 | 01:29:32 |           |                                     | M-89 | Máster B-33 |
| 91  | 197    | MANUEL VAZQUEZ RAMOS          | 30/01/1970 | 01:29:48 | 04:15   | 47:14 | 01:29:37 | AG2024664 | CLUBE DE ATLETISMO VERXEL NUTRICION | M-90 | Máster C-10 |
| 92  | 11     | INES PAPIN ESTEVEZ            | 05/12/1969 | 01:29:50 | 04:15   | 46:59 | 01:29:47 | GA765817  | ATLETISMO SADA                      | F-2  | Máster C-1  |
| 93  | 394    | DIEGO ÁLVAREZ SOTO            | 11/04/1979 | 01:29:53 | 04:15   | 47:12 | 01:29:36 |           | PASA OU ENTORNA                     | M-91 | Máster B-34 |
| 94  | 207    | ROBERTO DOPICO                | 04/10/1970 | 01:30:05 | 04:16   | 46:48 | 01:29:53 |           | CLUB CASTRO DE LOBADIZ              | M-92 | Máster C-11 |
| 95  | 104    | JOSE ANGEL PITA TORRES        | 17/03/1957 | 01:30:12 | 04:16   | 46:50 | 01:30:10 | GA769392  |                                     | M-93 | Máster D-1  |
| 96  | 272    | CARLOS OJEA CASTRO            | 09/01/1974 | 01:30:17 | 04:16   | 46:56 | 01:30:04 |           | NOSPORTLIMIT                        | M-94 | Máster B-35 |
| 97  | 315    | JESUS HEVIA GOMEZ             | 14/11/1975 | 01:30:18 | 04:16   | 47:17 | 01:30:02 | AG3311    | CLUB ATLETISMO SADA                 | M-95 | Máster B-36 |
| 98  | 411    | MARIO LÓPEZ PAZ               | 06/03/1980 | 01:30:22 | 04:16   | 46:59 | 01:30:14 |           |                                     | M-96 | Máster B-37 |
| 99  | 529    | FRANCISCO JAVIER PENA SOUTO   | 21/10/1985 | 01:30:27 | 04:17   | 47:19 | 01:30:09 |           | PASA OU ENTORNA                     | M-97 | Máster A-23 |
| 100 | 312    | XURXO GÓMEZ VÁZQUEZ           | 02/11/1975 | 01:30:27 | 04:17   | 47:21 | 01:30:09 |           | PASA OU ENTORNA                     | M-98 | Máster B-38 |

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|-----|--------|-------------------------------|------------|----------|---------|-------|----------|-----------|---------------------------|-------|-------------|
| 101 | 521    | EDUARDO MORALES BERMEO        | 03/08/1985 | 01:30:27 | 04:17   | 47:20 | 01:30:18 |           |                           | M-99  | Máster A-24 |
| 102 | 147    | LUÍS ÁNGEL ALVARIÑO VEIGA     | 06/10/1965 | 01:30:31 | 04:17   | 46:49 | 01:30:25 |           |                           | M-100 | Máster C-12 |
| 103 | 303    | JUAN JOSÉ VIEITES PONTE       | 15/05/1975 | 01:30:50 | 04:18   | 47:14 | 01:30:26 |           | SIGUEME SI PUEDES         | M-101 | Máster B-39 |
| 104 | 284    | RAUL MUÑOZ MAESTRE            | 16/07/1974 | 01:30:51 | 04:18   | 48:52 | 01:30:21 |           |                           | M-102 | Máster B-40 |
| 105 | 532    | DANIEL NOGUEIRA CARRO         | 12/03/1986 | 01:30:54 | 04:18   | 47:54 | 01:30:41 | 47355314  | NOSPORTLIMIT              | M-103 | Máster A-25 |
| 106 | 486    | OSCAR FRESNEDO ARIAS          | 20/08/1983 | 01:31:07 | 04:19   | 48:22 | 01:30:44 |           |                           | M-104 | Máster A-26 |
| 107 | 186    | JESÚS ASTRAY CASTRO           | 23/04/1969 | 01:31:08 | 04:19   | 47:26 | 01:31:03 |           | ATLETAS DE ACEA DE AMA    | M-105 | Máster C-13 |
| 108 | 157    | RAFAEL SABIO FERNÁNDEZ        | 23/10/1966 | 01:31:09 | 04:19   | 46:51 | 01:31:05 | TGAL130   | OS CORZOS DO ORTEGAL      | M-106 | Máster C-14 |
| 109 | 214    | DAVID JOVE CASTRO             | 14/04/1971 | 01:31:23 | 04:19   | 47:51 | 01:31:15 |           | CLUB CASTRO DE LOBADIZ    | M-107 | Máster C-15 |
| 110 | 376    | ESTEBAN RODRÍGUEZ VÁZQUEZ     | 06/07/1978 | 01:31:24 | 04:19   | 48:26 | 01:31:16 |           | CLUBE ATLETISMO FENE      | M-108 | Máster B-41 |
| 111 | 388    | OSCAR MANUEL COUTO PEREZ      | 22/12/1978 | 01:31:27 | 04:20   | 48:23 | 01:31:02 |           | OS MOLONDROS              | M-109 | Máster B-42 |
| 112 | 461    | ISAAC SÁNCHEZ                 | 04/05/1982 | 01:31:31 | 04:20   | 48:45 | 01:31:11 |           |                           | M-110 | Máster A-27 |
| 113 | 188    | LUIS ANGEL CASTELO SANCHEZ    | 28/04/1969 | 01:31:46 | 04:20   | 47:28 | 01:31:40 |           |                           | M-111 | Máster C-16 |
| 114 | 262    | ANTONIO GUERREIRO PANTALEÓN   | 31/08/1973 | 01:31:51 | 04:21   | 47:31 | 01:31:46 | AG2022434 | ATLETAS DE ACEA DE AMA    | M-112 | Máster B-43 |
| 115 | 554    | JORGE FORMOSO CASTRO          | 04/03/1988 | 01:32:09 | 04:22   | 47:56 | 01:31:59 |           | CLUB CASTRO DE LOBADIZ    | M-113 | Senior-17   |
| 116 | 583    | ENRIQUE ROEL FRAGA            | 18/07/1991 | 01:32:12 | 04:22   | 47:29 | 01:32:08 |           |                           | M-114 | Senior-18   |
| 117 | 386    | JAVIER MUÑOZ DIAZ-CASTROVERDE | 28/11/1978 | 01:32:16 | 04:22   | 48:37 | 01:31:50 |           | NOSPORTLIMIT TREK-GALICIA | M-115 | Máster B-44 |
| 118 | 432    | MAURICIO LOAIZA JARAMILLO     | 21/11/1980 | 01:32:25 | 04:22   | 49:09 | 01:31:56 |           | TOXO TERAPIAS NARÓN       | M-116 | Máster B-45 |
| 119 | 228    | JUAN CARLOS GILDA RODRIGUEZ   | 20/12/1971 | 01:32:28 | 04:22   | 47:50 | 01:32:22 | TGAL303   | OPA FERROL TEAM RUNNING   | M-117 | Máster C-17 |
| 120 | 477    | JAVIER QUINTAIROS CARRACEDO   | 31/01/1983 | 01:32:32 | 04:23   | 48:27 | 01:32:17 |           |                           | M-118 | Máster A-28 |
| 121 | 292    | JOSE MANUEL TEIJEIRO IGLESIAS | 02/01/1975 | 01:32:34 | 04:23   | 48:44 | 01:32:19 |           |                           | M-119 | Máster B-46 |
| 122 | 495    | ENRIQUE BLANCO GUILLÉN        | 25/12/1983 | 01:32:44 | 04:23   | 46:58 | 01:32:26 |           |                           | M-120 | Máster A-29 |
| 123 | 385    | JOSÉ ALBERTO ARES DEL VALLE   | 19/11/1978 | 01:32:54 | 04:24   | 49:55 | 01:32:16 |           |                           | M-121 | Máster B-47 |
| 124 | 478    | ISRAEL BARRIENTOS MENESES     | 09/02/1983 | 01:33:05 | 04:24   | 49:10 | 01:32:57 |           |                           | M-122 | Máster A-30 |
| 125 | 389    | JOSE SÁEZ                     | 22/01/1979 | 01:33:08 | 04:24   | 47:58 | 01:32:59 |           | CLUB CASTRO DE LOBADIZ    | M-123 | Máster B-48 |



## XXXVI MEMORIAL ADOLFO ROS - VOLTA A RÍA

11.12.2022

O Concello de Fene

RESULTADOS OFICIAIS

ABSOLUTA 21,1 k

10:00

| PTO | DORSAL | NOME                          | DATA NAC.  | TEMPO    | RITMOKM | P1    | NETO     | LICENZA | CLUBE                               | SEXO  | CATEGORÍA   |
|-----|--------|-------------------------------|------------|----------|---------|-------|----------|---------|-------------------------------------|-------|-------------|
| 126 | 119    | LUIS FERNANDEZ VEIGA          | 08/12/1960 | 01:33:11 | 04:24   | 48:31 | 01:33:06 |         | CLUBE DE ATLETISMO VERXEL NUTRICION | M-124 | Máster D-2  |
| 127 | 593    | DAVID FERNANDEZ CASAL         | 02/01/1993 | 01:33:12 | 04:25   | 47:57 | 01:33:02 |         |                                     | M-125 | Senior-19   |
| 128 | 585    | IVÁN RAMÍREZ SÁNCHEZ          | 17/10/1991 | 01:33:15 | 04:25   | 47:55 | 01:33:08 |         | TRAIL RUNNING CONIL                 | M-126 | Senior-20   |
| 129 | 117    | JULIÁN JOSÉ GESTO CAABEIRO    | 10/10/1960 | 01:33:21 | 04:25   | 46:56 | 01:33:16 |         | RUNNING OLEIROS                     | M-127 | Máster D-3  |
| 130 | 579    | ALEJANDRO FORTES LOPES        | 21/05/1991 | 01:33:22 | 04:25   | 49:27 | 01:33:07 |         | NOSPORTLIMIT                        | M-128 | Senior-21   |
| 131 | 592    | GONZALO BALAY LOSADA          | 04/10/1992 | 01:33:22 | 04:25   | 49:12 | 01:33:09 |         | NOSPORTLIMIT                        | M-129 | Senior-22   |
| 132 | 530    | JAVIER GAYOSO PAZ             | 22/11/1985 | 01:33:23 | 04:25   | 49:12 | 01:33:09 |         | NOSPORTLIMIT                        | M-130 | Máster A-31 |
| 133 | 617    | MANUEL AMARILLO SUAREZ        | 24/03/1999 | 01:33:38 | 04:26   | 48:58 | 01:33:16 |         |                                     | M-131 | Senior-23   |
| 134 | 578    | ANTONIO FUSTER FAJARDO        | 31/01/1991 | 01:33:38 | 04:26   | 48:58 | 01:33:18 |         |                                     | M-132 | Senior-24   |
| 135 | 438    | SERGIO GARCIA GOMEZ           | 15/02/1981 | 01:33:46 | 04:26   | 48:52 | 01:33:37 |         | A.D.MEDIA DUCIA                     | M-133 | Máster A-32 |
| 136 | 531    | JESÚS BLANCO PÉREZ            | 02/03/1986 | 01:33:52 | 04:26   | 49:16 | 01:33:37 |         |                                     | M-134 | Máster A-33 |
| 137 | 420    | FERNANDO SUÁREZ VALDERREY     | 15/07/1980 | 01:33:54 | 04:27   | 48:56 | 01:33:27 |         | CLUB TRIATLÓN CORUÑA                | M-135 | Máster B-49 |
| 138 | 510    | ALEJANDRO ACEA BODELÓN        | 15/09/1984 | 01:33:55 | 04:27   | 50:25 | 01:33:33 |         | ALTAFIT                             | M-136 | Máster A-34 |
| 139 | 162    | SANTIAGO GARCÍA BELLO         | 21/07/1967 | 01:33:59 | 04:27   | 48:52 | 01:33:53 |         | INDEPENDIENTE                       | M-137 | Máster C-18 |
| 140 | 359    | PABLO BARRIO VILAR            | 22/08/1977 | 01:34:06 | 04:27   | 49:21 | 01:33:58 |         | CLUBE ATLETISMO FENE                | M-138 | Máster B-50 |
| 141 | 393    | MANUEL ANGEL CASAL PENA       | 27/03/1979 | 01:34:22 | 04:28   | 49:18 | 01:34:10 |         | ESCOLA ATLETISMO PAULA MAYOBRE      | M-139 | Máster B-51 |
| 142 | 387    | FERNANDO MUIÑA FUENTES        | 05/12/1978 | 01:34:30 | 04:28   | 49:42 | 01:34:16 |         | TRIATLON CORUÑA                     | M-140 | Máster B-52 |
| 143 | 499    | PABLO RUIZ BAÑOBRE            | 01/02/1984 | 01:34:30 | 04:28   | 50:42 | 01:34:13 |         |                                     | M-141 | Máster A-35 |
| 144 | 199    | MANUEL REGUEIRA FERRO         | 08/05/1970 | 01:34:44 | 04:29   | 48:52 | 01:34:28 |         |                                     | M-142 | Máster C-19 |
| 145 | 155    | ALFONSO GARCIA BELLO          | 10/06/1966 | 01:34:49 | 04:29   | 48:35 | 01:34:46 |         | INDEPENDIENTE                       | M-143 | Máster C-20 |
| 146 | 566    | FRANCISCO DOMÍNGUEZ RODRÍGUEZ | 24/04/1989 | 01:34:52 | 04:29   | 49:41 | 01:34:44 |         |                                     | M-144 | Senior-25   |
| 147 | 577    | ADRIAN AMADO ALVAREZ          | 12/12/1990 | 01:34:57 | 04:30   | 48:34 | 01:34:40 |         | SIN CLUB                            | M-145 | Senior-26   |
| 148 | 116    | JOSÉ RILO LÓPEZ               | 07/07/1960 | 01:34:59 | 04:30   | 50:28 | 01:34:43 |         | NOSPORTLIMIT                        | M-146 | Máster D-4  |
| 149 | 448    | MARCOS VARELA SECO            | 27/06/1981 | 01:35:01 | 04:30   | 49:12 | 01:34:53 |         | TRIEUME AS PONTES                   | M-147 | Máster A-36 |
| 150 | 133    | MIGUEL DÍAZ CARBALLO          | 20/06/1964 | 01:35:02 | 04:30   | 49:11 | 01:34:48 |         |                                     | M-148 | Máster C-21 |

**XXXVI MEMORIAL ADOLFO ROS - VOLTA A RÍA**
**11.12.2022**
**O Concello de Fene**
**RESULTADOS OFICIAIS**
**ABSOLUTA 21,1I k**
**10:00**

| PTO | DORSAL | NOME                               | DATA NAC.  | TEMPO           | RITMOKM | P1    | NETO     | LICENZA   | CLUBE                             | SEXO  | CATEGORÍA   |
|-----|--------|------------------------------------|------------|-----------------|---------|-------|----------|-----------|-----------------------------------|-------|-------------|
| 151 | 354    | MARCOS LEMA RODRIGUEZ              | 17/06/1977 | <b>01:35:03</b> | 04:30   | 49:17 | 01:34:55 |           | DALLE GAS RUNNING TEAM            | M-149 | Máster B-53 |
| 152 | 391    | JAVIER VILAR MARTÍNEZ              | 18/02/1979 | <b>01:35:05</b> | 04:30   | 50:24 | 01:34:52 |           | ESCOLA DE ATLETISMO PAULA MAYOBRE | M-150 | Máster B-54 |
| 153 | 357    | NOÉ TEJEIRO FERNANDEZ              | 15/07/1977 | <b>01:35:05</b> | 04:30   | 48:18 | 01:34:59 | TGAL272   | NOETRAINERS FERROL                | M-151 | Máster B-55 |
| 154 | 273    | ALBERTO GÓMEZ GARCÍA               | 27/01/1974 | <b>01:35:22</b> | 04:31   | 51:03 | 01:35:06 |           |                                   | M-152 | Máster B-56 |
| 155 | 361    | SAMUEL RAMÍREZ RODRÍGUEZ           | 27/09/1977 | <b>01:35:26</b> | 04:31   | 49:01 | 01:35:13 |           | CLUBE ATLETISMO FENE              | M-153 | Máster B-57 |
| 156 | 501    | DAVID PEQUEÑO PERMUY               | 27/02/1984 | <b>01:35:26</b> | 04:31   | 49:16 | 01:35:00 |           |                                   | M-154 | Máster A-37 |
| 157 | 138    | JOSE MARIA PEREZ VARELA            | 10/11/1964 | <b>01:35:30</b> | 04:31   | 48:48 | 01:35:24 |           |                                   | M-155 | Máster C-22 |
| 158 | 430    | RUBEN GONZÁLEZ VILAR               | 07/11/1980 | <b>01:35:38</b> | 04:31   | 50:28 | 01:35:13 |           |                                   | M-156 | Máster B-58 |
| 159 | 615    | MANUEL SUÁREZ SÁNCHEZ              | 30/08/1998 | <b>01:35:41</b> | 04:32   | 50:27 | 01:35:23 |           | TRIATLÓN FERROL                   | M-157 | Senior-27   |
| 160 | 81     | CONSUELO PONCE TORTI               | 31/12/1996 | <b>01:36:07</b> | 04:33   | 51:22 | 01:35:47 |           |                                   | F-3   | Senior-2    |
| 161 | 627    | RAÚL ÁLVAREZ CUERVA                | 01/12/2001 | <b>01:36:07</b> | 04:33   | 51:23 | 01:35:47 |           | GRANADA X EL RUNNING              | M-158 | Sub 23-5    |
| 162 | 124    | JOSÉ MANUEL SEOANE CHAS            | 09/01/1962 | <b>01:36:09</b> | 04:33   | 50:28 | 01:35:43 |           |                                   | M-159 | Máster C-23 |
| 163 | 130    | FRANCISCO SANMARCO SANTOS          | 12/04/1964 | <b>01:36:19</b> | 04:33   | 49:57 | 01:36:15 | GA-768550 | CLUB ATLETISMO SAR                | M-160 | Máster C-24 |
| 164 | 142    | ELOY IGLESIAS CRISTOBO             | 27/03/1965 | <b>01:36:19</b> | 04:33   | 49:58 | 01:36:14 | AG-14220  | CLUB ATLETISMO SAR                | M-161 | Invidente-1 |
| 165 | 628    | DAVID CÓMITRE CUERVO               | 01/03/2002 | <b>01:36:21</b> | 04:33   | 50:42 | 01:35:58 |           |                                   | M-162 | Sub 23-6    |
| 166 | 494    | ENRIQUE RIVAS PULPEIRO             | 19/12/1983 | <b>01:36:29</b> | 04:34   | 51:41 | 01:36:06 |           | NOSPORTLIMIT                      | M-163 | Máster A-38 |
| 167 | 369    | JOSÉ MANUEL CASÁS CASÁS            | 06/02/1978 | <b>01:36:44</b> | 04:35   | 51:03 | 01:36:32 |           |                                   | M-164 | Máster B-59 |
| 168 | 296    | PABLO LÓPEZ                        | 13/02/1975 | <b>01:36:49</b> | 04:35   | 49:24 | 01:36:23 |           | A.D. 21 LEGUAS.                   | M-165 | Máster B-60 |
| 169 | 324    | PEDRO CARO                         | 11/06/1976 | <b>01:36:50</b> | 04:35   | 49:23 | 01:36:45 |           | A. M. E BESTARRUZA                | M-166 | Máster B-61 |
| 170 | 261    | JESÚS PIÑEIRO VÁZQUEZ              | 14/08/1973 | <b>01:36:51</b> | 04:35   | 50:44 | 01:36:31 |           |                                   | M-167 | Máster B-62 |
| 171 | 249    | JUAN JOSÉ GÓMEZ CORTÉS             | 26/01/1973 | <b>01:36:57</b> | 04:35   | 50:44 | 01:36:47 |           |                                   | M-168 | Máster B-63 |
| 172 | 333    | DIEGO RODRÍGUEZ LÓPEZ              | 04/09/1976 | <b>01:37:02</b> | 04:35   | 48:27 | 01:36:50 |           |                                   | M-169 | Máster B-64 |
| 173 | 327    | PEDRO MARTINEZ                     | 28/06/1976 | <b>01:37:34</b> | 04:37   | 52:26 | 01:37:15 |           | INDEPENDIENTE                     | M-170 | Máster B-65 |
| 174 | 195    | EMILIO JOSE JOVE CASTRO            | 16/11/1969 | <b>01:37:37</b> | 04:37   | 51:23 | 01:37:11 |           | CLUB CASTRO DE LOBADIZ            | M-171 | Máster C-25 |
| 175 | 396    | CARLOS ALBERTO RODRIGUEZ RODRIGUEZ | 22/05/1979 | <b>01:37:46</b> | 04:38   | 51:38 | 01:37:33 |           |                                   | M-172 | Máster B-66 |

## XXXVI MEMORIAL ADOLFO ROS - VOLTA A RÍA

11.12.2022

O Concello de Fene

RESULTADOS OFICIAIS

ABSOLUTA 21,1I k

10:00

| PTO | DORSAL | NOME                           | DATA NAC.  | TEMPO    | RITMOKM | P1    | NETO     | LICENZA   | CLUBE                       | SEXO  | CATEGORÍA   |
|-----|--------|--------------------------------|------------|----------|---------|-------|----------|-----------|-----------------------------|-------|-------------|
| 176 | 38     | NADIA MRIMICHE                 | 03/08/1978 | 01:37:47 | 04:38   | 50:27 | 01:37:44 |           | ATLETAS DE ACEA DE AMA      | F-4   | Máster B-1  |
| 177 | 210    | CARLOS FERNÁNDEZ EXPÓSITO      | 05/01/1971 | 01:37:47 | 04:38   | 50:24 | 01:37:41 |           | ATLETAS DE ACEA DE AMA      | M-173 | Máster C-26 |
| 178 | 445    | RODRIGO DOMINGUEZ              | 14/05/1981 | 01:37:58 | 04:38   | 51:25 | 01:37:37 |           |                             | M-174 | Máster A-39 |
| 179 | 508    | OMAR LUACES MARTÍNEZ           | 14/07/1984 | 01:38:06 | 04:38   | 50:51 | 01:37:45 |           | ATLETISMO NARON             | M-175 | Máster A-40 |
| 180 | 153    | JULIO VÁZQUEZ PEDREIRA         | 10/05/1966 | 01:38:16 | 04:39   | 50:27 | 01:37:50 |           | CLUB ATLETISMO SADA         | M-176 | Máster C-27 |
| 181 | 177    | JUAN FRANCISCO PITA SERANTES   | 12/09/1968 | 01:38:17 | 04:39   | 50:58 | 01:38:02 |           | OPA FERROL TEAM RUNNING     | M-177 | Máster C-28 |
| 182 | 344    | RAFAEL CARRASCO DEL POZO       | 10/01/1977 | 01:38:24 | 04:39   | 51:37 | 01:38:05 |           |                             | M-178 | Máster B-67 |
| 183 | 232    | MANEL NAVEIRO RODRÍGUEZ        | 09/04/1972 | 01:38:27 | 04:39   | 51:30 | 01:38:10 |           |                             | M-179 | Máster B-68 |
| 184 | 350    | ALEJANDRO FERNANDEZ RAMOS      | 01/05/1977 | 01:38:27 | 04:39   | 51:45 | 01:38:11 |           | NOSPORTLIMIT                | M-180 | Máster B-69 |
| 185 | 112    | ANTONIO GARCÍA BELLO           | 09/09/1959 | 01:38:42 | 04:40   | 50:41 | 01:38:38 |           | ATLETAS DE ACEA DE AMA      | M-181 | Máster D-5  |
| 186 | 604    | LEONARDO DAVID DE LIMA CABELLO | 16/08/1996 | 01:38:50 | 04:41   | 51:47 | 01:38:26 |           | CLUB HÉRCULES TERMARIA      | M-182 | Senior-28   |
| 187 | 253    | FERNANDO SINES CRESPO          | 26/02/1973 | 01:38:50 | 04:41   | 51:42 | 01:38:35 |           | CLUB ATLETISMO BANCO PASTOR | M-183 | Máster B-70 |
| 188 | 546    | MANUEL CAJIDE OTERO            | 27/05/1987 | 01:38:54 | 04:41   | 51:24 | 01:38:31 |           |                             | M-184 | Senior-29   |
| 189 | 334    | ANDRÉS GARCÍA BARREIRO         | 29/09/1976 | 01:38:56 | 04:41   | 51:00 | 01:38:35 | GA-769220 | ATLETISMO NARON             | M-185 | Máster B-71 |
| 190 | 439    | RUBÉN FREIRE CASAS             | 21/02/1981 | 01:38:59 | 04:41   | 53:49 | 01:38:16 |           | PASA OU ENTORNA             | M-186 | Máster A-41 |
| 191 | 250    | MARCOS GALÁN PIÑEIRO           | 11/02/1973 | 01:39:00 | 04:41   | 51:31 | 01:38:43 |           |                             | M-187 | Máster B-72 |
| 192 | 337    | JULIO SERANTES CASTRO          | 26/10/1976 | 01:39:07 | 04:41   | 51:30 | 01:38:47 |           | CLUBE ATLETISMO FENE        | M-188 | Máster B-73 |
| 193 | 514    | IBAN ARIAS FRANCO              | 24/02/1985 | 01:39:10 | 04:41   | 52:43 | 01:38:30 |           | ERIKA PILATES TEAM          | M-189 | Máster A-42 |
| 194 | 397    | IAGO VALIN SANDEZ              | 26/06/1979 | 01:39:11 | 04:42   | 53:04 | 01:38:32 |           | ERIKA PILATES TEAM          | M-190 | Máster B-74 |
| 195 | 353    | MARCOS PEREZ GARCIA            | 06/06/1977 | 01:39:13 | 04:42   | 50:40 | 01:38:56 |           | PASA OU ENTORNA             | M-191 | Máster B-75 |
| 196 | 413    | RAMÓN ÁNGEL LOUREIRO REDONDO   | 08/04/1980 | 01:39:20 | 04:42   | 51:14 | 01:38:42 |           | DALLE GAS RUNNING TEAM      | M-192 | Máster B-76 |
| 197 | 441    | JOSÉ RUBÉN PENA RODRIGUEZ      | 06/03/1981 | 01:39:20 | 04:42   | 51:24 | 01:39:05 |           | CORROSCOS                   | M-193 | Máster A-43 |
| 198 | 552    | ANGEL PEREZ VAZQUEZ            | 03/12/1987 | 01:39:31 | 04:42   | 51:36 | 01:39:10 |           | OS KARAKOIS                 | M-194 | Senior-30   |
| 199 | 540    | DIEGO LORENZO MUÑOZ            | 20/10/1986 | 01:39:32 | 04:43   | 51:37 | 01:39:19 |           | A.M.E. BESTARRUZA           | M-195 | Máster A-44 |
| 200 | 36     | SILVIA DíEZ BERMÚDEZ           | 05/08/1977 | 01:39:34 | 04:43   | 51:20 | 01:39:15 | AG2026275 | EGOVARROS DE VIVEIRO        | F-5   | Máster B-2  |



## XXXVI MEMORIAL ADOLFO ROS - VOLTA A RÍA

11.12.2022

O Concello de Fene

RESULTADOS OFICIAIS

ABSOLUTA 21,1I k

10:00

| PTO | DORSAL | NOME                              | DATA NAC.  | TEMPO    | RITMOKM | P1    | NETO     | LICENZA   | CLUBE                   | SEXO  | CATEGORÍA   |
|-----|--------|-----------------------------------|------------|----------|---------|-------|----------|-----------|-------------------------|-------|-------------|
| 201 | 170    | JOSE MARIA LEVOSO TOUCEDA         | 18/01/1968 | 01:39:38 | 04:43   | 51:13 | 01:39:18 | AG2026339 | ESPRINTES OURENSE       | M-196 | Máster C-29 |
| 202 | 194    | ANGEL FERNANDEZ CORRAL            | 05/11/1969 | 01:39:47 | 04:43   | 52:37 | 01:39:32 |           | INDEPENDIENTE           | M-197 | Máster C-30 |
| 203 | 317    | RUBEN CÁSALES REY                 | 31/12/1975 | 01:39:55 | 04:44   | 53:16 | 01:39:24 |           |                         | M-198 | Máster B-77 |
| 204 | 304    | SEBASTIAN BAMONDE BERMÚDEZ DE CAS | 15/05/1975 | 01:39:57 | 04:44   | 52:57 | 01:39:38 |           | SEBASKIWI               | M-199 | Máster B-78 |
| 205 | 227    | JUAN ALBERTO SÁNCHEZ RAMÓN        | 29/11/1971 | 01:40:02 | 04:44   | 52:37 | 01:39:35 |           | SIGUEME SI PUEDES       | M-200 | Máster C-31 |
| 206 | 96     | JOSE VARELA MARTÍNEZ              | 10/07/1953 | 01:40:19 | 04:45   | 52:05 | 01:40:13 |           |                         | M-201 | Máster D-6  |
| 207 | 403    | DANIEL JOVE MARTINEZ              | 27/08/1979 | 01:40:20 | 04:45   | 51:14 | 01:40:06 |           |                         | M-202 | Máster B-79 |
| 208 | 567    | ALEJANDRO VAZQUEZ DEIBE           | 17/05/1989 | 01:40:36 | 04:46   | 53:56 | 01:40:04 |           |                         | M-203 | Senior-31   |
| 209 | 563    | ANDRES DÍAZ RODRÍGUEZ             | 10/01/1989 | 01:40:37 | 04:46   | 53:55 | 01:40:08 |           |                         | M-204 | Senior-32   |
| 210 | 305    | ALBERTO RODILES RIOS              | 18/05/1975 | 01:40:45 | 04:46   | 52:45 | 01:40:21 |           |                         | M-205 | Máster B-80 |
| 211 | 588    | CARLOS DOVAL GARCIA               | 08/04/1992 | 01:40:47 | 04:46   | 52:58 | 01:40:27 |           |                         | M-206 | Senior-33   |
| 212 | 594    | JUAN MANUEL MONTERO LÓPEZ         | 04/01/1993 | 01:40:54 | 04:46   | 53:36 | 01:40:43 |           |                         | M-207 | Senior-34   |
| 213 | 229    | XURXO PENA GARCÍA                 | 22/12/1971 | 01:40:56 | 04:47   | 53:08 | 01:40:18 |           |                         | M-208 | Máster C-32 |
| 214 | 497    | JONATÁN POUSADA ÁLVAREZ           | 10/01/1984 | 01:40:59 | 04:47   | 51:19 | 01:40:50 |           | AFIADORES               | M-209 | Máster A-45 |
| 215 | 114    | JOSÉ ENRIQUE GÓMEZ LÓPEZ          | 12/02/1960 | 01:41:02 | 04:47   | 53:30 | 01:40:22 |           |                         | M-210 | Máster D-7  |
| 216 | 340    | INACIO ESTEIRO MARTÍNEZ           | 12/11/1976 | 01:41:06 | 04:47   | 51:42 | 01:40:41 |           | AME BESTARRUZA          | M-211 | Máster B-81 |
| 217 | 200    | MARCOS ANTONIO BLANCO FIGUEIRIDO  | 18/07/1970 | 01:41:09 | 04:47   | 53:23 | 01:40:45 |           | C.A. OUTES. JOHN-TURKEY | M-212 | Máster C-33 |
| 218 | 523    | DAVID PEDREIRA MATO               | 29/08/1985 | 01:41:13 | 04:47   | 51:43 | 01:41:00 |           |                         | M-213 | Máster A-46 |
| 219 | 166    | CARLOS DÍAZ CORRAL                | 04/11/1967 | 01:41:15 | 04:47   | 53:36 | 01:40:53 |           |                         | M-214 | Máster C-34 |
| 220 | 539    | JAVIER MARTINEZ VAZQUEZ           | 11/08/1986 | 01:41:17 | 04:48   | 51:32 | 01:40:51 |           |                         | M-215 | Máster A-47 |
| 221 | 457    | MIGUEL ÁNGEL LOZANO IGLESIAS      | 20/11/1981 | 01:41:18 | 04:48   | 51:31 | 01:41:08 |           |                         | M-216 | Máster A-48 |
| 222 | 349    | LUIS VÁZQUEZ SANESTEBAN           | 17/04/1977 | 01:41:18 | 04:48   | 52:03 | 01:41:05 |           | TRIEUME                 | M-217 | Máster B-82 |
| 223 | 417    | JOSE CHUECOS                      | 20/05/1980 | 01:41:20 | 04:48   | 52:52 | 01:41:01 |           | PASA OU ENTORNA         | M-218 | Máster B-83 |
| 224 | 310    | ROBERTO CARLOS GONZALEZ CINZA     | 09/10/1975 | 01:41:30 | 04:48   | 52:44 | 01:41:00 |           | CLUB CASTRO DE LOBADIZ  | M-219 | Máster B-84 |
| 225 | 178    | FRANCISCO DELGADO AMOR            | 04/10/1968 | 01:41:35 | 04:48   | 54:46 | 01:41:09 |           | CLUB CASTRO DE LOBADIZ  | M-220 | Máster C-35 |

## XXXVI MEMORIAL ADOLFO ROS - VOLTA A RÍA

11.12.2022

O Concello de Fene

RESULTADOS OFICIAIS

ABSOLUTA 21,1 k

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| PTO | DORSAL | NOME                          | DATA NAC.  | TEMPO    | RITMOKM | P1    | NETO     | LICENZA   | CLUBE                              | SEXO  | CATEGORÍA   |
|-----|--------|-------------------------------|------------|----------|---------|-------|----------|-----------|------------------------------------|-------|-------------|
| 226 | 251    | EDUARDO GARCIA DACOSTA        | 14/02/1973 | 01:41:42 | 04:49   | 51:03 | 01:41:33 |           |                                    | M-221 | Máster B-85 |
| 227 | 623    | FRANCISCO JOSE PERAGON ESCUIN | 20/09/2000 | 01:41:59 | 04:50   | 54:33 | 01:41:33 |           |                                    | M-222 | Sub 23-7    |
| 228 | 456    | MARCOS GAREA QUINTELA         | 08/11/1981 | 01:42:02 | 04:50   | 53:57 | 01:41:43 |           | CLUBE ATLETISMO FENE               | M-223 | Máster A-49 |
| 229 | 433    | FERNANDO GAREA QUINTELA       | 18/12/1980 | 01:42:02 | 04:50   | 53:57 | 01:41:43 |           | CLUBE ATLETISMO FENE               | M-224 | Máster B-86 |
| 230 | 610    | DANIEL BARRIENTOS GÓMEZ       | 02/06/1997 | 01:42:04 | 04:50   | 53:42 | 01:41:34 |           |                                    | M-225 | Senior-35   |
| 231 | 280    | JORGE BLANCO LOPEZ            | 15/05/1974 | 01:42:04 | 04:50   | 53:59 | 01:41:49 |           |                                    | M-226 | Máster B-87 |
| 232 | 41     | INES IGLESIAS HERVELLA        | 23/05/1979 | 01:42:08 | 04:50   | 54:26 | 01:41:40 |           | LEONESA                            | F-6   | Máster B-3  |
| 233 | 151    | JOSÉ ANTONIO SAAVEDRA PAZOS   | 09/01/1966 | 01:42:09 | 04:50   | 54:25 | 01:41:39 |           | RUNAWAYS (RUNNING CLUB FOR GENTLEI | M-227 | Máster C-36 |
| 234 | 527    | MIGUEL ANGEL COUTO AMADO      | 26/09/1985 | 01:42:18 | 04:50   | 53:08 | 01:41:37 |           |                                    | M-228 | Máster A-50 |
| 235 | 287    | MANUEL REDONDA INSUA          | 14/09/1974 | 01:42:23 | 04:51   | 53:38 | 01:41:57 |           | AME BESTARRUZA                     | M-229 | Máster B-88 |
| 236 | 325    | JOSE JUAN LÓPEZ BECERRA       | 25/06/1976 | 01:42:31 | 04:51   | 52:22 | 01:42:21 |           |                                    | M-230 | Máster B-89 |
| 237 | 127    | RUFINO FERNÁNDEZ TRASANCOS    | 05/08/1963 | 01:42:33 | 04:51   | 53:07 | 01:42:30 | AG2028012 | EGOVARROS DE VIVEIRO               | M-231 | Máster C-37 |
| 238 | 414    | ISAAC GOMEZ LINARES           | 09/04/1980 | 01:42:35 | 04:51   | 54:26 | 01:42:11 |           |                                    | M-232 | Máster B-90 |
| 239 | 265    | FERNANDO J GARCIA REGUEIRA    | 15/09/1973 | 01:42:36 | 04:51   | 53:10 | 01:42:24 |           | INDEPENDIENTE                      | M-233 | Máster B-91 |
| 240 | 541    | BRAIS PITA MARTINEZ           | 30/12/1986 | 01:42:43 | 04:52   | 50:56 | 01:42:27 |           |                                    | M-234 | Máster A-51 |
| 241 | 59     | ANA BERNARDEZ                 | 27/02/1989 | 01:42:46 | 04:52   | 54:41 | 01:42:18 |           |                                    | F-7   | Senior-3    |
| 242 | 158    | FERNANDO LEIRA IGLESIAS       | 24/10/1966 | 01:42:49 | 04:52   | 54:50 | 01:42:37 |           |                                    | M-235 | Máster C-38 |
| 243 | 226    | FERNANDO MAYOBRE REY          | 13/11/1971 | 01:42:50 | 04:52   | 54:14 | 01:42:19 |           |                                    | M-236 | Máster C-39 |
| 244 | 556    | DAVID BRITO REGADERA          | 19/04/1988 | 01:42:51 | 04:52   | 51:25 | 01:42:37 |           | PASA OU ENTORNA                    | M-237 | Senior-36   |
| 245 | 520    | JUAN GARCÍA CASTRO            | 23/07/1985 | 01:42:51 | 04:52   | 54:09 | 01:42:12 |           |                                    | M-238 | Máster A-52 |
| 246 | 468    | JAIME MORADO PAREDES          | 24/07/1982 | 01:42:53 | 04:52   | 53:16 | 01:42:24 |           | ANTIVEGANOX                        | M-239 | Máster A-53 |
| 247 | 301    | ROBERTO POLO COUCE            | 13/03/1975 | 01:42:56 | 04:52   | 51:25 | 01:42:31 | 32655925  | CLUB TRIATLON BETANZOS             | M-240 | Máster B-92 |
| 248 | 356    | MANUEL PENA VARELA            | 26/06/1977 | 01:42:58 | 04:52   | 53:34 | 01:42:47 |           | ESCOLA DE ATLETISMO PAULA MAYOBRE  | M-241 | Máster B-93 |
| 249 | 307    | RAMÓN EUGENIO MOSQUERA SILVA  | 31/07/1975 | 01:43:01 | 04:52   | 51:53 | 01:42:42 |           |                                    | M-242 | Máster B-94 |
| 250 | 29     | LIDIA CARDAMAS FREIRE         | 12/08/1975 | 01:43:03 | 04:53   | 53:09 | 01:42:47 |           | OPA FERROL TEAM RUNNING            | F-8   | Máster B-4  |

## XXXVI MEMORIAL ADOLFO ROS - VOLTA A RÍA

11.12.2022

O Concello de Fene

RESULTADOS OFICIAIS

ABSOLUTA 21,1I k

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| PTO | DORSAL | NOME                           | DATA NAC.  | TEMPO    | RITMOKM | P1    | NETO     | LICENZA | CLUBE                   | SEXO  | CATEGORÍA    |
|-----|--------|--------------------------------|------------|----------|---------|-------|----------|---------|-------------------------|-------|--------------|
| 251 | 599    | ELOY PITA MARTÍNEZ             | 13/07/1995 | 01:43:03 | 04:53   | 53:12 | 01:42:48 |         | OPA FERROL TEAM RUNNING | M-243 | Senior-37    |
| 252 | 524    | ALBERTO GARCIA VILAR           | 18/09/1985 | 01:43:24 | 04:54   | 53:54 | 01:42:47 |         |                         | M-244 | Máster A-54  |
| 253 | 598    | TOMÁS GONZÁLEZ VIDAL           | 27/03/1995 | 01:43:31 | 04:54   | 54:38 | 01:43:14 |         |                         | M-245 | Senior-38    |
| 254 | 367    | MARCO ANTONIO DOVAL IGLESIAS   | 20/01/1978 | 01:43:35 | 04:54   | 52:24 | 01:43:17 |         | PAPAROTAS TEAM          | M-246 | Máster B-95  |
| 255 | 366    | MANOLO REGUEIRO LAGE           | 14/01/1978 | 01:43:43 | 04:54   | 53:17 | 01:43:25 |         |                         | M-247 | Máster B-96  |
| 256 | 466    | ALEJANDRO FERNÁNDEZ CASTRILLÓN | 14/07/1982 | 01:43:44 | 04:54   | 54:23 | 01:43:23 |         |                         | M-248 | Máster A-55  |
| 257 | 455    | OSCAR CASTRO NAVEIRAS          | 05/10/1981 | 01:43:51 | 04:55   | 51:35 | 01:43:33 |         | PASA OU ENTORNA         | M-249 | Máster A-56  |
| 258 | 586    | ALEJANDRO BENÍTEZ RUIZ         | 19/01/1992 | 01:43:56 | 04:55   | 54:59 | 01:43:36 |         | C. A. CARMONA PAEZ      | M-250 | Senior-39    |
| 259 | 590    | ADRIÁN FERREIRA BERMÚDEZ       | 10/06/1992 | 01:43:57 | 04:55   | 54:59 | 01:43:43 |         |                         | M-251 | Senior-40    |
| 260 | 634    | MIGUEL JUNCOSA GARCÍA          | 02/10/2003 | 01:43:58 | 04:55   | 52:44 | 01:43:40 |         |                         | M-252 | Sub 20-4     |
| 261 | 190    | JUAN PEDRO CASERO REBE         | 26/06/1969 | 01:43:59 | 04:55   | 54:46 | 01:43:32 |         | CLUB CASTRO DE LOBADIZ  | M-253 | Máster C-40  |
| 262 | 23     | PATRICIA ROJAS MEIJOMIL        | 03/11/1973 | 01:43:59 | 04:55   | 54:44 | 01:43:33 |         | CLUB CASTRO DE LOBADIZ  | F-9   | Máster B-5   |
| 263 | 406    | HUGO PAZ                       | 18/11/1979 | 01:44:00 | 04:55   | 54:22 | 01:43:27 |         |                         | M-254 | Máster B-97  |
| 264 | 542    | NÉSTOR FEAL DÍAZ               | 26/02/1987 | 01:44:04 | 04:55   | 54:41 | 01:43:44 |         | ADC MONTE BREAMO        | M-255 | Senior-41    |
| 265 | 338    | XABIER PAZ ROMERO              | 27/10/1976 | 01:44:04 | 04:55   | 54:38 | 01:43:45 |         | ADC MONTEBREAMO         | M-256 | Máster B-98  |
| 266 | 167    | AVELINO PENEDO FEIJÓO          | 03/01/1968 | 01:44:05 | 04:55   | 53:10 | 01:43:38 |         | CLUB CASTRO DE LOBADIZ  | M-257 | Máster C-41  |
| 267 | 400    | DAVID SANTOS MARTÍNEZ          | 13/08/1979 | 01:44:06 | 04:56   | 55:19 | 01:43:24 |         | PASA OU ENTORNA         | M-258 | Máster B-99  |
| 268 | 25     | REBECA IBARS FUENTES           | 01/08/1974 | 01:44:07 | 04:56   | 53:33 | 01:43:56 |         |                         | F-10  | Máster B-6   |
| 269 | 61     | AMIRA SIMÓN MARTÍNEZ           | 15/10/1989 | 01:44:11 | 04:56   | 53:18 | 01:43:47 |         | CLUB TRIATLON CORUÑA    | F-11  | Senior-4     |
| 270 | 467    | DANIEL VÁZQUEZ FREIRE          | 22/07/1982 | 01:44:13 | 04:56   | 52:50 | 01:44:00 |         |                         | M-259 | Máster A-57  |
| 271 | 348    | CELES RUIZ-MATAS GARCÍA        | 27/03/1977 | 01:44:21 | 04:56   | 54:39 | 01:44:01 |         | ALTAFIT ODEON           | M-260 | Máster B-100 |
| 272 | 237    | JUAN VIDAL PEREZ ALVAREZ       | 20/07/1972 | 01:44:21 | 04:56   | 54:28 | 01:44:07 |         |                         | M-261 | Máster B-101 |
| 273 | 409    | RAUL TERUEL ROSALES            | 23/02/1980 | 01:44:23 | 04:56   | 53:58 | 01:43:51 |         | NOSPORTLIMIT            | M-262 | Máster B-102 |
| 274 | 109    | MAXIMINO LIMÉNS PRADO          | 11/01/1959 | 01:44:23 | 04:56   | 55:22 | 01:44:00 |         |                         | M-263 | Máster D-8   |
| 275 | 584    | JUAN ANTONIO RAMOS GÓMEZ       | 11/08/1991 | 01:44:32 | 04:57   | 52:44 | 01:44:04 |         |                         | M-264 | Senior-42    |

## XXXVI MEMORIAL ADOLFO ROS - VOLTA A RÍA

11.12.2022

O Concello de Fene

RESULTADOS OFICIAIS

ABSOLUTA 21,1I k

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| PTO | DORSAL | NOME                         | DATA NAC.  | TEMPO    | RITMOKM | P1    | NETO     | LICENZA   | CLUBE                             | SEXO  | CATEGORÍA    |
|-----|--------|------------------------------|------------|----------|---------|-------|----------|-----------|-----------------------------------|-------|--------------|
| 276 | 160    | PABLO RODRÍGUEZ LÓPEZ        | 09/05/1967 | 01:44:35 | 04:57   | 53:57 | 01:44:04 |           |                                   | M-265 | Máster C-42  |
| 277 | 193    | MANUEL ANGEL LAGE BOUZA      | 03/11/1969 | 01:44:35 | 04:57   | 54:49 | 01:44:15 |           | CORREDORES POPULARES ARMADA FERRO | M-266 | Máster C-43  |
| 278 | 86     | MIRIAM TOJEIRO FERREIROA     | 24/08/2001 | 01:44:38 | 04:57   | 54:10 | 01:44:15 |           | RÍA FERROL                        | F-12  | Sub 23-1     |
| 279 | 279    | SUSO MARTINEZ                | 09/05/1974 | 01:44:46 | 04:57   | 54:18 | 01:44:33 |           | OPA FERROL TEAN RUNNING           | M-267 | Máster B-103 |
| 280 | 202    | XOAN CARLOS MIRA LIÑEIRO     | 08/08/1970 | 01:45:00 | 04:58   | 54:03 | 01:44:42 | 32807698S | NOSPORTLIMIT                      | M-268 | Máster C-44  |
| 281 | 171    | JUAN LUIS SEIJA GÓMEZ        | 22/02/1968 | 01:45:05 | 04:58   | 52:50 | 01:44:48 |           |                                   | M-269 | Máster C-45  |
| 282 | 4      | MARÍA TERESA MARTÍNEZ BREIJO | 06/02/1966 | 01:45:05 | 04:58   | 54:46 | 01:44:38 |           | CLUB CASTRO DE LOBADIZ            | F-13  | Máster C-2   |
| 283 | 243    | ANTONIO GRANDAL FERNÁNDEZ    | 19/09/1972 | 01:45:08 | 04:58   | 54:24 | 01:44:46 |           | OPA FERROL TEAM RUNNING           | M-270 | Máster B-104 |
| 284 | 379    | FRAN LAGOA MARTÍNEZ          | 31/08/1978 | 01:45:19 | 04:59   | 52:57 | 01:45:01 |           |                                   | M-271 | Máster B-105 |
| 285 | 476    | PABLO LOPEZ VEREZ            | 10/01/1983 | 01:45:40 | 05:00   | 54:33 | 01:45:18 |           |                                   | M-272 | Máster A-58  |
| 286 | 509    | MARTIN VILARIÑO LOPEZ        | 23/08/1984 | 01:45:49 | 05:00   | 55:33 | 01:45:17 |           |                                   | M-273 | Máster A-59  |
| 287 | 185    | MANUEL ÁNGEL MARTÍNEZ GAYOSO | 13/03/1969 | 01:45:53 | 05:01   | 54:47 | 01:45:32 |           |                                   | M-274 | Máster C-46  |
| 288 | 544    | DIEGO NOVO FERREIRO          | 20/03/1987 | 01:46:01 | 05:01   | 54:29 | 01:45:22 |           | DALLE GAS RUNNING TEAM            | M-275 | Senior-43    |
| 289 | 203    | ANTONIO TOSTADO NAVEIRAS     | 27/08/1970 | 01:46:03 | 05:01   | 55:24 | 01:45:40 |           |                                   | M-276 | Máster C-47  |
| 290 | 221    | CARLOS SALUTREGUI DARRIBA    | 28/08/1971 | 01:46:05 | 05:01   | 50:05 | 01:45:47 |           |                                   | M-277 | Máster C-48  |
| 291 | 351    | EMILIO CUDILLEIRO TRINIDAD   | 01/05/1977 | 01:46:12 | 05:01   | 54:44 | 01:45:54 |           | CLUBE ATLETISMO FENE              | M-278 | Máster B-106 |
| 292 | 145    | CARLOS DÍAZ-PACHE MACKINLAY  | 26/09/1965 | 01:46:14 | 05:02   | 54:11 | 01:45:58 |           |                                   | M-279 | Máster C-49  |
| 293 | 69     | LAURA PRIETO NOVO            | 28/02/1991 | 01:46:15 | 05:02   | 55:09 | 01:45:54 |           |                                   | F-14  | Senior-5     |
| 294 | 629    | GERMÁN ABRAHAM GARCÍA        | 28/06/2002 | 01:46:15 | 05:02   | 55:10 | 01:45:55 |           |                                   | M-280 | Sub 23-8     |
| 295 | 71     | SARA MARQUEZ MANZANO         | 22/04/1992 | 01:46:15 | 05:02   | 55:08 | 01:45:54 |           |                                   | F-15  | Senior-6     |
| 296 | 179    | DANIEL RIVEIRA RUANOVA       | 16/10/1968 | 01:46:18 | 05:02   | 55:21 | 01:45:44 |           |                                   | M-281 | Máster C-50  |
| 297 | 603    | JONATHAN PREGO LOPEZ         | 16/05/1996 | 01:46:23 | 05:02   | 55:16 | 01:45:49 |           |                                   | M-282 | Senior-44    |
| 298 | 163    | EMILIO ALCALA-ZAMORA CANEL   | 02/09/1967 | 01:46:32 | 05:02   | 57:41 | 01:45:55 |           | HÉRCULES ATLETISMO                | M-283 | Máster C-51  |
| 299 | 551    | CARLOS ZAVALA DIAZ           | 29/11/1987 | 01:46:32 | 05:02   | 54:07 | 01:45:58 |           |                                   | M-284 | Senior-45    |
| 300 | 454    | VÍCTOR GARCÍA CARRO          | 02/09/1981 | 01:46:36 | 05:03   | 55:35 | 01:46:26 |           | CLUB ATLETISMO SADA               | M-285 | Invidente-2  |

## XXXVI MEMORIAL ADOLFO ROS - VOLTA A RÍA

11.12.2022

O Concello de Fene

RESULTADOS OFICIAIS

ABSOLUTA 21,1I k

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| PTO | DORSAL | NOME                          | DATA NAC.  | TEMPO    | RITMOKM | P1    | NETO     | LICENZA   | CLUBE                     | SEXO  | CATEGORÍA    |
|-----|--------|-------------------------------|------------|----------|---------|-------|----------|-----------|---------------------------|-------|--------------|
| 301 | 141    | JESUS MANUEL LOPEZ PALEO      | 18/02/1965 | 01:46:38 | 05:03   | 55:36 | 01:46:29 | AG2021347 | CLUB ATLETISMO SADA       | M-286 | Máster C-52  |
| 302 | 399    | CAMILO CANOSA CASTRO          | 30/06/1979 | 01:46:39 | 05:03   | 55:36 | 01:46:11 |           |                           | M-287 | Máster B-107 |
| 303 | 180    | JULIO FERNANDEZ               | 23/10/1968 | 01:46:43 | 05:03   | 56:59 | 01:46:06 |           |                           | M-288 | Máster C-53  |
| 304 | 168    | SANTIAGO GONZÁLEZ LEAL        | 05/01/1968 | 01:46:44 | 05:03   | 56:39 | 01:46:44 |           |                           | M-289 | Máster C-54  |
| 305 | 416    | PABLO MONTERO MALVAR          | 18/05/1980 | 01:46:45 | 05:03   | 57:31 | 01:46:19 |           | MESOIRO CD                | M-290 | Máster B-108 |
| 306 | 173    | PABLO VAL GUERREIRO           | 31/03/1968 | 01:46:48 | 05:03   | 55:25 | 01:46:30 |           | YO                        | M-291 | Máster C-55  |
| 307 | 421    | ESTEBAN SANTIAGO ANEIROS      | 19/07/1980 | 01:46:52 | 05:03   | 53:48 | 01:46:27 |           |                           | M-292 | Máster B-109 |
| 308 | 143    | ROGELIO MANUEL PÉREZ MIÑONES  | 07/06/1965 | 01:46:55 | 05:04   | 55:42 | 01:46:25 |           |                           | M-293 | Máster C-56  |
| 309 | 110    | JAVIER LOPEZ MARTIN           | 13/06/1959 | 01:46:55 | 05:04   | 55:46 | 01:46:20 |           |                           | M-294 | Máster D-9   |
| 310 | 318    | FELIPE IGLESIAS DE LA TORRE   | 18/01/1976 | 01:47:15 | 05:04   | 59:25 | 01:46:42 |           | CLUB HERCULES TERMARIA    | M-295 | Máster B-110 |
| 311 | 626    | MANUEL MALDONADO CASADO       | 06/08/2001 | 01:47:27 | 05:05   | 54:13 | 01:46:58 |           |                           | M-296 | Sub 23-9     |
| 312 | 407    | RAFAEL GARCÍA POUSO           | 25/01/1980 | 01:47:35 | 05:05   | 55:14 | 01:46:57 |           | TRAIL RUNNING GALEA SPORT | M-297 | Máster B-111 |
| 313 | 383    | DAVID PIÑEIRO LOPEZ           | 02/11/1978 | 01:47:38 | 05:06   | 57:47 | 01:47:11 |           | CD MESOIRO                | M-298 | Máster B-112 |
| 314 | 306    | DIEGO GONZALEZ CAMARGO        | 26/07/1975 | 01:47:39 | 05:06   | 57:45 | 01:47:11 |           | CLUBE ATLETISMO FENE      | M-299 | Máster B-113 |
| 315 | 469    | SANTIAGO VEIGA ÁLVAREZ        | 25/07/1982 | 01:47:40 | 05:06   | 55:23 | 01:47:17 |           |                           | M-300 | Máster A-60  |
| 316 | 181    | AVELINO FERNÁNDEZ RIVERA      | 06/11/1968 | 01:48:05 | 05:07   | 55:48 | 01:47:40 |           | AGUILAS VERDES            | M-301 | Máster C-57  |
| 317 | 248    | DANIEL ÁLVAREZ CARBALLEIRA    | 19/12/1972 | 01:48:09 | 05:07   | 55:28 | 01:47:53 |           |                           | M-302 | Máster B-114 |
| 318 | 211    | JUAN CARLOS HERMIDA MERA      | 26/01/1971 | 01:48:10 | 05:07   | 57:37 | 01:47:38 | AG4297    | CLUB CASTRO DE LOBADIZ    | M-303 | Máster C-58  |
| 319 | 300    | IÑAKI DE SANTIAGO             | 05/03/1975 | 01:48:12 | 05:07   | 57:00 | 01:47:41 |           | CLUB TRIATLÓN CORUÑA      | M-304 | Máster B-115 |
| 320 | 68     | MARIA FRAGA RIVAS             | 09/12/1990 | 01:48:12 | 05:07   | 57:01 | 01:47:40 | 47385097  | CLUB TRIATLÓN CORUÑA      | F-16  | Senior-7     |
| 321 | 51     | MARÍA JOSÉ VÁZQUEZ SANTOS     | 20/12/1983 | 01:48:13 | 05:07   | 57:01 | 01:47:41 |           | CLUB TRIATLÓN CORUÑA      | F-17  | Máster A-1   |
| 322 | 381    | ROMAN ABELLA BOUZA            | 22/09/1978 | 01:48:13 | 05:07   | 54:52 | 01:47:51 |           | PAP                       | M-305 | Máster B-116 |
| 323 | 485    | JORGE ADRIÁN QUINDIMIL GARCÍA | 21/07/1983 | 01:48:16 | 05:07   | 53:40 | 01:48:03 |           |                           | M-306 | Máster A-61  |
| 324 | 263    | JESÚS GAREA ARES              | 07/09/1973 | 01:48:17 | 05:07   | 56:16 | 01:47:45 |           |                           | M-307 | Máster B-117 |
| 325 | 511    | DIEGO URIA REY                | 30/09/1984 | 01:48:25 | 05:08   | 55:41 | 01:47:53 |           | DALLE GAS RUNNING TEAM    | M-308 | Máster A-62  |



## XXXVI MEMORIAL ADOLFO ROS - VOLTA A RÍA

11.12.2022

O Concello de Fene

RESULTADOS OFICIAIS

ABSOLUTA 21,1I k

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| PTO | DORSAL | NOME                          | DATA NAC.  | TEMPO    | RITMOKM | P1    | NETO     | LICENZA | CLUBE                             | SEXO  | CATEGORÍA    |
|-----|--------|-------------------------------|------------|----------|---------|-------|----------|---------|-----------------------------------|-------|--------------|
| 326 | 492    | MANUEL BASOA RODRIGUEZ        | 22/11/1983 | 01:48:29 | 05:08   | 56:24 | 01:48:19 |         | ESCOLA DE ATLETISMO PAULA MAYOBRE | M-309 | Máster A-63  |
| 327 | 607    | ANGEL MEIZOSO GABEIRAS        | 04/11/1996 | 01:48:32 | 05:08   | 56:14 | 01:48:03 |         |                                   | M-310 | Senior-46    |
| 328 | 465    | CARLOS MARTINEZ LOURO         | 06/07/1982 | 01:48:44 | 05:09   | 54:51 | 01:48:27 |         | AD NAUTICO NARON                  | M-311 | Máster A-64  |
| 329 | 111    | RAMÓN CASTRO CUERVO           | 21/08/1959 | 01:48:48 | 05:09   | 53:41 | 01:48:25 |         | C.D. OS MUDITOS                   | M-312 | Máster D-10  |
| 330 | 339    | JOSÉ LUIS AMADO RODRÍGUEZ     | 28/10/1976 | 01:48:50 | 05:09   | 54:54 | 01:48:20 |         |                                   | M-313 | Máster B-118 |
| 331 | 473    | ARTURO MANEIRO VICH           | 27/10/1982 | 01:48:53 | 05:09   | 55:42 | 01:48:33 |         |                                   | M-314 | Máster A-65  |
| 332 | 462    | JOSE MANUEL CAEIRO LOPEZ      | 06/05/1982 | 01:48:57 | 05:09   | 56:06 | 01:48:20 |         |                                   | M-315 | Máster A-66  |
| 333 | 569    | SAMUEL RODRIGUEZ              | 26/09/1989 | 01:49:09 | 05:10   | 55:23 | 01:48:37 |         |                                   | M-316 | Senior-47    |
| 334 | 156    | JESÚS VÁZQUEZ GARCÍA          | 27/07/1966 | 01:49:13 | 05:10   | 55:52 | 01:49:06 |         | ATLETAS DE ACEA DE AMA            | M-317 | Máster C-59  |
| 335 | 252    | ÓSCAR DÍAZ FORTUNA            | 19/02/1973 | 01:49:14 | 05:10   | 56:57 | 01:48:43 |         | SIGUEME SI PUEDES                 | M-318 | Máster B-119 |
| 336 | 408    | MARTÍN BRAIS CRESPO RODRÍGUEZ | 05/02/1980 | 01:49:37 | 05:11   | 57:00 | 01:49:03 |         |                                   | M-319 | Máster B-120 |
| 337 | 314    | JOSÉ ÁNGEL VÁZQUEZ FREIRE     | 06/11/1975 | 01:49:40 | 05:11   | 58:06 | 01:49:09 |         | SIGUEME SI PUEDES                 | M-320 | Máster B-121 |
| 338 | 187    | IVÁN ROIBÁS BLANCO            | 25/04/1969 | 01:49:47 | 05:12   | 55:06 | 01:49:39 |         | NOSPORTLIMIT                      | M-321 | Máster C-60  |
| 339 | 515    | DAVID MERLAN                  | 06/04/1985 | 01:49:47 | 05:12   | 57:00 | 01:49:02 |         |                                   | M-322 | Máster A-67  |
| 340 | 20     | EVA MARIA AMENEIROS RODRIGUEZ | 16/11/1972 | 01:50:03 | 05:12   | 57:54 | 01:49:28 |         |                                   | F-18  | Máster B-7   |
| 341 | 341    | JUAN CARLOS DE LA VIÑA PITA   | 14/11/1976 | 01:50:22 | 05:13   | 55:08 | 01:49:47 | AG11296 | XABARÍS ÁRTABROS                  | M-323 | Máster B-122 |
| 342 | 568    | ALEJANDRO BARROS FONTE        | 09/06/1989 | 01:50:38 | 05:14   | 58:30 | 01:50:18 |         | PASA OU ENTORNA                   | M-324 | Senior-48    |
| 343 | 475    | RAMI PÉREZ MACÍAS             | 07/12/1982 | 01:50:38 | 05:14   | 57:44 | 01:49:55 |         | PASA OU ENTORNA                   | M-325 | Máster A-68  |
| 344 | 8      | ROCÍO DÍAZ MESA               | 26/12/1968 | 01:50:53 | 05:15   | 56:13 | 01:50:43 | GA809   | CLUB ATLETISMO RIBADEO            | F-19  | Máster C-3   |
| 345 | 240    | JOSE MANUEL PENA SALIDO       | 19/08/1972 | 01:50:53 | 05:15   | 56:36 | 01:50:35 |         | O SEIXO FOREVER                   | M-326 | Máster B-123 |
| 346 | 233    | AGUSTIN FERRÁN ANEGÓN         | 02/05/1972 | 01:51:03 | 05:15   | 57:26 | 01:50:40 |         | NOSPORTLIMIT                      | M-327 | Máster B-124 |
| 347 | 174    | JAVIER GONZÁLEZ MÉNDEZ        | 26/04/1968 | 01:51:10 | 05:16   | 57:47 | 01:50:43 |         |                                   | M-328 | Máster C-61  |
| 348 | 2      | M. MANUELA GUIASOLA ESCUDERO  | 01/01/1960 | 01:51:16 | 05:16   | 57:42 | 01:50:54 |         |                                   | F-20  | Máster D-1   |
| 349 | 100    | EMILIO TORAL ROMERO           | 22/04/1955 | 01:51:16 | 05:16   | 57:43 | 01:50:54 |         | EGOVARROS VIVEIRO                 | M-329 | Máster D-11  |
| 350 | 565    | DIEGO NESPEREIRA VALE         | 09/04/1989 | 01:51:23 | 05:16   | 58:52 | 01:50:42 |         |                                   | M-330 | Senior-49    |

## XXXVI MEMORIAL ADOLFO ROS - VOLTA A RÍA

11.12.2022

O Concello de Fene

RESULTADOS OFICIAIS

ABSOLUTA 21,1I k

10:00

| PTO | DORSAL | NOME                           | DATA NAC.  | TEMPO    | RITMOKM | P1       | NETO     | LICENZA | CLUBE                  | SEXO  | CATEGORÍA    |
|-----|--------|--------------------------------|------------|----------|---------|----------|----------|---------|------------------------|-------|--------------|
| 351 | 54     | ADELA PAZ FERNANDEZ            | 27/10/1987 | 01:51:24 | 05:16   | 58:26    | 01:50:42 |         |                        | F-21  | Senior-8     |
| 352 | 283    | MIGUEL GARCÍA MIRAZ            | 09/07/1974 | 01:51:34 | 05:17   | 56:47    | 01:51:17 |         |                        | M-331 | Máster B-125 |
| 353 | 398    | JOSÉ ANTONIO ALVITE FERNÁNDEZ  | 29/06/1979 | 01:51:37 | 05:17   | 58:59    | 01:51:02 |         |                        | M-332 | Máster B-126 |
| 354 | 165    | JOSE ENRIQUE ALVAREZ PEREZ     | 20/10/1967 | 01:51:38 | 05:17   | 59:41    | 01:51:02 |         | CLUB HÉRCULES TERMARIA | M-333 | Máster C-62  |
| 355 | 471    | RAMÓN ÁLVAREZ REY              | 21/09/1982 | 01:51:40 | 05:17   | 58:40    | 01:51:08 |         |                        | M-334 | Máster A-69  |
| 356 | 291    | JAVIER DEIVE PICO              | 25/11/1974 | 01:51:45 | 05:17   | 59:42    | 01:51:05 |         |                        | M-335 | Máster B-127 |
| 357 | 319    | JAVIER DE LA VIUDA             | 04/02/1976 | 01:51:48 | 05:17   | 59:39    | 01:51:11 |         | HÉRCULES ATLETISMO     | M-336 | Máster B-128 |
| 358 | 505    | ALEJANDRO ÁLVAREZ RODRÍGUEZ    | 18/03/1984 | 01:51:48 | 05:17   | 59:42    | 01:51:12 |         | CLUB HÉRCULES TERMARIA | M-337 | Máster A-70  |
| 359 | 201    | CARLOS LÓPEZ VILARIÑO          | 01/08/1970 | 01:51:50 | 05:18   | 58:00    | 01:51:23 |         |                        | M-338 | Máster C-63  |
| 360 | 444    | NICOLAS FERNÁNDEZ PITA         | 02/05/1981 | 01:51:56 | 05:18   | 57:28    | 01:51:47 |         |                        | M-339 | Máster A-71  |
| 361 | 269    | ALFONSO VILAR CREGO            | 06/12/1973 | 01:52:01 | 05:18   | 53:45    | 01:51:50 |         | ACADE                  | M-340 | Máster B-129 |
| 362 | 206    | MIGUEL VEIGA GONZALEZ          | 03/10/1970 | 01:52:10 | 05:18   | 56:03    | 01:51:35 |         | MONTEFARO TRAIL        | M-341 | Máster C-64  |
| 363 | 528    | ROBERTO TOBAR CASCON           | 29/09/1985 | 01:52:12 | 05:19   | 59:14    | 01:51:44 |         | CC MESOIRO             | M-342 | Máster A-72  |
| 364 | 419    | FELIPE VALINA FORNEIRO         | 29/06/1980 | 01:52:12 | 05:19   | 01:01:16 | 01:51:32 |         |                        | M-343 | Máster B-130 |
| 365 | 215    | RAFA LANDERAS VAZQUEZ          | 16/04/1971 | 01:52:26 | 05:19   | 57:44    | 01:52:07 |         | PASA OU ENTORNA        | M-344 | Máster C-65  |
| 366 | 60     | NATALIA PÉREZ SANTOS           | 04/05/1989 | 01:52:28 | 05:19   | 57:52    | 01:51:44 |         |                        | F-22  | Senior-9     |
| 367 | 342    | DIEGO RODRIGUEZ BELLO          | 06/12/1976 | 01:52:30 | 05:19   | 01:00:04 | 01:52:03 |         | RIALTO                 | M-345 | Máster B-131 |
| 368 | 395    | IGNACIO GARCÍA RODRÍGUEZ       | 13/04/1979 | 01:52:43 | 05:20   | 57:27    | 01:52:03 |         |                        | M-346 | Máster B-132 |
| 369 | 10     | NURIA BRAGE RAMOS              | 08/07/1969 | 01:52:57 | 05:21   | 58:53    | 01:52:20 |         | TRIATLÓN FERROL        | F-23  | Máster C-4   |
| 370 | 98     | MANUEL ANTONIO RODRIGUEZ PRADA | 26/03/1954 | 01:53:04 | 05:21   | 59:31    | 01:52:27 |         |                        | M-347 | Máster D-12  |
| 371 | 198    | JOSE ANTONIO LOURIDO MARTINEZ  | 05/02/1970 | 01:53:06 | 05:21   | 58:56    | 01:52:36 |         |                        | M-348 | Máster C-66  |
| 372 | 35     | MONICA BENASACH GARCIA         | 08/07/1977 | 01:53:09 | 05:21   | 58:55    | 01:52:35 |         |                        | F-24  | Máster B-8   |
| 373 | 244    | FRANCISCO VIDAL PÉREZ          | 08/10/1972 | 01:53:11 | 05:21   | 57:55    | 01:53:00 |         |                        | M-349 | Máster B-133 |
| 374 | 526    | FRANCISCO MIGUEZ FABAL         | 21/09/1985 | 01:53:19 | 05:22   | 01:00:50 | 01:52:33 |         |                        | M-350 | Máster A-73  |
| 375 | 442    | EDUARDO BILBAO GOLPE           | 08/03/1981 | 01:53:20 | 05:22   | 59:34    | 01:52:38 |         |                        | M-351 | Máster A-74  |

## XXXVI MEMORIAL ADOLFO ROS - VOLTA A RÍA

11.12.2022

O Concello de Fene

RESULTADOS OFICIAIS

ABSOLUTA 21,1I k

10:00

| PTO | DORSAL | NOME                       | DATA NAC.  | TEMPO    | RITMOKM | P1       | NETO     | LICENZA | CLUBE                         | SEXO  | CATEGORÍA    |
|-----|--------|----------------------------|------------|----------|---------|----------|----------|---------|-------------------------------|-------|--------------|
| 376 | 125    | FERNANDO REY MÍGUEZ        | 18/11/1962 | 01:53:20 | 05:22   | 01:00:49 | 01:52:39 |         | UNIVERSIDADE DA CORUÑA        | M-352 | Máster C-67  |
| 377 | 245    | ALBERTO CHAMORRO DÍAZ      | 02/11/1972 | 01:53:20 | 05:22   | 59:35    | 01:52:38 |         | LOBOS DE NARAÍO               | M-353 | Máster B-134 |
| 378 | 618    | JORGE FELPETO EVIA         | 21/04/1999 | 01:53:21 | 05:22   | 01:01:33 | 01:52:48 |         | CLUB CASTRO DE LOBADIZ        | M-354 | Senior-50    |
| 379 | 294    | JORGE FELPETO RODRÍGUEZ    | 21/01/1975 | 01:53:22 | 05:22   | 01:01:31 | 01:52:48 |         | CLUB CASTRO DE LOBADIZ        | M-355 | Máster B-135 |
| 380 | 258    | GABRIEL VEIGA GRAÑA        | 03/07/1973 | 01:53:22 | 05:22   | 58:15    | 01:52:51 |         | SIGUEME SI PUEDES             | M-356 | Máster B-136 |
| 381 | 150    | JESÚS SÁNCHEZ LÓPEZ        | 04/12/1965 | 01:53:22 | 05:22   | 57:04    | 01:52:54 |         | SIGUEME SI PUEDES             | M-357 | Máster C-68  |
| 382 | 196    | FERNANDO VILELA FONTICOBÁ  | 18/01/1970 | 01:53:26 | 05:22   | 56:59    | 01:53:04 |         | BOMBEROS                      | M-358 | Máster C-69  |
| 383 | 580    | YAN QING CHEN LIN          | 22/05/1991 | 01:53:27 | 05:22   | 59:42    | 01:52:51 |         |                               | M-359 | Senior-51    |
| 384 | 74     | LIA VARGAS VERA            | 07/11/1992 | 01:53:37 | 05:23   | 58:51    | 01:53:12 |         |                               | F-25  | Senior-10    |
| 385 | 449    | DIEGO EZQUERRO PREGO       | 26/07/1981 | 01:53:50 | 05:23   | 58:39    | 01:53:16 |         | CLUB CASTRO DE LOBADIZ        | M-360 | Máster A-75  |
| 386 | 128    | EMILIO FERNÁNDEZ RODRÍGUEZ | 11/02/1964 | 01:53:53 | 05:23   | 56:59    | 01:53:43 | GA815   | CLUB ATLETISMO RIBADEO        | M-361 | Máster C-70  |
| 387 | 412    | PABLO RAÑA DIEZ            | 26/03/1980 | 01:54:07 | 05:24   | 58:29    | 01:53:25 |         |                               | M-362 | Máster B-137 |
| 388 | 27     | MARINA PELETEIRO ÁLVAREZ   | 22/02/1975 | 01:54:24 | 05:25   | 01:00:37 | 01:53:46 |         | DALLE GAS RUNNING TEAM        | F-26  | Máster B-9   |
| 389 | 103    | JOSE MANUEL ALBORES DIAZ   | 30/06/1956 | 01:54:38 | 05:25   | 58:24    | 01:54:04 | 202758  | CLUB ATLETISMO NOIA           | M-363 | Máster D-13  |
| 390 | 105    | RAMIRO COUCE VELLON        | 07/07/1957 | 01:54:40 | 05:26   | 59:07    | 01:54:26 |         |                               | M-364 | Máster D-14  |
| 391 | 93     | MANUEL LOPEZ LOPEZ         | 09/09/1952 | 01:54:41 | 05:26   | 59:07    | 01:54:27 |         | INDEPENDENTE                  | M-365 | Máster D-15  |
| 392 | 77     | CARL GONZÁLEZ BARGO        | 04/10/1993 | 01:54:43 | 05:26   | 58:25    | 01:54:10 |         | C.A. OUTES. JOHN-TURKEY       | F-27  | Senior-11    |
| 393 | 425    | MARCOS SEOANE FERNANDEZ    | 22/08/1980 | 01:54:47 | 05:26   |          | 01:54:47 |         |                               | M-366 | Máster B-138 |
| 394 | 576    | FÉLIX LÓPEZ                | 14/11/1990 | 01:54:50 | 05:26   | 59:02    | 01:54:09 |         | COMPAÑÍA DE MARÍA DE SANTIAGO | M-367 | Senior-52    |
| 395 | 545    | SANTIAGO GARABAL CALLÓN    | 19/04/1987 | 01:54:50 | 05:26   | 59:04    | 01:54:09 |         |                               | M-368 | Senior-53    |
| 396 | 543    | RODRIGO CAJAMARCA RIVERA   | 13/03/1987 | 01:55:12 | 05:27   | 58:02    | 01:54:47 |         |                               | M-369 | Senior-54    |
| 397 | 34     | MARÍA JESUS DURAN FORMOSO  | 27/12/1976 | 01:55:15 | 05:27   | 59:38    | 01:54:46 |         |                               | F-28  | Máster B-10  |
| 398 | 113    | JULIO NOVOA GONZALEZ       | 04/02/1960 | 01:55:19 | 05:27   | 56:16    | 01:55:06 |         |                               | M-370 | Máster D-16  |
| 399 | 13     | MARÍA LUISA LÓPEZ GARCÍA   | 16/10/1971 | 01:55:30 | 05:28   | 59:00    | 01:55:20 |         | CLUB ATLETISMO SADA           | F-29  | Máster C-5   |
| 400 | 152    | ANTONIO FERNÁNDEZ CARREIRA | 09/04/1966 | 01:55:31 | 05:28   | 01:00:31 | 01:54:52 |         |                               | M-371 | Máster C-71  |

## XXXVI MEMORIAL ADOLFO ROS - VOLTA A RÍA

11.12.2022

O Concello de Fene

RESULTADOS OFICIAIS

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| PTO | DORSAL | NOME                           | DATA NAC.  | TEMPO    | RITMOKM | P1       | NETO     | LICENZA   | CLUBE                    | SEXO  | CATEGORÍA    |
|-----|--------|--------------------------------|------------|----------|---------|----------|----------|-----------|--------------------------|-------|--------------|
| 401 | 435    | RESTITUTO SIMÓN LAGO           | 04/02/1981 | 01:55:31 | 05:28   | 01:00:32 | 01:54:51 |           |                          | M-372 | Máster A-76  |
| 402 | 208    | FRANCISCO JAVIER QUINTÍA DEIBE | 04/10/1970 | 01:55:40 | 05:28   | 56:53    | 01:55:00 |           |                          | M-373 | Máster C-72  |
| 403 | 260    | JUAN ALONSO ALONSO             | 23/07/1973 | 01:55:44 | 05:29   | 59:09    | 01:55:18 |           |                          | M-374 | Máster B-139 |
| 404 | 91     | ALBERTO CALVO FERNÁNDEZ        | 01/08/1950 | 01:55:58 | 05:29   | 01:01:33 | 01:55:25 |           | CLUB CASTRO DE LOBADIZ   | M-375 | Máster D-17  |
| 405 | 635    | JUAN PENA GARCÍA               | 01/08/2004 | 01:56:12 | 05:30   | 01:00:43 | 01:55:55 |           | O SEIXO                  | M-376 | Sub 20-5     |
| 406 | 79     | PAULA PARDO                    | 07/11/1994 | 01:56:15 | 05:30   | 01:00:31 | 01:55:41 |           |                          | F-30  | Senior-12    |
| 407 | 192    | FRANCISCO ALONSO CUEVAS        | 16/10/1969 | 01:56:32 | 05:31   | 01:00:47 | 01:56:09 | AG 764081 | C.A.R. MARISQUEIRO       | M-377 | Máster C-73  |
| 408 | 83     | AROA PICOS LEÓN                | 31/03/1998 | 01:56:34 | 05:31   | 57:29    | 01:56:12 |           | CLUB ATLETISMO SADA      | F-31  | Senior-13    |
| 409 | 42     | NOE PORTO GARCÍA               | 15/07/1979 | 01:56:35 | 05:31   | 01:00:00 | 01:56:05 |           | TRAILEROS TOXOS & BIRRAS | F-32  | Máster B-11  |
| 410 | 236    | NESTOR ARIAS PAZ               | 20/06/1972 | 01:57:00 | 05:32   | 56:02    | 01:56:36 |           | CLUB MONTE PENA RUBIA    | M-378 | Máster B-140 |
| 411 | 64     | SARA FERNÁNDEZ BASANTA         | 13/03/1990 | 01:57:07 | 05:33   | 01:00:43 | 01:56:29 |           | DALLE GAS RUNNING TEAM   | F-33  | Senior-14    |
| 412 | 97     | XOSÉ ANTONIO GÓMEZ BOTANA      | 02/01/1954 | 01:57:09 | 05:33   | 01:01:19 | 01:56:43 |           | EGOVARROS VIVEIRO        | M-379 | Máster D-18  |
| 413 | 7      | PURIFICACIÓN CAMPOS REGUEIRO   | 12/06/1968 | 01:57:09 | 05:33   | 58:59    | 01:56:59 |           | CLUB ATLETISMO SADA      | F-34  | Máster C-6   |
| 414 | 360    | PABLO RUBEN CAZON RODRIGUEZ    | 02/09/1977 | 01:57:20 | 05:33   | 59:01    | 01:56:51 |           |                          | M-380 | Máster B-141 |
| 415 | 427    | RAFA MARTINEZ SANDE            | 30/08/1980 | 01:57:29 | 05:34   | 01:01:38 | 01:56:48 |           |                          | M-381 | Máster B-142 |
| 416 | 308    | CARLOS GARCÍA CORTIZAS         | 22/09/1975 | 01:57:31 | 05:34   | 01:01:41 | 01:56:52 |           |                          | M-382 | Máster B-143 |
| 417 | 9      | MONICA RODRÍGUEZ GARCIA        | 06/04/1969 | 01:57:31 | 05:34   | 01:01:39 | 01:56:53 |           | CORRECLUB                | F-35  | Máster C-7   |
| 418 | 169    | RAUL MEIZOSO SARDIÑA           | 17/01/1968 | 01:57:42 | 05:34   | 01:02:03 | 01:57:14 |           | CLUB OLYMPO AS PONTES    | M-383 | Máster C-74  |
| 419 | 616    | JOEL FERNÁNDEZ HERVA           | 23/01/1999 | 01:57:45 | 05:34   | 01:02:13 | 01:57:15 |           |                          | M-384 | Senior-55    |
| 420 | 209    | JORDI LÓPEZ MERCADER           | 11/12/1970 | 01:58:14 | 05:36   | 59:38    | 01:57:57 |           |                          | M-385 | Máster C-75  |
| 421 | 43     | TERESA GOMEZ RODRIGUEZ         | 01/10/1979 | 01:58:26 | 05:36   | 56:41    | 01:58:15 |           |                          | F-36  | Máster B-12  |
| 422 | 405    | JOSE VILLAMISAR BARBEITO       | 02/10/1979 | 01:58:36 | 05:37   | 56:57    | 01:58:31 |           |                          | M-386 | Máster B-144 |
| 423 | 82     | SARA FERNANDEZ BOUZA           | 07/03/1998 | 01:58:45 | 05:37   | 01:01:37 | 01:58:14 |           |                          | F-37  | Senior-15    |
| 424 | 176    | VICENTE LÓPEZ PICOS            | 19/08/1968 | 01:59:19 | 05:39   | 01:01:49 | 01:58:37 |           |                          | M-387 | Máster C-76  |
| 425 | 126    | JOSÉ ALFONSO LÓPEZ VÁZQUEZ     | 02/03/1963 | 01:59:21 | 05:39   | 01:03:24 | 01:58:48 |           | CLUB CASTRO DE LOBADIZ   | M-388 | Máster C-77  |

## XXXVI MEMORIAL ADOLFO ROS - VOLTA A RÍA

11.12.2022

O Concello de Fene

RESULTADOS OFICIAIS

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10:00

| PTO | DORSAL | NOME                               | DATA NAC.  | TEMPO    | RITMOKM | P1       | NETO     | LICENZA | CLUBE                  | SEXO  | CATEGORÍA    |
|-----|--------|------------------------------------|------------|----------|---------|----------|----------|---------|------------------------|-------|--------------|
| 426 | 89     | JOSE MANUEL LOPEZ ROMERO           | 02/09/1949 | 01:59:48 | 05:40   | 01:02:54 | 01:59:08 |         | PARTICULAR             | M-389 | Máster D-19  |
| 427 | 204    | JOSE VEIGA DOPICO                  | 05/09/1970 | 01:59:52 | 05:40   | 01:02:29 | 01:59:19 |         |                        | M-390 | Máster C-78  |
| 428 | 24     | NOELIA GONZÁLEZ NAVEIRAS           | 26/07/1974 | 02:00:03 | 05:41   | 01:01:29 | 01:59:29 |         |                        | F-38  | Máster B-13  |
| 429 | 402    | MIGUEL PEREIRA FERNÁNDEZ           | 24/08/1979 | 02:00:12 | 05:41   | 01:00:07 | 01:59:45 |         | NOSPORTLIMIT           | M-391 | Máster B-145 |
| 430 | 159    | MANUEL JUAN BLANCO GABIN           | 05/05/1967 | 02:00:16 | 05:41   | 01:03:33 | 01:59:46 |         |                        | M-392 | Máster C-79  |
| 431 | 582    | BRUNO MESIAS FERNANDEZ             | 12/07/1991 | 02:00:21 | 05:42   | 58:47    | 01:59:59 |         | OS KARACOIS            | M-393 | Senior-56    |
| 432 | 44     | PAULA GONZÁLEZ PAZOS               | 20/05/1980 | 02:00:23 | 05:42   | 01:00:59 | 02:00:03 |         | CLUBE ATLETISMO FENE   | F-39  | Máster B-14  |
| 433 | 235    | JOSE GERARDO PITA MOLINA           | 31/05/1972 | 02:00:47 | 05:43   | 59:57    | 02:00:19 |         |                        | M-394 | Máster B-146 |
| 434 | 107    | VÍCTOR MANUEL VÁZQUEZ MOSTEIRO     | 29/08/1958 | 02:00:48 | 05:43   | 01:01:19 | 02:00:22 |         |                        | M-395 | Máster D-20  |
| 435 | 512    | JAVIER PASTOR DIAZ MOSQUERA        | 01/10/1984 | 02:00:49 | 05:43   | 01:00:51 | 02:00:29 | 2022781 | NOITEBRA               | M-396 | Máster A-77  |
| 436 | 282    | FEDERICO BAEZA LOPEZ DE LA OSA     | 26/06/1974 | 02:00:58 | 05:43   | 01:04:51 | 02:00:29 |         |                        | M-397 | Máster B-147 |
| 437 | 608    | NARCISO HUERTA SALADO              | 25/02/1997 | 02:01:33 | 05:45   | 01:02:36 | 02:01:10 |         |                        | M-398 | Senior-57    |
| 438 | 619    | JESUS DÍAZ ARNAIZ                  | 23/07/1999 | 02:01:33 | 05:45   | 01:02:31 | 02:01:10 |         |                        | M-399 | Senior-58    |
| 439 | 595    | JAVIER ALCONCHEL LÁZARO            | 03/10/1993 | 02:01:49 | 05:46   | 01:04:47 | 02:01:08 |         |                        | M-400 | Senior-59    |
| 440 | 121    | ANDRÉS GONZÁLEZ GARCÍA             | 24/09/1961 | 02:02:02 | 05:47   | 01:04:30 | 02:01:47 |         | CLUB CASTRO DE LOBADIZ | M-401 | Máster D-21  |
| 441 | 53     | MARGARITA VARELA MATO              | 20/05/1987 | 02:02:08 | 05:47   | 01:04:30 | 02:01:29 |         |                        | F-40  | Senior-16    |
| 442 | 106    | MANUEL ZAPATA PAZOS                | 04/10/1957 | 02:02:16 | 05:47   | 01:05:57 | 02:01:33 |         | MONTAÑA FERROL         | M-402 | Máster D-22  |
| 443 | 401    | ANGEL MARIA DE LA HUERTA FERNANDEZ | 24/08/1979 | 02:02:27 | 05:48   | 01:04:56 | 02:01:44 |         | BEER RUNNER FERROL     | M-403 | Máster B-148 |
| 444 | 50     | LAURA MÉNDEZ BELLÓN                | 07/12/1983 | 02:02:31 | 05:48   | 01:04:21 | 02:01:46 |         |                        | F-41  | Máster A-2   |
| 445 | 26     | MARÍA RILO FRANCO                  | 22/10/1974 | 02:02:36 | 05:48   | 01:03:38 | 02:01:58 |         | TRIATLÓN FERROL        | F-42  | Máster B-15  |
| 446 | 289    | JUAN PITA - ROMERO CAAMAÑO         | 07/11/1974 | 02:02:46 | 05:49   | 01:03:41 | 02:02:07 |         |                        | M-404 | Máster B-149 |
| 447 | 30     | PAULA BRAGE RAMOS                  | 26/09/1975 | 02:02:46 | 05:49   | 01:03:42 | 02:02:08 |         | BENI GYM               | F-43  | Máster B-16  |
| 448 | 73     | MARTA LÓPEZ BAÑOBRE                | 16/10/1992 | 02:02:47 | 05:49   | 01:03:23 | 02:02:16 |         | BENI GYM               | F-44  | Senior-17    |
| 449 | 137    | JAVIER FERNÁNDEZ FRAGA             | 21/09/1964 | 02:03:01 | 05:49   | 01:02:01 | 02:02:26 |         | TALLERES FERBER        | M-405 | Máster C-80  |
| 450 | 45     | SILVIA LÓPEZ GARCÍA                | 08/04/1981 | 02:03:05 | 05:50   | 01:02:45 | 02:02:35 | GA-436  | ATLETISMO NARON        | F-45  | Máster A-3   |



## XXXVI MEMORIAL ADOLFO ROS - VOLTA A RÍA

11.12.2022

O Concello de Fene

RESULTADOS OFICIAIS

ABSOLUTA 21,1 k

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| PTO | DORSAL | NOME                          | DATA NAC.  | TEMPO           | RITMOKM | P1       | NETO     | LICENZA | CLUBE                   | SEXO  | CATEGORÍA    |
|-----|--------|-------------------------------|------------|-----------------|---------|----------|----------|---------|-------------------------|-------|--------------|
| 451 | 175    | JESÚS ROBRES ZARDOYA          | 25/06/1968 | <b>02:03:11</b> | 05:50   | 01:04:51 | 02:02:29 |         | CLUB TRIATLÓN CORUÑA    | M-406 | Máster C-81  |
| 452 | 371    | DIEGO MARTIN ARES             | 05/03/1978 | <b>02:03:15</b> | 05:50   | 59:58    | 02:02:21 |         |                         | M-407 | Máster B-150 |
| 453 | 15     | SANDRA CAGIGAO MOREDA         | 07/11/1971 | <b>02:03:16</b> | 05:50   | 01:01:45 | 02:02:42 |         | OPA FERROL TEAM RUNNING | F-46  | Máster C-8   |
| 454 | 14     | SOLE YEBRA FUENTES            | 01/11/1971 | <b>02:03:17</b> | 05:50   | 01:02:47 | 02:02:54 | L-1     | TELENO                  | F-47  | Máster C-9   |
| 455 | 70     | ISABEL GRUEIRO ACCIÓN         | 29/04/1991 | <b>02:03:47</b> | 05:51   | 01:02:37 | 02:03:12 |         | PASA OU ENTORNA         | F-48  | Senior-18    |
| 456 | 213    | IÑIGO DE MOLINÍ LASCASAS      | 20/03/1971 | <b>02:04:02</b> | 05:52   | 01:04:20 | 02:03:24 |         |                         | M-408 | Máster C-82  |
| 457 | 238    | JOSE JAVIER HUERTA ABAJO      | 22/07/1972 | <b>02:04:04</b> | 05:52   | 01:04:59 | 02:03:20 |         | BEER RUNNERS FERROL     | M-409 | Máster B-151 |
| 458 | 285    | JUAN LUIS GOMEZ VAZQUEZ       | 26/07/1974 | <b>02:04:33</b> | 05:54   | 01:02:56 | 02:03:49 |         | PASA OU ENTORNA         | M-410 | Máster B-152 |
| 459 | 375    | DANIEL YÁÑEZ LÓPEZ            | 10/05/1978 | <b>02:04:33</b> | 05:54   | 01:02:55 | 02:03:49 |         |                         | M-411 | Máster B-153 |
| 460 | 321    | CARLOS MARTINEZ MARIN         | 06/03/1976 | <b>02:04:38</b> | 05:54   | 01:04:36 | 02:04:03 |         |                         | M-412 | Máster B-154 |
| 461 | 120    | JOSE LOPEZ ANEIROS            | 05/04/1961 | <b>02:04:46</b> | 05:54   | 01:03:16 | 02:04:12 |         | INDEPENDIENTE           | M-413 | Máster D-23  |
| 462 | 40     | SONIA MOLERO ESTRELLA         | 17/03/1979 | <b>02:05:21</b> | 05:56   | 01:05:09 | 02:04:59 |         | CLUB ATLETISMO SADA     | F-49  | Máster B-17  |
| 463 | 56     | LUISA ANIDO RODRÍGUEZ         | 27/02/1988 | <b>02:05:28</b> | 05:56   | 01:05:09 | 02:05:04 |         | PROAM                   | F-50  | Senior-19    |
| 464 | 134    | LUIS ARMADA CASÁS             | 08/07/1964 | <b>02:05:38</b> | 05:57   | 01:05:07 | 02:04:53 |         |                         | M-414 | Máster C-83  |
| 465 | 90     | CELERINO PEDREIRA COROAS      | 29/06/1950 | <b>02:06:24</b> | 05:59   | 01:05:55 | 02:06:06 |         | OLYMPO AS PONTES        | M-415 | Máster D-24  |
| 466 | 19     | YOLANDA FERNÁNDEZ LÓPEZ       | 02/10/1972 | <b>02:06:29</b> | 05:59   | 01:06:34 | 02:05:51 |         | TOXIZA CLUBE DE MONTAÑA | F-51  | Máster B-18  |
| 467 | 132    | JAVIER ALBERTO MARTÍNEZ RIVAS | 13/06/1964 | <b>02:06:41</b> | 06:00   | 01:06:34 | 02:06:04 |         | CN.PORTAMIÑÁ            | M-416 | Máster C-84  |
| 468 | 561    | JOSIMAR VEGA GARCÍA           | 30/10/1988 | <b>02:07:25</b> | 06:02   | 01:05:01 | 02:06:41 |         | OS KARAKOIS             | M-417 | Senior-60    |
| 469 | 500    | DIEGO SARMIENTO CALVO         | 13/02/1984 | <b>02:07:27</b> | 06:02   | 01:05:01 | 02:06:44 |         | OS KARAKOIS             | M-418 | Máster A-78  |
| 470 | 506    | LUIS RIVERA SIXTO             | 24/04/1984 | <b>02:07:32</b> | 06:02   | 01:03:56 | 02:06:58 |         |                         | M-419 | Máster A-79  |
| 471 | 275    | ALFONSO GONZÁLEZ PENDÁS       | 09/03/1974 | <b>02:07:37</b> | 06:02   | 01:03:18 | 02:07:07 |         | ATLETISMO NARON         | M-420 | Máster B-155 |
| 472 | 140    | JOSE MANUEL BERMUDEZ RICO     | 24/12/1964 | <b>02:08:14</b> | 06:04   | 01:07:03 | 02:07:48 |         |                         | M-421 | Máster C-85  |
| 473 | 410    | JOSE DIAZ CAMINO              | 06/03/1980 | <b>02:08:50</b> | 06:06   | 01:06:19 | 02:08:04 |         |                         | M-422 | Máster B-156 |
| 474 | 605    | CARLOS MOSQUERA GONZÁLEZ      | 19/08/1996 | <b>02:08:51</b> | 06:06   | 01:06:21 | 02:08:05 |         | ADC MONTE BREAMO        | M-423 | Senior-61    |
| 475 | 230    | PABLO GARCIA VIVANCO          | 21/01/1972 | <b>02:08:52</b> | 06:06   | 01:06:41 | 02:08:43 |         |                         | M-424 | Máster B-157 |

## XXXVI MEMORIAL ADOLFO ROS - VOLTA A RÍA

11.12.2022

O Concello de Fene

RESULTADOS OFICIAIS

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| PTO | DORSAL | NOME                            | DATA NAC.  | TEMPO    | RITMOKM | P1       | NETO     | LICENZA | CLUBE                        | SEXO  | CATEGORÍA    |
|-----|--------|---------------------------------|------------|----------|---------|----------|----------|---------|------------------------------|-------|--------------|
| 476 | 18     | MARÍA ESTHER MARTÍNEZ LEMOS     | 20/09/1972 | 02:08:53 | 06:06   | 01:06:42 | 02:08:09 |         | BEER RUNNERS FERROL          | F-52  | Máster B-19  |
| 477 | 373    | DAVID BELLO BARROS              | 26/03/1978 | 02:08:56 | 06:06   | 01:10:38 | 02:08:03 |         | BENIGYM SPORT                | M-425 | Máster B-158 |
| 478 | 3      | LOLI SEÑOR                      | 27/11/1965 | 02:08:56 | 06:06   | 01:10:39 | 02:08:03 |         | BENY GYM SPORT               | F-53  | Máster C-10  |
| 479 | 135    | JERONIMO LOPEZ PRIETO           | 20/07/1964 | 02:08:58 | 06:06   | 01:10:33 | 02:08:04 |         | PASA OU ENTORNA              | M-426 | Máster C-86  |
| 480 | 101    | XESÚS ANXO LÓPEZ PINTOS         | 02/10/1955 | 02:08:58 | 06:06   | 01:10:34 | 02:08:06 |         | PASA OU ENTORNA              | M-427 | Máster D-25  |
| 481 | 32     | VANESA SÁNCHEZ FILGUEIRA        | 09/08/1976 | 02:08:58 | 06:06   | 01:10:39 | 02:08:05 |         | BENIGYMSPORT                 | F-54  | Máster B-20  |
| 482 | 63     | PATRICIA BLANCO PÁJARO          | 07/02/1990 | 02:08:58 | 06:06   | 01:10:35 | 02:08:07 |         |                              | F-55  | Cadeira-1    |
| 483 | 85     | SONIA ORJALES VAZQUEZ           | 28/03/2001 | 02:08:58 | 06:06   | 01:10:37 | 02:08:06 |         |                              | F-56  | Cadeira-2    |
| 484 | 422    | ALBERTO PRIETO PARDO            | 19/07/1980 | 02:08:58 | 06:06   | 01:10:37 | 02:08:07 |         | PASA OU ENTORNA              | M-428 | Máster B-159 |
| 485 | 270    | FRANCISCO JAVIER RIVERA MARQUEZ | 17/12/1973 | 02:08:58 | 06:06   | 01:10:36 | 02:08:05 |         | PASA OU ENTORNA              | M-429 | Máster B-160 |
| 486 | 597    | EDGAR MOURELLE DOMINGUEZ        | 26/07/1994 | 02:08:58 | 06:06   | 01:10:36 | 02:08:05 |         | PASA OU ENTORNA              | M-430 | Senior-62    |
| 487 | 358    | HERNÁN GARCÍA AMELIO            | 29/07/1977 | 02:08:59 | 06:06   |          | 02:08:07 | AG      | ATLETISMO DEZA               | M-431 | Máster B-161 |
| 488 | 216    | EMILIO FERNANDEZ CIDRE          | 22/04/1971 | 02:08:59 | 06:06   | 01:10:39 | 02:08:05 |         |                              | M-432 | Máster C-87  |
| 489 | 16     | INES LOPEZ FERNANDEZ            | 07/05/1972 | 02:08:59 | 06:06   |          | 02:08:07 |         |                              | F-57  | Máster B-21  |
| 490 | 72     | ISABEL GONZALEZ LAREU           | 29/09/1992 | 02:09:00 | 06:06   |          | 02:08:07 |         | ETP - ENCUENTRA TU POTENCIAL | F-58  | Senior-20    |
| 491 | 67     | BÁRBARA SÁNCHEZ VARÓ            | 11/09/1990 | 02:09:00 | 06:06   |          | 02:08:07 |         | ETP ENCUENTRA TU POTENCIAL   | F-59  | Senior-21    |
| 492 | 52     | TAMARA LOPEZ DIAZ               | 05/10/1985 | 02:09:00 | 06:06   | 01:10:40 | 02:08:07 |         | BENI GYM SPORT               | F-60  | Máster A-4   |
| 493 | 17     | PILAR MUGICA                    | 15/07/1972 | 02:10:08 | 06:10   | 01:07:59 | 02:09:32 |         |                              | F-61  | Máster B-22  |
| 494 | 519    | SERGIO HERNÁNDEZ PÉREZ          | 22/06/1985 | 02:10:35 | 06:11   | 59:15    | 02:10:09 |         |                              | M-433 | Máster A-80  |
| 495 | 47     | KARINA PAN TEJIDO               | 10/02/1983 | 02:10:47 | 06:11   | 01:08:21 | 02:10:21 |         |                              | F-62  | Máster A-5   |
| 496 | 297    | FERNANDO LAGO LAMAS             | 14/02/1975 | 02:12:42 | 06:17   | 01:10:11 | 02:11:58 |         | CLUB ATLETISMO LOURENZA      | M-434 | Máster B-162 |
| 497 | 278    | MIGUEL ÁNGEL BARO VILLA         | 03/05/1974 | 02:17:37 | 06:31   | 01:08:22 | 02:16:53 |         |                              | M-435 | Máster B-163 |
| 498 | 161    | JOSÉ MARÍA AMADO BOUZA          | 27/06/1967 | 02:17:37 | 06:31   | 01:07:35 | 02:16:57 |         |                              | M-436 | Máster C-88  |
| 499 | 28     | SONIA MAURIZ PEREIRA            | 03/05/1975 | 02:18:08 | 06:32   | 01:09:14 | 02:17:32 |         | RUNNING ALTAFIT ODEON        | F-63  | Máster B-23  |
| 500 | 12     | MERCEDES MARGARETO NOYA         | 09/04/1971 | 02:18:08 | 06:32   | 01:09:08 | 02:17:31 |         | PULPEIROS MUGARDOS           | F-64  | Máster C-11  |

## XXXVI MEMORIAL ADOLFO ROS - VOLTA A RÍA

11.12.2022

O Concello de Fene

RESULTADOS OFICIAIS

ABSOLUTA 21,1I k

10:00

| PTO | DORSAL | NOME                         | DATA NAC.  | TEMPO           | RITMOKM | P1       | NETO     | LICENZA | CLUBE                   | SEXO  | CATEGORÍA    |
|-----|--------|------------------------------|------------|-----------------|---------|----------|----------|---------|-------------------------|-------|--------------|
| 501 | 1      | ISABEL BREA POSSE            | 19/03/1951 | <b>02:18:29</b> | 06:33   | 01:12:31 | 02:17:52 |         | EGOVARROS DE VIVEIRO    | F-65  | Máster D-2   |
| 502 | 5      | MARÍA CONCEPCIÓN RON GARCIA  | 06/06/1966 | <b>02:18:29</b> | 06:33   | 01:12:31 | 02:17:51 |         |                         | F-66  | Máster C-12  |
| 503 | 611    | ANDRÉS FELIPE CORRALES ARIAS | 04/03/1998 | <b>02:19:12</b> | 06:35   | 01:04:37 | 02:18:36 |         |                         | M-437 | Senior-63    |
| 504 | 118    | JOSÉ ANTONIO GARCÍA FANDIÑO  | 27/11/1960 | <b>02:20:22</b> | 06:39   | 01:11:49 | 02:19:56 |         |                         | M-438 | Máster D-26  |
| 505 | 146    | FERNANDO SUAREZ CARRIL       | 01/10/1965 | <b>02:21:22</b> | 06:41   | 01:11:45 | 02:20:34 |         | AS MARIÑAS              | M-439 | Máster C-89  |
| 506 | 600    | JOIMER MAURICIO LÓPEZ SOTO   | 25/08/1995 | <b>02:22:24</b> | 06:44   | 01:04:22 | 02:21:55 |         |                         | M-440 | Senior-64    |
| 507 | 336    | JESUS ANGEL CORRALES CASTRO  | 16/10/1976 | <b>02:22:31</b> | 06:45   | 01:11:49 | 02:21:51 |         | RUNNING OLEIROS         | M-441 | Máster B-164 |
| 508 | 122    | RAMON RUBIN LUGO             | 28/09/1961 | <b>02:23:43</b> | 06:48   | 01:03:12 | 02:23:31 |         |                         | M-442 | Máster D-27  |
| 509 | 87     | JESUS BERNAL GOMEZ           | 13/10/1947 | <b>02:24:15</b> | 06:50   | 01:15:32 | 02:24:08 | GA19332 | INDEPENDENTE            | M-443 | Máster D-28  |
|     | 115    | RAMÓN BARREIRO CERNADAS      | 06/03/1960 | <b>DNF</b>      | 00:00   |          | DNF      |         | C.A. OUTES. JOHN-TURKEY | M     | Máster D     |

## RESULTADOS OFICIAIS

Sub 18 Sub 16 4k

10:05

| PTO | DOR | NOME                         | ANO  | TEMPO        | RITMO | T.NETO | LICENZA    | CLUBE                     | SEXO | CATEGORÍA |
|-----|-----|------------------------------|------|--------------|-------|--------|------------|---------------------------|------|-----------|
| 1   | 711 | DAMIAN SUÁREZ COUTO          | 2007 | <b>12:01</b> | 03:00 | 11:59  | 32739358P  | CLUB NATACION CEDEIRA MUE | M-1  | Sub 16-1  |
| 2   | 717 | LUCAS RIOLA DELGADO          | 2007 | <b>12:04</b> | 03:01 | 12:03  | 32724653T  | CLUB NATACION CEDEIRA MUE | M-2  | Sub 16-2  |
| 3   | 704 | RICARDO NEGRETE BARRIOLUENGO | 2006 | <b>12:10</b> | 03:02 | 12:08  |            |                           | M-3  | Sub 18-1  |
| 4   | 643 | MOHAMED KASSIMI IDRISSE      | 2005 | <b>12:22</b> | 03:05 | 12:21  |            |                           | M-4  | Sub 18-2  |
| 5   | 706 | DANIEL PORTOMEÑE FORMOSO     | 2006 | <b>12:23</b> | 03:05 | 12:22  |            | CLUB FERROL ATLETISMO     | M-5  | Sub 18-3  |
| 6   | 714 | MANUEL CAMPELLO CARBALLO     | 2007 | <b>12:44</b> | 03:11 | 12:43  | AG15628    | CLUB OLYMPO AS PONTES     | M-6  | Sub 16-3  |
| 7   | 713 | JUAN BOUZÓN BLANCO           | 2007 | <b>12:50</b> | 03:12 | 12:48  |            | CLUB MAR DE ARTABRIA      | M-7  | Sub 16-4  |
| 8   | 707 | JUAN PIÑÓN BEREJO            | 2006 | <b>12:54</b> | 03:13 | 12:52  | 32741251S  | CLUB NATACION CEDEIRA MUE | M-8  | Sub 18-4  |
| 9   | 708 | HUGO SERANTES BOUZA          | 2006 | <b>13:00</b> | 03:15 | 12:58  |            | ATLETISMO NARON           | M-9  | Sub 18-5  |
| 10  | 719 | GAEL VARELA MORENO           | 2008 | <b>13:06</b> | 03:16 | 13:04  | TAG2022208 | ATLETISMO NARON           | M-10 | Sub 16-5  |
| 11  | 712 | IREA ALÉN FERNÁNDEZ          | 2007 | <b>13:46</b> | 03:26 | 13:44  |            | A.D. FOGAR CARBALLO       | F-1  | Sub 16-1  |
| 12  | 703 | JOEL NOVOA GAYOSO            | 2006 | <b>13:55</b> | 03:28 | 13:53  |            |                           | M-11 | Sub 18-6  |
| 13  | 722 | IGNACIO VILELA NÚÑEZ         | 2008 | <b>14:15</b> | 03:33 | 14:14  |            | MARINEDA ATLETICO         | M-12 | Sub 16-6  |
| 14  | 709 | ANDREA DÍAZ IGLESIAS         | 2007 | <b>14:38</b> | 03:39 | 14:37  | 32742226R  | ATLETISMO NARON           | F-2  | Sub 16-2  |
| 15  | 715 | INÉS SERANTES BARREIRO       | 2007 | <b>14:39</b> | 03:39 | 14:37  |            | AD NÁUTICO DE NARON       | F-3  | Sub 16-3  |
| 16  | 721 | IVÁN LÓPEZ PAZOS             | 2008 | <b>15:03</b> | 03:45 | 15:01  | AG2028939  | ATLETISMO NARON           | M-13 | Sub 16-7  |
| 17  | 702 | TOMÁS JUNCOSA GARCÍA         | 2005 | <b>15:22</b> | 03:50 | 15:19  |            |                           | M-14 | Sub 18-7  |
| 18  | 725 | ALBA PENA SOTO               | 2008 | <b>16:15</b> | 04:03 | 16:13  | AG2017147  | ATLETISMO NARON           | F-4  | Sub 16-4  |
| 19  | 710 | ALEJANDRO ROUCO ROMERO       | 2007 | <b>16:19</b> | 04:04 | 16:16  | 32926630   | AD NÁUTICO NARÓN          | M-15 | Sub 16-8  |
| 20  | 718 | CLAUDIA MIGUEZ FERNÁNDEZ     | 2007 | <b>16:22</b> | 04:05 | 16:20  | AG 15010   | ATLETISMO NARON           | F-5  | Sub 16-5  |
| 21  | 724 | XABIER BOUZA SANTIAGO        | 2008 | <b>18:02</b> | 04:30 | 18:00  | GA-425     | ATLETISMO NARON           | M-16 | Sub 16-9  |
| 22  | 701 | AROA TEJEIRO SEVILLA         | 2005 | <b>18:06</b> | 04:31 | 18:04  |            |                           | F-6  | Sub 18-1  |
| 23  | 723 | ARIADNA SOTO MEIZOSO         | 2008 | <b>22:05</b> | 05:31 | 22:04  |            | CLUB OLYMPO AS PONTES     | F-7  | Sub 16-6  |

## RESULTADOS OFICIAIS

Sub 14 Sub 12 2k

10:20

| PTO | DOR        | NOME                       | ANO  | TEMPO        | RITMO | T.NETO | LICENZA      | CLUBE                      | SEXO | CATEGORÍA |
|-----|------------|----------------------------|------|--------------|-------|--------|--------------|----------------------------|------|-----------|
| 1   | 810        | ADRIAN PAZ CELEIRO         | 2010 | <b>06:39</b> | 03:19 | 06:39  | AG2023555    | ATLETISMO RIAZOR CORUÑA    | M-1  | Sub 14-1  |
| 2   | 814        | ARIEL SOTO MEIZOSO         | 2010 | <b>06:42</b> | 03:21 | 06:40  |              | CLUB OLYMPO AS PONTES      | M-2  | Sub 14-2  |
| 3   | 834        | SAMUEL TALLÓN BLANCO       | 2011 | <b>06:46</b> | 03:23 | 06:44  |              | CLUBE ATLETISMO FENE       | M-3  | Sub 12-1  |
| 4   | <b>816</b> | CARMEN PAZ SANTAMARÍA      | 2010 | <b>06:54</b> | 03:27 | 06:54  | AG2025487    | CLUB ATLETISMO NOIA        | F-1  | Sub 14-1  |
| 5   | <b>832</b> | LARA FERNÁNDEZ LÓPEZ       | 2011 | <b>07:15</b> | 03:37 | 07:14  |              |                            | F-2  | Sub 12-1  |
| 6   | 839        | ESTEBAN ROUCO ROMERO       | 2011 | <b>07:15</b> | 03:37 | 07:14  | 32926631     | AD NÁUTICO NARÓN           | M-4  | Sub 12-2  |
| 7   | <b>854</b> | MIGUEL BENASACH LÓPEZ      | 2012 | <b>07:16</b> | 03:38 | 07:14  |              | TRIATLÓN FERROL            | F-3  | Sub 12-2  |
| 8   | 825        | MARTÍN OTERO VILLADÓNIGA   | 2011 | <b>07:23</b> | 03:41 | 07:21  |              | CLUB NATACION CEDEIRA MUE  | M-5  | Sub 12-3  |
| 9   | <b>853</b> | IRENE GARCÍA NEBRIL        | 2012 | <b>07:23</b> | 03:41 | 07:23  | 32698324Y    | CLUB NATACION CEDEIRA MUE  | F-4  | Sub 12-3  |
| 10  | 850        | HUGO VEIGUELA TIZON        | 2012 | <b>07:26</b> | 03:43 | 07:24  | AG14037      | RIA FERROL-CONCEPCION AREI | M-6  | Sub 12-4  |
| 11  | <b>829</b> | NOA SEOANE RUBIÑOS         | 2011 | <b>07:27</b> | 03:43 | 07:25  |              |                            | F-5  | Sub 12-4  |
| 12  | <b>827</b> | CARLA RIOSECO SAN JOSÉ     | 2011 | <b>07:31</b> | 03:45 | 07:29  |              |                            | F-6  | Sub 12-5  |
| 13  | 807        | GERMÁN REY FRA             | 2009 | <b>07:33</b> | 03:46 | 07:31  |              | ATLETISMO NARON            | M-7  | Sub 14-3  |
| 14  | 819        | BRAIS MARTÍNEZ MONTEAGUDO  | 2010 | <b>07:35</b> | 03:47 | 07:33  |              | CLUBE ATLETISMO FENE       | M-8  | Sub 14-4  |
| 15  | <b>815</b> | SARA ROMERO GALDO          | 2010 | <b>07:36</b> | 03:48 | 07:34  |              | CLUB NATACION CEDEIRA MUE  | F-7  | Sub 14-2  |
| 16  | 813        | SANDRO QUINTANS LOPEZ      | 2010 | <b>07:36</b> | 03:48 | 07:34  |              |                            | M-9  | Sub 14-5  |
| 17  | 849        | ROQUE CANEIRO FONTICOBA    | 2012 | <b>07:38</b> | 03:49 | 07:37  | 32741931     | CLUB NATACION CEDEIRA MUE  | M-10 | Sub 12-5  |
| 18  | 847        | IAGO LÓPEZ BAÑOBRE         | 2012 | <b>07:39</b> | 03:49 | 07:37  | L12000127    | AD NAUTICO NARÓN           | M-11 | Sub 12-6  |
| 19  | 801        | BILLY DELGADO DIAZ         | 2009 | <b>07:45</b> | 03:52 | 07:43  | AG2019958    | CLUB FERROL ATLETISMO      | M-12 | Sub 14-6  |
| 20  | 817        | JAVI CAMPOS PACIO          | 2010 | <b>08:00</b> | 04:00 | 07:58  |              | NÁUTICO NARÓN              | M-13 | Sub 14-7  |
| 21  | <b>818</b> | CRISTINA MARTÍNEZ SENRA    | 2010 | <b>08:06</b> | 04:03 | 08:05  |              | AD NÁUTICO NARON           | F-8  | Sub 14-3  |
| 22  | 821        | MATEO BOUZÓN BLANCO        | 2011 | <b>08:07</b> | 04:03 | 08:06  |              | CLUB MAR DE ARTABRIA       | M-14 | Sub 12-7  |
| 23  | 837        | YAGO FERNÁNDEZ PICOS       | 2011 | <b>08:18</b> | 04:09 | 08:15  |              | ATLETISMO NARON            | M-15 | Sub 12-8  |
| 24  | 844        | PABLO VILAR MÉNDEZ         | 2012 | <b>08:18</b> | 04:09 | 08:15  |              | ATLETISMO NARON            | M-16 | Sub 12-9  |
| 25  | 806        | DAVID OROSA ROCA           | 2009 | <b>08:27</b> | 04:13 | 08:25  | T AG 2027898 | ATLETISMO NARON            | M-17 | Sub 14-8  |
| 26  | <b>848</b> | ALBA FILGUEIRA RASCADO     | 2012 | <b>08:30</b> | 04:15 | 08:28  |              | ESCUELA ATLETISMO PAULA M, | F-9  | Sub 12-6  |
| 27  | <b>828</b> | GALA FERNÁNDEZ CASTRO      | 2011 | <b>08:44</b> | 04:22 | 08:42  |              |                            | F-10 | Sub 12-7  |
| 28  | <b>852</b> | ITZIAR FERNÁNDEZ RIVAS     | 2012 | <b>08:54</b> | 04:27 | 08:52  |              | A.D.NÁUTICO NARON          | F-11 | Sub 12-8  |
| 29  | <b>808</b> | ZAYRA FERNÁNDEZ PICOS      | 2009 | <b>08:58</b> | 04:29 | 08:55  |              | ATLETISMO NARON            | F-12 | Sub 14-4  |
| 30  | <b>846</b> | ICIA LORENZO LOPEZ         | 2012 | <b>08:58</b> | 04:29 | 08:56  |              | AD NAÚTICO NARÓN           | F-13 | Sub 12-9  |
| 31  | <b>824</b> | MANUELA BAEZA REY          | 2011 | <b>09:00</b> | 04:30 | 08:58  |              |                            | F-14 | Sub 12-10 |
| 32  | 823        | BRUNO RIVERA MONTERO       | 2011 | <b>09:01</b> | 04:30 | 08:58  |              |                            | M-18 | Sub 12-10 |
| 33  | <b>851</b> | CANDELA SERANTES BOUZA     | 2012 | <b>09:36</b> | 04:48 | 09:35  |              | ATLETISMO NARON            | F-15 | Sub 12-11 |
| 34  | 835        | MARKOS PITA PITA           | 2011 | <b>09:44</b> | 04:52 | 09:42  |              |                            | M-19 | Sub 12-11 |
|     | <b>843</b> | NOA VILLADÓNIGA SANESTEBAN | 2012 | <b>DNS</b>   | 00:00 | DNS    |              | CLUB NATACION CEDEIRA MUE  | F    | Sub 12    |



## RESULTADOS OFICIAIS

Sub 10 1k

10:35

| PTO | DOR | NOME                           | ANO  | TEMPO        | RITMO | T.NETO | LICENZA | CLUBE                      | SEXO | CATEGORÍA |
|-----|-----|--------------------------------|------|--------------|-------|--------|---------|----------------------------|------|-----------|
| 1   | 927 | GAEL COUCE JEREZ               | 2014 | <b>03:44</b> | 03:44 | 03:42  | AG13063 | LA MOCHILA DEL DEPORTE     | M-1  | Sub 10-1  |
| 2   | 906 | LUCAS JIMENEZ VILCHEZ          | 2013 | <b>03:48</b> | 03:48 | 03:47  | AG7319  | RIA FERROL-CONCEPCION AREI | M-2  | Sub 10-2  |
| 3   | 916 | VEGA YÁÑEZ AMENEIRO            | 2013 | <b>03:52</b> | 03:52 | 03:51  |         | NAUTICO NARON              | F-1  | Sub 10-1  |
| 4   | 926 | LUCÍA ALVITE LÓPEZ             | 2014 | <b>03:53</b> | 03:53 | 03:51  |         | CLUB TRIATLÓN FERROL       | F-2  | Sub 10-2  |
| 5   | 915 | FERNANDO ARIAS VAZQUEZ         | 2013 | <b>03:54</b> | 03:54 | 03:53  |         |                            | M-3  | Sub 10-3  |
| 6   | 934 | CECILIA BENASACH LOPEZ         | 2014 | <b>03:55</b> | 03:55 | 03:54  |         | TRIATLÓN FERROL            | F-3  | Sub 10-3  |
| 7   | 901 | NOA MARIA AMADO SOUTO          | 2013 | <b>03:55</b> | 03:55 | 03:54  |         | TEAM AMADO                 | F-4  | Sub 10-4  |
| 8   | 924 | LAURA FERNÁNDEZ PÉREZ          | 2013 | <b>04:09</b> | 04:09 | 04:08  | AG7361  |                            | F-5  | Sub 10-5  |
| 9   | 933 | LAURA RIVERA MONTERO           | 2014 | <b>04:13</b> | 04:13 | 04:12  |         |                            | F-6  | Sub 10-6  |
| 10  | 921 | CECILIA MOREIRA HERCE          | 2013 | <b>04:21</b> | 04:21 | 04:20  |         | RIA FERROL-CONCEPCION AREI | F-7  | Sub 10-7  |
| 11  | 917 | ESTRELLA MILLAN ARIAS          | 2013 | <b>04:22</b> | 04:22 | 04:19  |         | TRIATHLON NAUTICO NARÓN    | F-8  | Sub 10-8  |
| 12  | 922 | SABELA MARTÍNEZ MONTEAGUDO     | 2013 | <b>04:24</b> | 04:24 | 04:21  |         |                            | F-9  | Sub 10-9  |
| 13  | 911 | CAYETANA REY DOBARRO           | 2013 | <b>04:24</b> | 04:24 | 04:22  | AG7324  | RIA FERROL-CONCEPCION AREI | F-10 | Sub 10-10 |
| 14  | 935 | MANUEL SOÑARA BELLAS           | 2014 | <b>04:28</b> | 04:28 | 04:26  |         | CLUB NATACION CEDEIRA MUE  | M-4  | Sub 10-4  |
| 15  | 902 | JULIA PEÑAS MORICEAU           | 2013 | <b>04:30</b> | 04:30 | 04:28  |         |                            | F-11 | Sub 10-11 |
| 16  | 932 | NOA FILGUEIRAS PEREZ           | 2014 | <b>04:34</b> | 04:34 | 04:32  | AG10595 | CLUBE ATLETISMO FENE       | F-12 | Sub 10-12 |
| 17  | 931 | MARIO LÓPEZ PIÑÓN              | 2014 | <b>04:35</b> | 04:35 | 04:32  | AG7381  | RIA FERROL-CONCEPCION AREI | M-5  | Sub 10-5  |
| 18  | 919 | IRENE RIOSECO CUERPO           | 2013 | <b>04:35</b> | 04:35 | 04:33  |         |                            | F-13 | Sub 10-13 |
| 19  | 910 | AROA GOTI VIDAL                | 2013 | <b>04:38</b> | 04:38 | 04:36  |         | RIA FERROL-CONCEPCION AREI | F-14 | Sub 10-14 |
| 20  | 904 | LARA PITA CEREIJO              | 2013 | <b>04:43</b> | 04:43 | 04:41  | AG14075 | RIA FERROL-CONCEPCION AREI | F-15 | Sub 10-15 |
| 21  | 907 | ANTONELLA BELLON GARCIA        | 2013 | <b>04:44</b> | 04:44 | 04:41  |         | A.D NAUTICO DE NARON       | F-16 | Sub 10-16 |
| 22  | 908 | ASIER SAN EMETERIO CARBALLEIRA | 2013 | <b>04:50</b> | 04:50 | 04:50  |         | RIA FERROL-CONCEPCION AREI | M-6  | Sub 10-6  |
| 23  | 929 | DANIELA PEREIRA ESCUDERO       | 2014 | <b>05:23</b> | 05:23 | 05:21  |         |                            | F-17 | Sub 10-17 |
| 24  | 928 | MARINA PEREIRA ESCUDERO        | 2014 | <b>05:30</b> | 05:30 | 05:29  |         |                            | F-18 | Sub 10-18 |